

# Annual Physical New Patient Health Questionnaire

Date \_\_\_\_\_

Name \_\_\_\_\_ DOB \_\_\_\_\_

What is your primary concern for today's visit? \_\_\_\_\_

Name and phone number of your pharmacy? \_\_\_\_\_

What medications are you allergic to? \_\_\_\_\_

Please list or attach the name, dosage and frequency of your present medications.

|       |       |
|-------|-------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

**Check the following symptoms if you have had them over the past two weeks.  
Considered to be normal if left blank.**

|  |   |  |
|--|---|--|
| <input type="checkbox"/> Unintended weight loss      | <input type="checkbox"/> Daytime sleepiness     | <input type="checkbox"/> Fever or chills     |
| <input type="checkbox"/> Vision changes              | <input type="checkbox"/> Runny nose             | <input type="checkbox"/> Trouble swallowing  |
| <input type="checkbox"/> Heartburn                   | <input type="checkbox"/> Bowel changes          | <input type="checkbox"/> Abdominal pain      |
| <input type="checkbox"/> Chest pain                  | <input type="checkbox"/> Leg swelling           | <input type="checkbox"/> Heart palpitations  |
| <input type="checkbox"/> Cough                       | <input type="checkbox"/> Wheezing               | <input type="checkbox"/> Shortness of breath |
| <input type="checkbox"/> Urinary frequency           | <input type="checkbox"/> Pain with urination    | <input type="checkbox"/> Skin changes        |
| <input type="checkbox"/> Depressed mood              | <input type="checkbox"/> Anxiety                | <input type="checkbox"/> Numbness            |
| <input type="checkbox"/> Muscle weakness             | <input type="checkbox"/> Joint swelling         | <input type="checkbox"/> Excessive thirst    |
| <input type="checkbox"/> Intolerance to heat or cold | <input type="checkbox"/> Lymph node enlargement | <input type="checkbox"/> Bruising/bleeding   |

Are you currently a smoker? \_\_\_\_\_ Have you ever been a smoker? \_\_\_\_\_

How many packs do or did you smoke per day? \_\_\_\_\_ How many years? \_\_\_\_\_

Check the appropriate marital status. \_\_\_\_\_ Single \_\_\_\_\_ Married \_\_\_\_\_ Divorced \_\_\_\_\_ Widow

What is your occupation? \_\_\_\_\_

Please check the amount of alcohol you drink daily. \_\_\_None \_\_\_Social \_\_\_1 \_\_\_2 \_\_\_3+

Please check the amount of caffeine servings you use daily. \_\_\_1 \_\_\_2 \_\_\_3 \_\_\_4+

If you use recreational drugs please list what kind. \_\_\_\_\_

Please list any prior surgeries and approximate year. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Please list the approximate year you last received the following vaccinations:**

Tetanus \_\_\_\_\_ Hepatitis A \_\_\_\_\_ Hepatitis B \_\_\_\_\_ MMR \_\_\_\_\_  
 Pneumovax \_\_\_\_\_ Influenza \_\_\_\_\_ Gardasil \_\_\_\_\_ Varicella \_\_\_\_\_  
 Meningitis \_\_\_\_\_ BCG \_\_\_\_\_ Shingles/Zostavax \_\_\_\_\_

**Women Only**

When was the first day of your last period (or year you started menopause)? \_\_\_\_\_  
 Date of last Pap Smear \_\_\_\_\_ Year of any abnormal Pap Smear \_\_\_\_\_  
 Have you had a hysterectomy? \_\_\_\_\_ Do you have your ovaries? \_\_\_\_\_  
 What are you using for birth control? \_\_\_\_\_ Date of last mammogram? \_\_\_\_\_  
 How many pregnancies have you had? \_\_\_\_\_ Live births? \_\_\_\_\_ miscarriages? \_\_\_\_\_

**Men Only**

Do you wake up to urinate at night? \_\_\_\_\_ Do you have erectile dysfunction? \_\_\_\_\_  
 Explain any history of prostate or testicular problems? \_\_\_\_\_

**Please check if you or your relative have had the following conditions.**

|                             | <u>Patient</u> | <u>Mom</u> | <u>Dad</u> | <u>Sibling</u> | <u>Child</u> |
|-----------------------------|----------------|------------|------------|----------------|--------------|
| <b>High blood pressure</b>  | ___            | ___        | ___        | ___            | ___          |
| <b>Heart Disease</b>        | ___            | ___        | ___        | ___            | ___          |
| <b>Breast Cancer</b>        | ___            | ___        | ___        | ___            | ___          |
| <b>Colon Cancer</b>         | ___            | ___        | ___        | ___            | ___          |
| <b>Diabetes</b>             | ___            | ___        | ___        | ___            | ___          |
| <b>Ovarian Cancer</b>       | ___            | ___        | ___        | ___            | ___          |
| <b>Psychiatric Disorder</b> | ___            | ___        | ___        | ___            | ___          |
| <b>Drug/Alcohol Abuse</b>   | ___            | ___        | ___        | ___            | ___          |
| <b>Osteoporosis</b>         | ___            | ___        | ___        | ___            | ___          |
| <b>High Cholesterol</b>     | ___            | ___        | ___        | ___            | ___          |
| <b>Lung Disease</b>         | ___            | ___        | ___        | ___            | ___          |
| <b>Blood Disorders</b>      | ___            | ___        | ___        | ___            | ___          |
| <b>Thyroid Disorder</b>     | ___            | ___        | ___        | ___            | ___          |
| <b>Asthma</b>               | ___            | ___        | ___        | ___            | ___          |

**Please list anything else you believe is relevant to your medical health.**

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