All About Your Blood Draw
Your doctor wants your blood checked to get more information on how to take care of you.
I am going to the hospital.
I will check in at the desk and get a bracelet with my name on it.
While I wait my turn, I can play in the lobby. There are lots of games to play and books to read.
When I hear my name, me and my mom or dad will follow the nurse’s helper to this room.
I will see a chair for me and my mom or dad to sit in. The chair has a special table in front of it for my arm.
Or I can sit on the bed in my mom or dad’s lap.

Which one do you want to sit in?
The nurse’s helper will place a rubber band around my arm. The rubber band will feel snug. It makes it easier to see a good vein in my arm or hand.

Veins are the blue lines that are in my arms and legs. They help blood move around my body. Can you find a vein?
When the nurse’s helper finds a good vein, she will clean it with a small cloth. It will feel cool and wet. It has a different smell.
The nurse’s helper will place BUZZY on my arm.
Buzzy looks like a bumble bee and his wings are ice packs. Buzzy will wiggle really fast on my arm.

Buzzy helps me not feel the poke.
The nurse’s helper will use a tiny needle to check a little bit of my blood.
I have to hold my arm super still. I can talk to my mom or dad or read a book.
When the nurse’s helper is finished, she will give me a Band-aid.

I’m all done! I’m so proud that I held my arm still!