

Intake Form



Center for
Bariatrics

Changing Health Care for Good.®

Patient Name _____ Today's Date _____

Age _____ Date of Birth _____ Phone _____

Contact Person(s)

This information is vital to us if we need to contact you urgently. Occasionally people move or have new phone numbers and do not notify our office.

Next of kin: (Not living with you)

Name _____ Relationship _____

Address _____

Phone (H) (_____) _____ (W) (_____) _____ (C)(_____) _____

Physicians:

Referring Physician _____

Primary Care Physician _____

Cardiologist (heart doctor) _____

Pulmonologist (lung doctor) _____

Endocrinologist _____

Orthopedic Surgeon _____

Psychologist _____

Psychiatrist _____

Other physician(s):

Physician _____

Physician _____

Weight and weight loss history:

Height: _____ ft. _____ in. Weight: _____ lbs.

Age of obesity onset:

0-2 years old

12-18 years old

Pregnancy

2-12 years old

Young adult

Middle age

How many years have you been at your present weight? _____

Five year weight history:

YEAR	WEIGHT (pounds)

Have you ever had an eating disorder? _____

Anorexia Nervosa

Bulimia

Are you a "sweets" eater? _____

Please complete the following diet history:

NAME OF PROGRAM	YEAR & LENGTH OF PARTICIPATION	WEIGHT LOSS
Weight Watchers®		
Nutrisystem®		
Atkins™		
Diet Center®		
Jenny Craig®		
OPTIFAST®		
Slim-Fast®		
Herbal Diet		
TOPS®		
Richard Simmons®		
Low fat		
Cabbage soup diet		
American Heart Association® diet		
Dexatrim®		
Sibutramine (Meridia)		
Orlistat (Xenical, Alli)		
Phentermine (Ionamin, Adipex)		
Phentermine/Fenfluramine (Phen/Fen)		
Other:		
Other:		

What kind of exercise can you do:

Details of any other weight loss measures (including surgical):

Past medical history:

List all hospitalizations and illnesses for which you have been treated, e.g. diabetes, hypertension, heart disease, lung disorders, etc.)

Medical history:

Do you have any of the following conditions? (please check)

- | | | | |
|-----------------------|-----------------------------|------------------------------|--------------------------|
| Diabetes | <input type="checkbox"/> No | <input type="checkbox"/> Yes | (complete section below) |
| Hypertension | <input type="checkbox"/> No | <input type="checkbox"/> Yes | (complete section below) |
| Sleep apnea | <input type="checkbox"/> No | <input type="checkbox"/> Yes | (complete section below) |
| GERD (reflux disease) | <input type="checkbox"/> No | <input type="checkbox"/> Yes | (complete section below) |
| Cancer | <input type="checkbox"/> No | <input type="checkbox"/> Yes | (complete section below) |
| Arthritis | <input type="checkbox"/> No | <input type="checkbox"/> Yes | |
| Joint pain | <input type="checkbox"/> No | <input type="checkbox"/> Yes | |
| Urinary incontinence | <input type="checkbox"/> No | <input type="checkbox"/> Yes | |
| Elevated cholesterol | <input type="checkbox"/> No | <input type="checkbox"/> Yes | |
| Anemia | <input type="checkbox"/> No | <input type="checkbox"/> Yes | |
| Osteoporosis | <input type="checkbox"/> No | <input type="checkbox"/> Yes | |

Diabetes – If you have been diagnosed with or treated for diabetes, please complete the following section:

- | | | | |
|----------------|-----------------------------|------------------------------|----------------------|
| Juvenile onset | <input type="checkbox"/> No | <input type="checkbox"/> Yes | Year diagnosed _____ |
| Adult onset | <input type="checkbox"/> No | <input type="checkbox"/> Yes | Year diagnosed _____ |

Current form of control:

- | | | | |
|--------------------|-----------------------------|------------------------------|------------------------------------|
| Diet control only | <input type="checkbox"/> No | <input type="checkbox"/> Yes | |
| Oral hypoglycemics | <input type="checkbox"/> No | <input type="checkbox"/> Yes | |
| Insulin | <input type="checkbox"/> No | <input type="checkbox"/> Yes | Number of injections per day _____ |

Do you have glycosylated hemoglobin (HgA1c) levels tested? No Yes

If yes, what is your level (if you know) _____

Hypertension – If you have hypertension, please complete the following section:

How long have you had hypertension? _____

Are you taking medication for hypertension? No Yes _____ # of meds

Sleep Apnea – If you have sleep apnea, please complete the following section:

When were you diagnosed with sleep apnea? _____

Do you use CPAP? No Yes (what settings?) _____

Do you use BiPAP? No Yes (what settings?) _____

GERD – If you have GERD, please complete the following section:

Do you have reflux during the day? No Yes

If yes, how often?

Many times per day Every day Most days Most weeks Occasionally

Do you suffer from heartburn/indigestion during the night? No Yes

If yes, how often?

Many times per night Every night Most nights Most weeks Occasionally

Does food or fluid reflux in the mouth? No Yes

Do you vomit with reflux? No Yes

Treatments you may use for reflux, heartburn, or indigestion, either prescribed or over the counter.

Check all that apply.

Zantac Tagamet Pepcid Prevacid

Nexium Prilosec Surgery

Cancer – If you have been treated for cancer, please check all that apply:

Breast Endometrial Prostate Colon

Thyroid Skin Blood Other (name) _____

Year diagnosed _____ Cancer free for _____ years

Treatment (check all that apply):

Surgery Chemotherapy Radiation Medication

Allergies and adverse reactions:

Include x-ray dye, antibiotics, skin preps, latex, pain medications, if applicable.

Latex allergy screening questionnaire:

Do you have an allergy to any latex products? No Yes

Have you experienced local swelling, itching, or dermatitis associated with latex contact? No Yes

Do you have a history of wheel or blister formation on contact with latex products No Yes

Have you had an allergic reaction to tape? No Yes

Have you had any food allergies? No Yes

If yes, list here: _____

Family history:

FAMILY MEMBER	ALIVE OR DECEASED	AGE	HEALTH PROBLEMS AND/OR CAUSE OF DEATH
Father			
Mother			
Sibling			
Sibling			
Sibling			

Is there a family history of morbid obesity? _____

Social history: Check all that apply.

Marital Status: Single Married Divorced since _____ Widowed since _____

Number of children: _____

Living Will: No Yes

Tobacco use: None Use smokeless tobacco

Currently smoke _____ PPD for _____ years

Previously smoked _____ PPD for _____ years, stopped in _____

Alcohol: None Minimal Moderate Heavy Previously heavy

Caffeine: None Minimal Moderate Heavy

Drug Use: Marijuana Cocaine Crack Heroin

Other (please list): _____

Occupation: _____

If you are unemployed, how long? _____

What is your functional status?

Independent Partially dependent Dependent

Are you currently disabled or on disability? No Yes

If so, how long? _____

Review of systems: Please check yes or no for each question.

General

Are you currently pregnant? No Yes

Have you had any surgery in the past 20 days? No Yes

Gastrointestinal

Do you have any liver disease? No Yes

Have you had any yellow color to your eyes/skin? No Yes

Have you had trouble with your gallbladder? No Yes

Have you had any abdominal pain recently? No Yes

Have you had any rectal bleeding recently? No Yes

Cardiac

Do you have irregular heart beats? No Yes

Do you have a heart valve abnormality? No Yes

Do you have a pacemaker? No Yes

Have you ever had congestive heart failure? No Yes

Have you ever had a heart attack (MI)? No Yes

Have you had previous heart surgery? No Yes

Have you had an angioplasty or stent placement? No Yes

Have you had any chest pain or angina in the past 30 days? No Yes

Results of previous cardiac testing:

- | | | | |
|--|---------------------------------|-----------------------------------|---|
| Have you ever had an EKG? | <input type="checkbox"/> No | <input type="checkbox"/> Yes | |
| If yes, what were the results? | <input type="checkbox"/> Normal | <input type="checkbox"/> Abnormal | <input type="checkbox"/> Further testing required |
| Have you ever had a stress test? | <input type="checkbox"/> No | <input type="checkbox"/> Yes | |
| If yes, what were the results? | <input type="checkbox"/> Normal | <input type="checkbox"/> Abnormal | <input type="checkbox"/> Further testing required |
| Have you ever had an echocardiogram? | <input type="checkbox"/> No | <input type="checkbox"/> Yes | |
| If yes, what were the results? | <input type="checkbox"/> Normal | <input type="checkbox"/> Abnormal | <input type="checkbox"/> Further testing required |
| Have you ever had cardiac catheterization? | <input type="checkbox"/> No | <input type="checkbox"/> Yes | |
| If yes, what were the results? | <input type="checkbox"/> Normal | <input type="checkbox"/> Abnormal | <input type="checkbox"/> Further testing required |

Pulmonary

- | | | |
|---|-----------------------------|------------------------------|
| Do you have any history of severe emphysema? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Do you have any history of severe bronchitis? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Do you have any history of severe COPD? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Do you have asthma? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Are you using supplemental oxygen? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Do you have shortness of breath at rest? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Do you have shortness of breath on exertion? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Do you have a history of pulmonary embolism? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |

Vascular

- | | | |
|---|-----------------------------|------------------------------|
| Have you had a previous amputation? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Have you had bypass surgery in a leg? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Do you have pain in your legs at rest? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Are you on dialysis for renal failure? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Have you ever had a deep venous thrombosis (DVT) that required treatment? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Do you have renal insufficiency? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Do you have venous stasis? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Do you have varicose veins? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |

Musculoskeletal

- | | | |
|---|-----------------------------|------------------------------|
| Do you have any bone or joint problems? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Do you have arthritis? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Do you have chronic back problems? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Do you have fibromyalgia? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Is your ability to walk limited? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |

Central Nervous System

- | | | |
|--|-----------------------------|------------------------------|
| Do you have any paralysis or partial paralysis of legs/arms? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Do you have a history of TIAs or mini-strokes? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Do you have any history of CVA (stroke)? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |
| Do you have any history of seizures? | <input type="checkbox"/> No | <input type="checkbox"/> Yes |

Skin

- Do you have rashes? No Yes
- Do you have psoriasis? No Yes
- Do you have non-healing lesions? No Yes
- Do you have any history of melanoma? No Yes
- Do you have any history of other skin cancers? No Yes
- Do you have any open wounds? No Yes

Emotional

- Do you have anxiety? No Yes
- Do you have depression? No Yes
- Are you undergoing psychiatric therapy? No Yes

Endocrine

- Do you have any history of thyroid disorder? No Yes
- Do you have any history of heat or cold intolerance? No Yes
- Are you taking thyroid medication? No Yes
- Do you have any history of an adrenal disorder? No Yes
- Do you have any history of a pituitary disorder? No Yes
- Do you take any steroids or immunosuppressants for a chronic condition? No Yes

Hematologic/Lymphatic

- Do you have any history of anemia? No Yes
- Do you bruise easily? No Yes
- Do you have any history of excessive bleeding? No Yes
- Have you had a blood transfusion in the last six months? No Yes
- Do you have any history of leukemia or lymphoma? No Yes
- Do you have sickle cell? No Yes
- Are you on medication for anti-coagulation? No Yes

Infectious

- Are you HIV positive? No Yes
- Do you have any history of hepatitis? No Yes
- If yes, what type? A B C
- Do you have any history of staph infection? No Yes
- Do you have any history of MRSA or ORSA? No Yes

Breasts

- Do you have a personal history of breast cancer? No Yes
- Do you have a current abnormal mammogram or sonogram? No Yes
- When was your last mammogram? _____
- Are you overdue for mammogram? No Yes

Epworth Sleepiness Scale

How likely are you to doze off or fall asleep in the following situations? This survey refers to your usual way of life today. Even if you have not done some of these things recently, try to imagine how you would have been affected. Use the following scale to choose the most appropriate number for each situation:

0 = would never doze

1 = slight chance of dozing

2 = moderate chance of dozing

3 = high chance of dozing

ACTIVITY	SCORE
Sitting and reading	
Watching TV	
Sitting, inactive, in a public place (e.g. movie theater)	
As a passenger in a car for an hour with no break	
Lying down to rest in the afternoon when circumstances permit	
Sitting and talking to someone	
Sitting quietly after lunch with alcohol	
Sitting quietly after lunch with no alcohol	
In a car, while stopped for a few minutes in traffic	
TOTAL	

I attended the Baptist Center for Bariatrics informational seminar on _____/_____/_____

Patient's signature _____ Date _____

You may wish for Baptist Center for Bariatrics to discuss your confidential information with others (such as spouse, partner, family member, etc.). We need your permission to do this.

I DO NOT authorize Baptist Center for Bariatrics to discuss my confidential information.

I DO authorize Baptist Center for Bariatrics to discuss my confidential information with:

Name _____ Relationship _____

Name _____ Relationship _____

Name _____ Relationship _____

Patient's signature _____ Date _____

**PLEASE COMPLETE THIS FORM AND EITHER BRING IT TO YOUR STEP 2 OFFICE VISIT
OR RETURN IT PRIOR TO YOUR VISIT BY FAX:**

Fax: 904-391-5451, ATTN: Bariatric Coordinator

Questions? Call 904.202.7546



**Center for
Bariatrics**

baptistbariatrics.com

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