How To Treat Your Leaky Bladder Once And For All

There’s a non-invasive solution to strengthen your pelvic floor at home.

by Innovo (Paul Curran)

What Causes Stress Urinary Incontinence?

Stress incontinence is a common condition that affects millions of women. It occurs when the muscles that support your bladder become weakened or damaged, leading to leakage.

Menopause can weaken your pelvic floor. During this time, your estrogen levels drop. This can cause the muscles that support your bladder to weaken, which can lead to stress incontinence. Sexual activity and pregnancy can also put stress on your pelvic muscles, leading to weakened muscles.

Finding a Solution

An anti-incontinence solution, often referred to as a “Kegel,” can help. In this 90-second challenge, you’ll be able to strengthen your pelvic floor muscles and regain control.

With Innovo, you can strengthen your pelvic floor at home.

How INNOVO Can Eliminate Your Bladder Leaks

Innovo’s 90-second challenge is a simple yet powerful way to strengthen your pelvic floor muscles. In just 90 seconds, you can significantly reduce the risk of bladder leaks.

Click here to learn how INNOVO can eliminate your bladder leaks. Take $125 off your INNOVO Kit with this AARP Special Member Offer! Use code AARP25 at checkout.

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1-800-832-9301

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