What You Should Know About Dry Eyes

Here age-related changes affect your eyes, and where to find relief.

By Bausch + Lomb (Paid Content)

Why it happens as you age

A vector of increasing glare, wind and humidity, the lenses of our eyes may become damaged over time. This can cause the surface of the eye to become dry and irritated, leading to discomfort and pain. Studies show that age contributes to dry eye symptoms, and that increasing age is associated with increased dry eye. However, this is not always the case, as some people may not experience dry eye symptoms until later in life. Additionally, some medications and medical conditions can also contribute to dry eye symptoms.

Relief can be found in a drop

Many people use over-the-counter eye drops to relieve their symptoms. However, it is important to choose a drop that is right for you. Ask your doctor or pharmacist about the best options for your needs.

Bausch + Lomb SootheXP is a new line of eye drops that was developed specifically for those dealing with dry eye. The product is designed to provide relief from dryness and itching, and is suitable for use with contact lenses. The company has also launched a campaign to educate people about the risks of dry eye and the importance of taking care of their eyes.

Click here to save $4.00 on your purchase of SootheXP Eye Drops

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