

Preparing for Safe Surgery: Self-Isolation

Effective Thursday, August 27

Wolfson Children's Hospital is committed to safety in the surgical care of your child. Prior to an elective procedure or surgery, children will need to be tested for COVID-19. After testing, it is critical that your child, **along with others in the household**, be prepared to self-isolate for up to **4 days** (estimated time from the screening or test date) to **prevent exposure to COVID-19 prior to a procedure or surgery**. If your child tests positive for COVID-19, surgery will be rescheduled.



BEST PRACTICES FOR SELF-ISOLATION PRIOR TO SURGERY	
Stay home and limit movement outside of your home; those who live with your child need to do the same	✓
Wash hands often with soap and water.	✓
Wear a cloth face covering when around others in your home. (Cloth face coverings should not be placed on children under age 2)	✓
Ensure your child gets rest and stays hydrated	✓
Monitor your child for fever and other COVID-19 symptoms, including cough and shortness of breath. Notify surgeon if you notice any changes in your child's health	✓
Follow care instructions from your health care provider	✓
Avoid sharing personal household items including dishes, cups, towels and bedding	✓
Disinfect all frequently touched surfaces often (doorknobs, refrigerator door, cell phone, etc.)	✓
Use phone or virtual visits to stay in touch with family and friends	✓
Order groceries or needed items online and have them delivered to your home	✓
Go for a walk or exercise outside (remain at least 6 feet away from others and wear a face covering if there is a chance you may be in an area where it is difficult to maintain distance)	⚠
Visit the grocery store or run errands	✗
In-person visits with family and friends	✗



Continuing



Caution



On Hold

For more information, visit the [CDC webpage on Social Distancing, Quarantine and Isolation](#)

