All About Your EEG: An Electroencephalogram
I am going to the hospital.
I will check in at the desk and get a hospital wrist band.
When I get to my room, there will be a bed.
I will then meet my nurse’s helper who will make a new hat for me to wear during my visit.
My helper will use colorful strings to make my hat.

I have one very important job while my hat is being made. I will hold still!
Once I am cozy in bed, my helper will use a tape measure to know where to put the strings.
Next, my helper will use a special soap to clean the spots where the strings go. It will feel cool and wet.
My helper will use a white paste to help the strings stick to my head. The strings are soft. I can play a game or read a story to pass the time.
Next, my helper will use a soft white cloth to cover the strings. This is so they don’t fall off when I play, eat and sleep.
My helper will cover the long strings with a white sock. They are attached to a small box that will be close by at all times.
My helper will show me a bright flashing light.
I might have to blow a pinwheel. I’ll do my best to make it go fast!
Once the doctor says my hat can come off, my hair will be washed. I did a great job!