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Centers for Disease Control and Prevention

CDC 24/7: Saving Lives. Protecting People.™

Vaccines Home

Vaccines & Immunizations

Immunization: The Basics

Definition of Terms

Let's start by defining several basic terms:

Immunity: Protection from an infectious disease. If you are immune to a disease, you can be exposed to it without becoming infected.


Vaccine: A product that stimulates a person's immune system to produce immunity to a specific disease, protecting the person from that disease. Vaccines are usually administered through needle injections, but can also be administered by mouth or sprayed into the nose.

Vaccination: The act of introducing a vaccine into the body to produce immunity to a specific disease.

Immunization: A process by which a person becomes protected against a disease through vaccination. This term is often used interchangeably with vaccination or inoculation.

Links to Basic Immunization Information

- [Why immunize?](https://web/20141010112625/https://www.cdc.gov/vaccines/vac-gen/why.htm) ([/web/20141010112625/https://www.cdc.gov/vaccines/vac-gen/why.htm](https://web/20141010112625/https://www.cdc.gov/vaccines/vac-gen/why.htm))
Learn how getting vaccinated can protect your grandchildren, prevent epidemics, and eliminate diseases and their serious consequences.
- Brief overview of [adult](https://web/20141010112625/https://www.cdc.gov/vaccines/adults/vpd.html) ([/web/20141010112625/https://www.cdc.gov/vaccines/adults/vpd.html](https://web/20141010112625/https://www.cdc.gov/vaccines/adults/vpd.html)) and [childhood](https://web/20141010112625/https://www.cdc.gov/vaccines/vpd-vac/child-vpd.htm) ([/web/20141010112625/https://www.cdc.gov/vaccines/vpd-vac/child-vpd.htm](https://web/20141010112625/https://www.cdc.gov/vaccines/vpd-vac/child-vpd.htm)) vaccine-preventable diseases and vaccines
Read about the serious diseases that cause long-term illnesses, hospitalization, and even death, and which can be prevented by vaccines.
- [10 things a parent should know about immunizations](https://web/20141010112625/https://www.cdc.gov/vaccines/vac-gen/10-shouldknow.htm) ([/web/20141010112625/https://www.cdc.gov/vaccines/vac-gen/10-shouldknow.htm](https://web/20141010112625/https://www.cdc.gov/vaccines/vac-gen/10-shouldknow.htm))
Includes how many vaccine doses your child needs, the importance of keeping records, side effects, etc.
- [How immunity works: types of immunity](https://web/20141010112625/https://www.cdc.gov/vaccines/vac-gen/immunity-types.htm) ([/web/20141010112625/https://www.cdc.gov/vaccines/vac-gen/immunity-types.htm](https://web/20141010112625/https://www.cdc.gov/vaccines/vac-gen/immunity-types.htm))
Learn the difference between the two basic types of immunity: active and passive.
- [Common questions](https://web/20141010112625/https://www.cdc.gov/vaccines/vac-gen/common-faqs.htm) ([/web/20141010112625/https://www.cdc.gov/vaccines/vac-gen/common-faqs.htm](https://web/20141010112625/https://www.cdc.gov/vaccines/vac-gen/common-faqs.htm))
Find answers to common questions about immunization.
- [What would happen if we stopped vaccinations?](https://web/20141010112625/https://www.cdc.gov/vaccines/vac-gen/whatifstop.htm) ([/web/20141010112625/https://www.cdc.gov/vaccines/vac-gen/whatifstop.htm](https://web/20141010112625/https://www.cdc.gov/vaccines/vac-gen/whatifstop.htm))
See how diseases that are rare today could once again become common—and deadly—if vaccination coverage does not continue at high levels.
- [Life-cycle of an immunization program](https://web/20141010112625/https://www.cdc.gov/vaccines/vac-gen/life-cycle.htm) ([/web/20141010112625/https://www.cdc.gov/vaccines/vac-gen/life-cycle.htm](https://web/20141010112625/https://www.cdc.gov/vaccines/vac-gen/life-cycle.htm))
See how a successful immunization program can lead to a temporary increase in disease. Follow the evolution of a disease, from a time when there was no vaccine until it is eradicated.

- **Vaccine availability timeline**
(<https://web.archive.org/web/20141010112625/http://www.chop.edu/service/vaccine-education-center/vaccine-schedule/vaccine-availability-timeline.html>). 
(<https://web.archive.org/web/20141010100431/http://www.cdc.gov/Other/disclaimer.html>)
Dates when vaccines first became available.

See also: Vaccines: The Basics (</web/20141010112625/https://www.cdc.gov/vaccines/vpd-vac/vpd-vac-basics.htm>).

Related Information and Materials

- **The Parents' Guide to Childhood Immunizations**
(</web/20141010112625/https://www.cdc.gov/vaccines/pubs/parents-guide/default.htm>) 68-page booklet introducing parents to all childhood diseases and the vaccines that can protect children from them
- **The Vaccines for Children Program**
(<https://web.archive.org/web/20141010112625/http://www.cdc.gov/Features/VFCprogram/>).
The Vaccines for Children (VFC) Program offers vaccines at no cost for eligible children through VFC-enrolled doctors. Find out if your child qualifies. Vaccinating on time means healthier children, families and communities.

Related Pages

- **Vaccines: The Basics** (</web/20141010112625/https://www.cdc.gov/vaccines/vpd-vac/vpd-vac-basics.htm>)
- **Vaccines and Your Child's Immune System**
(</web/20141010112625/https://www.cdc.gov/vaccines/parents/vaccine-decision/immune-system.html>)
- **Ensuring Vaccine Safety** (</web/20141010112625/https://www.cdc.gov/vaccines/parents/vaccine-decision/safety.html>)
- **Ingredients of Vaccines** (</web/20141010112625/https://www.cdc.gov/vaccines/vac-gen/additives.htm>)

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