

**The treatment protocols listed below outline methods for treating COVID-19.
For more specific questions about your unique situation, please consult a
physician.**

Prophylactic HCQ Protocol

This is not medical advice. Every situation is unique, and every person must check with his or her own physician, especially if you are taking any other medication.

- Hydroxychloroquine 400 mg. twice a day on the first day + elemental zinc 50 mg. daily then
- Hydroxychloroquine 400 mg. weekly + zinc 50 mg. daily

Hydroxychloroquine tablets in the USA are 200 mg. Two can be taken together at the same time or separated by hours-days, as long as a person takes 400 mg. weekly. Currently there are studies underway to see if 200 mg weekly is sufficient.

This protocol is used across the world. For example, see the country of India in the White Paper (reference 19). In this example, the National Task for the COVID-19 constituted by Indian Council of Medical Research recommendations for HCQ for prophylaxis of SARS-CoV-2 infection for selected individuals.

<https://americasfrontlinedoctors.org/treatments/hydroxychloroquine/treatment-protocols>

Resources to Fight Covid at Home

<https://americasfrontlinedoctors.org/treatments/>

Aesthetics Advisor Directory of Doctors (by State) Prescribing Effective Outpatient COVID-19 Therapy:

<https://www.aestheticsadvisor.com/2021/02/find-doctor-prescribe-hydroxychloroquine-ivermectin.html>

American Association of Physicians and Surgeons (AAPS) - Practices Offering Early Treatment for Covid:

<https://aaps.wufoo.com/reports/z1tdq8q714w7gyj/>

Directory of Doctors Prescribing Covid-19 Outpatient Therapy:

<https://www.exstnc.com/>

Dr. Zelenko Prophylactic Protocol:

<https://vladimirzelenkomd.com/prophylaxis-protocol/>

FLCCC COVID-19 provider list:

<https://covid19criticalcare.com/ivermectin-in-covid-19/how-to-get-ivermectin/>

FLCCC Covid-19 Prevention & Early Outpatient Protocol (I-MASK+):

<https://covid19criticalcare.com/covid-19-protocols/i-mask-plus-protocol/>

FLCCC Pharmacy List:

<https://covid19criticalcare.com/pharmacies/>

HCQ Availability Maps:

<https://americasfrontlinedoctors.org/treatments/hydroxychloroquine/hcq-map>

Nebulize Peroxide – A Simple Remedy for Covid-19:

<https://www.lewrockwell.com/2021/02/joseph-mercola/nebulized-peroxide-a-simple-remedy-for-covid-19/>

REGENERON (monoclonal antibodies) infusion centers:

<https://protect-public.hhs.gov/pages/therapeutics-distribution>

Rx Local Pharmacy Finder to investigate local pharmacies:

<https://pharmacyfinder.rxlocal.com/pharmacyfinder>

At-home treatment E-books:

Rapid Virus Recovery

By Thomas E. Levy, MD, JD:

<https://rvr.medfoxpub.com/>

A Guide to Home Based Covid Treatment: Step-By-Step Doctors' Plan That Could Save Your Life

By Jane Orient, MD & Elizabeth Lee Vliet, MD:

<https://faculty.utrgv.edu/eleftherios.gkioulekas/zelenko/aaps-Guide-to-Home-Based-Covid-Treatment.pdf>