



Racial Stress and Trauma Reading List compiled by Racial Stress and Trauma Expert and Psychologist, Monnica Williams, Ph.D.

<http://www.monnicawilliams.com/racial-trauma-readings.php>

Lists of Diverse Children's Books

- <http://hereweeread.com/2019/11/the-2020-ultimate-list-of-diverse-childrens-books.html>
- <https://theeverymom.com/diverse-childrens-books/>
- <https://www.edutopia.org/article/22-diverse-book-choices-all-grade-levels>

Resources Specifically Mentioned During Baptist Behavioral Health Conference

- Sesame Street Racism Town Hall

<https://www.cnn.com/2020/06/06/app-news-section/cnn-sesame-street-race-town-hall-app-june-6-2020-app/index.html>

- Sesame Street *The Power of We*

https://www.sesameworkshop.org/what-we-do/racial-justice?gclid=EAlaIqobChMI7_eYwdKR7QIVAeiGCh1SrANyEAAyASAAEgLIK_D_BwE

- Antiracist Baby, Ibram X. Kendi, Boston University Center for Anti-Racism Research

<https://news.harvard.edu/gazette/story/2020/07/antiracist-baby-helps-kids-and-adults-learn/>

Anti-Racist Books

How to Be an Anti-Racist, Ibram X. Kendi

Stamped from the Beginning, Ibram X. Kendi

White Fragility, Robin DeAngelo

Caste: The Origins of our Discontent, Isabel Wilkerson

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