

Oniric Landscapes

MUSAC OFF

16 October, 2021 - 1 May, 2022: León University Hospital

Artists: Gabriel Díaz, Ruth Gómez, Tabaimo, Sylvie Fleury, Zilla Leutenegger, Hiraki Sawa, Eelco Brand, Kimsooja y Yang Fudong.

Curatorship: Kristine Guzmán

Oniric Landscapes is a collective exhibition made up entirely of works from the MUSAC Collection that brings together a set of visual proposals that refer to reverie, to that moment prior to awakening, where it is possible to imagine other worlds. Patients and family members, as well as health workers, will be able to lessen the worries that staying in a hospital can bring, transforming corridors, waiting areas or other places of transit into environments that are a little more friendly and pleasant.

Art as a therapeutic tool has been proven for the treatment of pathologies associated with mental health and also aims to improve the physical and psychological well-being of a person, improving the state of consciousness or reducing stress or anxiety. The exhibition, therefore, seeks to “humanize” the hospital environment, with the belief that, through art, it is possible to contribute to emotional and psychological balance in a place where thousands of people pass each day.

Thus, we find works that encourage us to notice the beauty of the natural world and that invite us to admire the majesty of the Himalayas in *Gang Rinpoche* by Gabriel Díaz, enter the animal and fantasy world of Ruth Gómez or Tabaimo, get carried away by the choreography and dance of Sylvie Fleury, enjoy the imaginary of Zilla Leutenegger, Hiraki Sawa, or Eelco Brand, or stop in a meditative contemplation with Kimsooja or Yang Fudong.

Oniric Landscapes is part of the exhibition *Memory of the Future. MUSAC Collection*, a visual and plastic journey of the last 40 years of our history. And also, within the project *The Delirium of the Horses. Visions of the Apocalypse* in various museums of León carried out by different institutions in León and which seeks an approach to some events from the past that help us to understand our present more fully and define a “more humane” future.

Kristine Guzmán, 2021