HOUSE CLEANING Checklist

Supplies

SUPPLIES

- [ ] Rubber or latex gloves
- [ ] All-purpose cleaner
- [ ] Protective glasses
- [ ] Vacuum
- [ ] Dishwashing detergent
- [ ] Laundry detergent
- [ ] Duster or microfiber cloths
- [ ] Mop
- [ ] Warm water and bucket
- [ ] Sponges and scrubber
- [ ] Baking soda
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____

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HOUSE CLEANING Checklist

Daily

DAILY

- [ ] Make the bed
- [ ] Squeegee the shower walls
- [ ] Rinse the bathroom sink
- [ ] Empty coffee grounds
- [ ] Wash dishes
- [ ] Unload/load the dishwasher
- [ ] Wipe down countertops and cabinets
- [ ] Wipe down the stovetop
- [ ] Put away any loose items
- [ ] Tidy up remote controls/electronics
- [ ] Do a load of laundry
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____

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HOUSE CLEANING Checklist

Weekly

WEEKLY

- [ ] Sweep or vacuum the kitchen floor
- [ ] Mop the kitchen floor
- [ ] Clean the microwave
- [ ] Sanitize sponges
- [ ] Wipe down fridge shelves
- [ ] Wipe cabinets and handles
- [ ] Scrub bathroom sink and toilet
- [ ] Wash bathtub/shower
- [ ] Disinfect shower curtain liner
- [ ] Wipe down mirrors
- [ ] Dust furniture
- [ ] Empty all small trash cans
- [ ] Toss expired food
- [ ] Clean windows
- [ ] Dust window ledges
- [ ] Tidy up pet spaces
- [ ] Clean pet bowls

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HOUSE CLEANING Checklist

Monthly

- [ ] Vacuum vents
- [ ] Clean fans and light fixtures
- [ ] Dust blinds
- [ ] Dust light fixtures
- [ ] Clean vacuum
- [ ] Clean oven
- [ ] Clean stovetop burners/grates
- [ ] Descale coffee maker
- [ ] Clean outside grill
- [ ] Wipe down patio furniture
- [ ] Beat dust out of rugs
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____

MONTHLY

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HOUSE CLEANING Checklist

Seasonal

- [ ] Rake leaves (fall and spring)
- [ ] Clean blinds
- [ ] Dust all plants
- [ ] Replace air conditioning filters
- [ ] Drain and store hoses (fall)
- [ ] Clean out gutters (fall and spring)
- [ ] Clean range hood and filters
- [ ] Clean out the freezer
- [ ] Clean the fridge
- [ ] Clean dishwasher
- [ ] Clean laundry machines
- [ ] Wipe down baseboards
- [ ] Wash pillows and comforter
- [ ] Spray and vacuum the mattress
- [ ] Clean and freshen drains
- [ ] Wash shower curtain liner
- [ ] _____

SEASONAL

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HOUSE CLEANING Checklist

Annual

ANNUAL

- [ ] Clean chimney and fireplace
- [ ] Deep clean carpet/upholstery
- [ ] Clean curtains and drapes
- [ ] Purge the pantry
- [ ] Wipe down pantry shelves
- [ ] Vacuum and clean behind appliances
- [ ] Clean walls
- [ ] Clean air ducts
- [ ] Clean around dryer and vents
- [ ] Rotate rugs 180 degrees
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____

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