

*(((Hello)))*

# MOLMI

JANUARY 2024

Vol.54



*Celebrating*  
**28<sup>th</sup>**  
*Anniversary*  
*On 1st December 2023*



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# 28th Anniversary of MOLMI

## A Journey Worth Celebrating

On 1st December 2024 our Company, MOL Maritime India Private Limited marked its 28th anniversary! To commemorate this special occasion, all the employees came together to celebrate event filled with gratitude and inspiration.

The celebration commenced with cake cutting ceremony led by the Managing Director of the Company and he spoke about the remarkable journey of our company over the past 28 years. He also emphasized the importance of staying true to our core values as we continue the journey.

Delhi, Chennai, and Kolkata branch office staff also participated virtually in 28th-anniversary celebration.

As part of the celebration, department heads were invited to share their experiences and insights. Each one took the opportunity to reflect on their respective journeys within the company and highlighted memorable milestones achieved along the way.

The sharing of experiences by department heads served as a motivation for the new joiners and existing team members. It provided them with valuable insights into the company's culture & values.

We look forward to many more years of success, growth, and prosperity!



## MOL LOYALTY AWARDS

For rendering service for more than 10 years to MOL



*COFF Immanuel Sundar Mary Selvanathan receiving MOL Loyalty Award from Capt. Apurva Prasad at MOLMI Chennai office on 17-11-2023*



*CENG Vishan Xavier Fernandes receiving MOL Loyalty Award from MD Mr. Satish Kumar Singh at MOLMI Mumbai office on 23-10-2023*



*IAEN Chetan Basawaraj Chakote receiving MOL Loyalty Award from MD Mr. Satish Kumar Singh at MOLMI Mumbai office on 16-10-2023*



*IAEN Mr. Abraham John receiving MOL Loyalty Award from Capt. Apurva Prasad at MOLMI Chennai office on 17-11-2023*



*IAEN Saravana Kumar Sundar receiving MOL Loyalty Award from Capt. Apurva Prasad at MOLMI Chennai office on 21-11-2023*

# FINDING A HAPPY BALANCE BETWEEN WORK AND FAMILY

## 2AE Rahul Kumar Balancing Married Life And Sailing



*“By Shakshi & Rahul:- In our current era where life is so fast paced and social networking has become the must, people are finding it hard to maintain relationships and true emotions are sinking in the depth of souls which are untouched.*

*Navigating the seafaring lifestyle has given us a distinctive outlook on maintaining our marital bliss. Essential ingredients like trust, respect, love, understanding and personal space remain crucial. Living together involves sharing energies, emotions and strength but perfection isn't constant.*

*Just when disappointments, setbacks, and unmet expectations starts taking the center stage, you get a call "ship is arriving.. can you join?"*

*Booooooom!*

*All the negative energies disappears in the same moment for the better good. The impending departure for a seafaring journey serves as a hard reset, clearing away negativity. The goal is to leave with positive memories, ensuring the initial months of separation are filled with joy and anticipation for rekindling those cherished moments and last months of separation are mere interlude to the sweet union awaiting us.*

*We will share our little trick which worked for us so far involves slipping away for a private staycation and intimate dates just after signing off from the ship. It's our way to savor and steal precious moments before re-entering the realm of family, friends, and everyday life.*

*Whether trying something new or sticking to the familiar, the essence lies in creating a haven of connection amidst the demands of our seafaring routine. Consider giving it try and creating your own twists to take your married life and sailing hand in hand.”*



## MOLMI WELCOMES NEW BORN IN SEAFARERS FAMILY



*1AEN Mr. Anubhav Raviprakash Thakur & Pritisinhg Nehrusingh Rajput blessed with a baby boy Advit on 29-07-2023*



*20FF Himanshu Shekhar & Pooja blessed with a baby boy Anmay on 27-06-2023*

## Mariner's cricket tournament season 3



Mariner's cricket tournament was organized in Delhi NCR from 09th -17th Dec' 23 where 15 teams comprising seafarers/ maritime office staff participated from all over India. Capt. Anil Kumar Rajain (Regional Manager, Delhi) had participated in the tournament and played on behalf of UMMS (Union Marine mgmt team) which eventually reached the final and ended up as being runner up in the highly competitive tournament.

Capt. Anil secured Man of the match award in one of the league games with his all round performance.

Capt. Anil secured 04th position amongst 200 players in the Most valuable player (MVP) list of the tournament.

Delhi office team and few MOLMI seafarers also visited the ground to cheer for the seafarers.

Also 2 seafarers from MOLMI participated in the tournament on behalf of team PITCH PIRATES, as mentioned below:

-2/ Offr Sandhy Subhash, Dry fleet.

-2 AE Eeshansh Upadhyay, LNG fleet.

Tournament turned out to be quite a success with more than 60,000 views on official cricket heroes scorecard website.

MPL SEASON 3 ( Mariners Premier League) (League Matches)  
 Livesport Arena, Gurugram, 20 Ov., Limited Overs, 09-Dec-23 09:01 AM

Toss: BSM Mumbai opt to bat

BSM MUMBAI	86/10 (17.3 Ov)
UNION MARINE(UMMS)	87/0 (7.3 Ov)

Union Marine(UMMS) won by 10 wickets

Summary Scorecard Commentary Analysis **CricHeroes** MVP Teams Gallery

**PLAYER OF THE MATCH**

**Anil Rajain**  
 Union Marine(UMMS)

Batting (2 Inning)  
 49 R 24 B 6 (4s) 3 (6s) 204.17 SR

Bowling (1 Inning)  
 2.3 Ov 0 M 14 R 1 W 5.60 Eco.

**BEST BATSMAN**

**Anil Rajain**  
 Union Marine(UMMS)

Batting (2 Inning)  
 49 R 24 B 6 (4s) 3 (6s) 204.17 SR



# MOLMI EVENTS

## Birthday Celebration at MOLMI Mumbai office

September 2023



L to R: Mr. Ravindra Sharma, Ms. Shraddha Shingre, & Capt. Neville Deboo.

October 2023



L to R: Capt. Abhijit Banerjee & Mr. Tejinder Singh.

November 2023



L to R: Ms. Sayli Karete & Mr. Tanoi Das.

December 2023



L to R: Capt. Mandar Malwee, Ms. Sakshi Jain & Mr. Qamar Abbas Shaikh.

## Navratri group photo at MOLMI Mumbai office



## Diwali group photo at MOLMI Mumbai office



# MOLMI EVENTS

## MOLMI Mumbai staff celebrating New Year Party at Kohinoor Hotel



## MOLMI OFFICE NEW JOINERS

Mr. Swapnil Tirloskar- Jr. Co-ordinator - Training– Mumbai office.  
Ms. Pratiksha Nayak- Receptionist - Administration - Mumbai office.

## MOLMI OFFICE LEFT EMPLOYEES

Mr. Rohan Rane- Jr. Co-ordinator - Travel - Mumbai office.  
Mr. Chetan Patel - Jr. Executive - Operations - Mumbai office.  
Mr. Shanmukh Suvarna - Jr. Executive - Operations - Mumbai office.

# MOLMI EVENTS

## Christmas Celebration at MOLMI Mumbai office



## GUEST VISIT

### At MOLMI Delhi office on 3rd October 2023



**L to R:** Mr. Durga Prasad (Deputy Manager - Operations), Capt. Anil Rajain (Regional Manager), Captain Animesh HORE & Captain Naomi MATSUSHITA,

### At MOLMI Mumbai office on 4th & 5th October 2023

Captain Animesh HORE (Director - MOLMI, General Manager, Global Maritime Resources Division)  
Captain Naomi MATSUSHITA (General Manager, Global Seafarers Strategy Management Team (GSSMO))



**L to R:** MD Mr. Satish Kumar Singh, Captain Naomi MATSUSHITA & Captain Animesh HORE

## GUEST VISIT

**Leadership Team meeting held at St. Regis Mumbai during Ikeda San's Mumbai Visit**



## TRAINING PLANNER FOR APRIL 2024

**This is tentative schedule. Kindly contact Training department (molmi.training@molgroup.com) at Mumbai for latest updates.**

SR.NO	COURSE	DATE	PLACE	FACULTY	Remark
<b>01st Week (01/04 - 07/04)</b>					
1	LICOS	01 - 05 Apr	ONLINE	TKP	ONLINE
2	ERM	03 - 05 Apr	MOLTC	TSG/NCS	OFFLINE
3	BULK advance	01 - 03 Apr	ONLINE	BVB	ONLINE
<b>2nd Week (08/04 - 14/04)---Holiday 09 &amp; 11</b>					
4	SSOC	08 Apr	ONLINE	TSG/TKP	ONLINE
5	RMII	10 & 12 Apr	ONLINE	TSG/TKP	ONLINE
<b>3rd Week (15/04 - 21/04)</b>					
6	MOL ECDIS	15 - 16 Apr	MOLTC	BVB/ABB	OFFLINE
7	BRM	17 - 19 Apr	MOLTC	BVB/ABB	OFFLINE
8	ERM	15 - 17 Apr	MOLTC	TSG/NCS	OFFLINE
9	PEK	16 - 19 Apr	MOLTC	TSG/NCS	OFFLINE
10	CCR-RM	15 - 17 Apr	MOLMI	TKP/AKR	OFFLINE
<b>04th Week (22/04 - 28/04)</b>					
11	PCCA/PCCA-R & PCCF	22 - 24 Apr	ONLINE	BVB	ONLINE
12	WELDING	22 - 26 Apr	DBMA	DBMA	OFFLINE
13	Engine RT-Flex	22 - 23 Apr	ONLINE	TSG	ONLINE
14	NCIC	22 - 24 Apr	ONLINE	TKP/NCS/ABB	ONLINE
15	SIRE	25 - 26 Apr	ONLINE	TKP	ONLINE
16	ERM	24 - 25 Apr	MOLTC	TSG/NCS	OFFLINE
<b>05th Week (29/04 - 05/05)---Holiday on 01 May</b>					
17	LATHE	29Apr - 03 May	DBMA	DBMA	OFFLINE
18	SSOC	29 Apr	ONLINE	TKP/NCS/TSG	OFFLINE
19	LMC	02 - 03 May	MOLTC	TKP/NCS/TSG	OFFLINE



Diwali celebration on board VICTORIOUS ACE



Diwali celebration on board BAOSTEEL EMOTION



Christmas celebration on board IBRI LNG



## Muscle Cramps

### What are muscle cramps?

Muscle cramps are sudden, involuntary contractions or spasms in one or more of your muscles. They are very common and often occur after exercise. Some people get muscle cramps, especially leg cramps, at night. They can be painful, and they may last a few seconds to several minutes. You can have a cramp in any muscle, but they happen most often in the:

- Thighs
- Feet
- Hands
- Arms
- Abdomen
- Area along your ribcage

### What causes muscle cramp

Causes of muscle cramps include:

- Straining or overusing a muscle. This is the most common cause.
- Compression of your nerves, from problems such as spinal cord injury
- Low levels of electrolytes
- Not enough blood getting to your muscles
- Pregnancy
- Certain medicines

Sometimes the cause of muscle cramps is unknown.



### Who is at risk for muscle cramps?

Anyone can get muscle cramps, but they are more common in some people:

- Older adults
- People who are overweight
- Athletes
- Pregnant women

### When do I need to see a health care provider for muscle cramps?

Muscle cramps are usually harmless, and they go away after a few minutes. But you should contact your health care provider if the cramps:

- Are severe
- Happen frequently
- Don't get better with stretching and drinking enough fluids
- Last a long time
- Are accompanied by swelling, redness, or a feeling of warmth
- Are accompanied by muscle weakness

### What are the treatments for muscle cramps?

You usually don't need treatment for muscle cramps. You may be able to find some relief from cramps by:

- Stretching or gently massaging the muscle
- Applying heat when the muscle is tight and ice when the muscle is sore
- Getting more fluids if you are dehydrated

If another medical problem is causing the cramps, treating that problem will likely help. There are medicines that providers sometimes prescribe to prevent cramps, but they are not always effective and may cause side effects. Talk to your provider about the risks and benefits of medicines.

### Can muscle cramps be prevented?

To prevent muscle cramps, you can:

- Stretch your muscles, especially before exercising. If you often get leg cramps at night, stretch your leg muscles before bed.
- Drink plenty of liquids. If you do intense exercise or exercise in the heat, sports drinks can help you replace electrolytes.

# NEW JOINERS TO OUR SEAFARERS POOL

Welcome To MOLMI Family

NAME	RANK	POOL
BHARDWAJ SWAPNIL	3OFF	MOLSHIPS
BEHERA AJAYA KUMAR	3OFF	MOLSHIPS
ANMOL VISHAL	APOF	MOLSHIPS
MOHAMMAD RAMIJ	3OFF	MOLSHIPS
VIKAS YADAV	3OFF	MOLSHIPS
NAXINE HIMANSHU	TUID	MOLSHIPS
SAGIRAJU UMAPATHY BHUVAN	TUID	MOLSHIPS
MANHAS SHASHANK	TUID	MOLSHIPS
TYAGI PRITHVI	TUID	MOLSHIPS
MANE SAIRAJ VIJAY	TUID	MOLSHIPS
WAGH VEDANT AVINASH	TUID	MOLSHIPS
LOPES DANIEL EDWIN	TUID	MOLSHIPS
WAYRE SAIRAJ RAMESH	TUID	MOLSHIPS
SHUKLA RITESH NARENDRA	TUID	MOLSHIPS
SWAIN ABHIJEET ASHOK	TUID	MOLSHIPS
MEENA DEEPAK PRAKASH	TUID	MOLSHIPS
RAVI TONY SANTIO VIJAY	TUID	MOLSHIPS
GOVINDARAJAN DAMODARAN	TUID	MOLSHIPS
THANGARAJ BARATH RAJ	TUID	MOLSHIPS
MUKERJEE DHRUV	1AEN	MOLSHIPS
DAS SUBHASHISH	1AEN	MOLSHIPS
ANDREW ABRAHAM	1AEN	MOLSHIPS
SHINDE NIKHIL RAJESH	TUIE	MOLSHIPS
YERICHERLA MANOJ DEVAN	TUIE	MOLSHIPS
ANAND SHYAM	TUIE	MOLSHIPS
CH JAYANT	TUIE	MOLSHIPS
PADIHAR ANIL KUMAR	TUIE	MOLSHIPS
DESHWAL PARTEEK	TUIE	MOLSHIPS
VIJAY JANARDHAN	TUIE	MOLSHIPS
JAIN SRIJAN	TUIE	MOLSHIPS
BISWAS SAPTAK	TUIE	MOLSHIPS
KUNDU ANKUR	TUIE	MOLSHIPS
GOEL SANSKAR	TUIE	MOLSHIPS
KUMAR KUNDAN	TUIE	MOLSHIPS
PEHERE SAURABH MUKUND	ELOF	MOLSHIPS
TANDEL YASH VINODBHAI	DKTR	MOLSHIPS
SINGH RAJAT KUMAR	DKTR	MOLSHIPS
ANSARI AKHLAQUE HUSSEIN EMDAD	ENGTR	MOLSHIPS
TANDEL SHIVAM NAILESHBHAI	ENGTR	MOLSHIPS
GUPTA SACHIN RAJARAM	ENGTR	MOLSHIPS
MHATRE OMKAR MAHENDRA	MSMN	MOLSHIPS
SHAIKH MEHMOOD RAZA HAMID RAZA	DKTR	MOLSHIPJ
CHAUHAN SANDEEP KAMALDEV	DKTR	MOLSHIPJ
TIWARI NEERAJ	DKTR	MOLSHIPJ
DIGHE CHETAN DINKAR	3OFF	MOLLNGSM
SELVAM JAYAKUMARAN	1AEN	MOLLNGE
GURRAM SATISH	WPR	MOLLNGE
KUMAR ASHWIN	ACOF	MOLLNGJ
DIGHE CHETAN DINKAR	3OFF	MOLLNGSM
BHATT GAURAV	DKTR	OSMC
SINGH PRAKASH	OILR	OSMC
ACHARYA AMIT	MSTR	NISM
PRADIP KUMAR	MSTR	NISM
OBERAJ ARJUN	MSTR	NISM
KHANDELWAL AMIT	ACOF	NISM
KAPOOR AMAN	COFF	NISM
SHARMA NEERAJ	ACOF	NISM

NAME	RANK	POOL
PATANKAR VIRDDHAVAL JAWHAR	COFF	NISM
BALA SOURAV	2OFF	NISM
KUMAR AMIT	2OFF	NISM
ALEX ANTONY	2OFF	NISM
SINGH JAIBIR	3OFF	NISM
SIRVI VINOD KUMAR	3OFF	NISM
KUMAR SATYENDRA	3OFF	NISM
KALER JASKARAN SINGH	4MTE	NISM
SHARMA SHUBHAM	4MTE	NISM
TENDOLKAR RISHI SANDEEP	4MTE	NISM
MADAMBATH PARAMBIL VISHNU	4MTE	NISM
JOSHI RAKESH ASHOK	CENG	NISM
TOMS GEORGE	CENG	NISM
NAIK CHANDRASHEKAR MUDDU	CENG	NISM
BHAT SAGAR	1AEN	NISM
AVIREDDY PHANI KUMAR	1AEN	NISM
SEWADA HEMANT KUMAR	1AEN	NISM
BHULLAR MANMOHIT SINGH	1AEN	NISM
DEVABATHULA AMARNATH	2AEN	NISM
GULERIA SIDDHARTH	3AEN	NISM
VENUGOPAL MENON GOKUL	2AEN	NISM
PENUMATSA RAJEEV VARMA	2AEN	NISM
THOTA ESHWAR RAO	2AEN	NISM
SEN KUNWAR BHARAT	3AEN	NISM
SAKTHIVEL SASIKUMAR	3AEN	NISM
CARDOZA VIVIAN JOSWIL	3AEN	NISM
SINGH VISHAL	3AEN	NISM
NARALE CHINMAY	ELTOF	NISM
NAGISETTY VENKATA KIRAN KUMAR	ELTOF	NISM
HARNEET SINGH	BOSN	NISM
PANDEY SANDEEP KUMAR	BOSN	NISM
SORIES ALWIN DURAI	ABSM	NISM
SINGH SAURABH	ABSM	NISM
BANSOD ROHIT CHANDRASHEKHAR	ABSM	NISM
GHADGE PRASAD DURGADAS	ABSM	NISM
KADAM SURAJ GUNDURAO	ABSM	NISM
KUMAR NAVEEN	OSMN	NISM
MARE DATTA VILAS	OSMN	NISM
SHAHI HIMANSHU SINGH	OSMN	NISM
SHAIKH TAUSIF AKHLAK AHMED	OSMN	NISM
GURAV VAIBHAV ANKUSH	OSMN	NISM
DUBBKA SAIKRISHNA	OSMN	NISM
KAKADE ADITYA RAJESH	DKTR	NISM
YADAV UGRASEN	FITR	NISM
KAYAL SATYEN LAKSHMIKANTA	FITR	NISM
YADAV SATYENDRA	FITR	NISM
TIWARI DINESH KUMAR	FITR	NISM
TANDEL ROHITKUMAR CHANDRAKANT	OILR	NISM
RAJBHAR AJAY	OILR	NISM
KUMAR SHATRUGHAN	OILR	NISM
SINGH RAUNAK	OILR	NISM
RANJIT SINGH	OILR	NISM
PRAJAPATI AJAY PRATAP	WPR	NISM
PANDA NARA NARAYAN	CHCK	NISM
KOMARA RAMA VAMSI	WLDR	NISM

# RECENT RANK PROMOTIONS IN OUR SEAFARERS POOL

Your Growth is Our Growth

NAME	RANK	POOL
JAYAPRAKASH VISHNU PRAKASH SHARMA	COFF	MOLSHIPS
MARIKAR REZA TANVIR	COFF	MOLSHIPS
ANUJ KUMAR	COFF	MOLSHIPS
KUMARAVEL VINEET NEELA KUMAR	COFF	MOLSHIPS
KUMAR PRASHANT	2OFF	MOLSHIPS
JAIWAL RAHUL	2OFF	MOLSHIPS
JAYAKUMAR RAJITHA ROSHAN	2OFF	MOLSHIPS
CHAUDHARY VIKRAMADITYA	3OFF	MOLSHIPS
JAIWAL DURGESH	3OFF	MOLSHIPS
SUBODH BABU NANDU KISHOR	3OFF	MOLSHIPS
SOMAN MAYURESH NARENDRA	3OFF	MOLSHIPS
CHATTERJEE AADITYA	3OFF	MOLSHIPS
FERNANDES VISHAN XAVIER	CENG	MOLSHIPS
DARBE SUJITH SAMANI	CENG	MOLSHIPS
RAGHU SUBASH	1AEN	MOLSHIPS
SENGUPTA APARAJIT	1AEN	MOLSHIPS
JAMIL SHAHID	1AEN	MOLSHIPS
GAIKWAD SHRIHARI DHANANJAY	2AEN	MOLSHIPS
ATHIKKAT MOHAMED ABDUL RAOOF	2AEN	MOLSHIPS
YADAV NAVIN KUMAR	2AEN	MOLSHIPS
JOSEPH GEORGE	3AEN	MOLSHIPS
KUMAR NITISH	3AEN	MOLSHIPS
GUPTA VIBHUSHITH	3AEN	MOLSHIPS
RANJAN ASHUTOSH	3AEN	MOLSHIPS
PALLIPARAMBIL ANTONY DIVIN	ABSM	MOLSHIPS
SHAIKH MOHMDFARID MOHMDJAMIL	OSMN	MOLSHIPS
TANDEL DEEPBHAI ISHVARBHAI	OSMN	MOLSHIPS
DEVASSY JOMON	WIPR	MOLSHIPS
DALVI KRUNAL PRAKASH	MSTR	MOLSHIPJ
SINGH VINAY KUMAR	COFF	MOLSHIPJ
DIAS BRADLY DOMINGO	2OFF	MOLSHIPJ
SINGH SUSHANT SHEKHER	2OFF	MOLSHIPJ
BOTTU SAGAR	2AEN	MOLSHIPJ
SARVAIYA YAGNIK PRAVINBHAI	2AEN	MOLSHIPJ
SONAR AKASH RAJESH	ABSM	MOLSHIPJ
TANDEL KEVALKUMAR NAVNEETBHAI	OSMN	MOLSHIPJ
KUMMAN JITHIN	OILR	MOLSHIPJ
SURESH VISVA	WIPR	MOLSHIPJ
RATHORE GURPREET SINGH	COFF	MOLLNGE
TILAK SAURABH	2OFF	MOLLNGE

NAME	RANK	POOL
SINGH VIVEK KUMAR	2OFF	MOLLNGJ
PREMNATH PREMRAJ	2OFF	MOLLNGE
KUMAR SOURAV	2OFF	MOLLNGE
SHEIKH MUSHKE AMBER	2OFF	MOLLNGE
KUMAR RAJNISH	2OFF	MOLLNGE
SINGH NAVPREET	3OFF	MOLLNGE
CHOUDHARY RAJ KUMAR	3OFF	MOLLNGE
NAIR MOHANKUMAR SOMASEKHARAN	1AEN	MOLLNGE
KHALEELULLAH MOHAMED JAVEED HANEEF	A1AEN	MOLLNGE
JOSEPH JOE	GENG	MOLLNGE
KANIYA HITESH	2AEN	MOLLNGE
VATTAMATATHIL VASU VISHNU DAS	2AEN	MOLLNGE
YADAV PAWAN KUMAR	3AEN	MOLLNGE
MALCOLM SAVIO	3AEN	MOLLNGE
ARIMBOOR VALAPPI MUHAMMED SHAFIR	3AEN	MOLLNGE
PATHAN IRFAN KHAN	JRETO	MOLLNGE
SRINIVASAN ABHISHEK NARAYAN	ACOF	MOLLNGSM
DAHIYA SACHIN KUMAR	2OFF	MOLLNGSM
DHARMAPALAN DHANOOP	CENG	MOLLNGSM
GARG PUNEET	GENG	MOLLNGSM
MUTHURAJ VINOD	2AEN	MOLLNGSM
SINHA JATIN	2AEN	MOLLNGSM
SATAPATHY ABHILASH	3AEN	MOLLNGSM
ASHOKAN ATHUL	ABSM	MOLLNGSM
NEERAJ JOSEPH POONELIL	1AEN	MOLLNGJ
CHAUHAN ANKIT	COFF	OSMC
MURDESHWAR AMOGH RAJENDRA	3AEN	OSMC
SUBRAMANIYAN SUDHAKAR	3AEN	OSMC
TANDEL TEJAS MANHARBHAI	OSMN	OSMC
GAMRE PRATIK VIJAY	OSMN	OSMC
RATHOUR VIVEK	OILR	OSMC
SHARMA NEERAJ	COFF	NISM
KHANDELWAL AMIT	COFF	NISM
PAZHANIVEL RAJKUMAR	2AEN	NISM
AGRAWAL PRANAV KAILASH	OILR	NISM
NAIR SHARATH CHANDRASEKHAR	CHCK	NISM
JOHN ROBY	CHCK	NISM

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