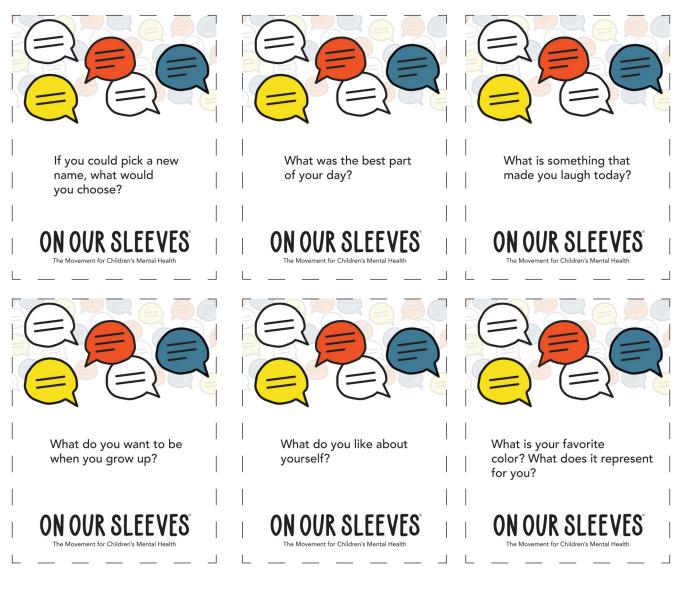
Conversation Starters

Start building the habit today of starting conversations to provide a strong foundation if you need to talk about more complicated things in the future. Here are some ideas to get you started to build the habit – and some to use if you are concerned.



(Continued on next page)



The Movement for Children's Mental Health



