



All About Your Blood Draw

Your doctor wants your blood checked to get more information on how to take care of you.

I am going to the hospital.



I will check in at the desk and get a bracelet with my name on it.



**While I wait my turn, I can play in the lobby.
There are lots of games to play and books to read.**



When I hear my name, me and my mom or dad will follow the nurse's helper to this room.



**I will see a chair for me and my mom or dad to sit in.
The chair has a special table in front of it for my arm.**



Or I can sit on the bed in my mom or dad's lap.



Which one do you want to sit in?

The nurse's helper will place a rubber band around my arm. The rubber band will feel snug. It makes it easier to see a good vein in my arm or hand.



**Veins are the blue lines that are in my arms and legs. They help blood move around my body.
Can you find a vein?**

When the nurse's helper finds a good vein, she will clean it with a small cloth. It will feel cool and wet. It has a different smell.



The nurse's helper will place BUZZY on my arm.

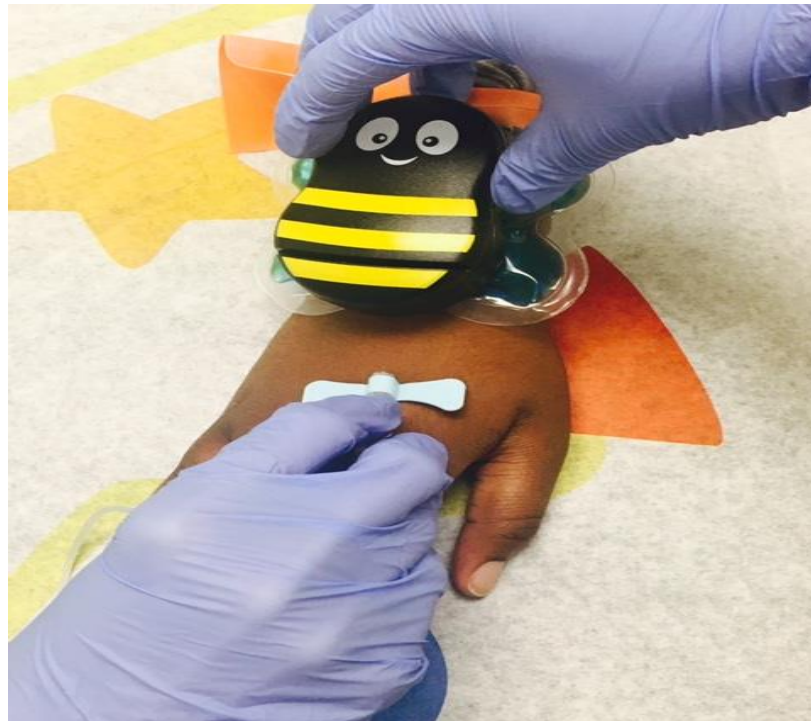


Buzzy looks like a bumble bee and his wings are ice packs. Buzzy will wiggle really fast on my arm.



Buzzy helps me not feel the poke.

The nurse's helper will use a tiny needle to check a little bit of my blood.



**When the nurse's helper is finished,
she will give me a Band-aid.**



**I'm all done! I'm so proud that I
held my arm still!**