



Welcome to Baptist Beaches Maternity Center

Tips to Remember:

- If you feel like you may be in labor or are having other concerns, please call your OB/Healthcare provider first. When coming to the hospital to either be checked/labor or if you are coming for a scheduled Cesarean or induction, please come to the Maternity entrance of the hospital.
- Prior to arrival, please have a pediatrician chosen who you plan to take your infant to for ongoing care. Our Neonatology team will care for your baby if your pediatrician doesn't come to Baptist Beaches. We will send a copy of your baby's records to your chosen provider for follow up after discharge.

Visitation Guidelines:

- Only 1 support person who is at least 18 years old may stay overnight with the patient unless the patient is in **active** labor.
- **There are no set visiting hours for laboring patients however, there is a 4-person limit.**
- **Visitation hours are from 5 am to 9 pm for our cervidils/antepartums/postpartum patient visitors.**
- Visitors, including patient support person, will be limited to 4 in the room during visiting hours.
- No children under 12 are permitted during labor and delivery. Children under the age of 12 who are a sibling to the newborn, can only come in during the postpartum period.

Visitation Limitations:

- There are times when visitation may be further limited due to clinical and/or privacy needs: upon admission, during shift change and when transferring to the postpartum unit. **No visitors will be permitted to enter or leave the room during pushing or delivery.**
- During epidural placement, in the operating room, recovery room and Maternity Observation Center, only **1** support person will be permitted to stay with the patient.
- Nursing personnel perform bedside report. During this time, we ask that you limit visitors as this is an important and sensitive time. If you do not want the staff to perform bedside report, please notify us immediately.

Safety and Security:

- **Security is very important to us.** Our unit is locked and doors are controlled by our staff.
- An adult, *other than the patient*, must be in the room and responsible for siblings under the age of 12 at all times. Siblings under the age of 12 may not be left alone at any time.
- Videotaping and pictures are allowed **before** and **after** delivery. Please ask before videotaping. Please do not photograph our team members without their permission.
- Due to confidentiality and patient safety, waiting in the hallways or outside the rooms is not permitted at any time. We ask that you wait in the waiting area outside the unit when you are not in the patient's room.
- All visitors are asked to use hand sanitizer located outside and inside the patient room prior to entering the room and/or touching the newborn.
- Any visitor that has been ill or exposed to a communicable disease, within the last 2 weeks is encouraged not to visit the Labor and Delivery and Maternal Newborn units.

- For the safety of our newborns, **no strollers or infant carriers** are allowed on either the labor and delivery or post-partum floor with the exception of the newborn's infant carrier on the day of discharge.
- Mom and birth partner will receive bands after baby is born. Only these banded adults may be alone with baby. Babies cannot be left in the care of an un-banded visitor.
- Please do not remove your band until discharged. Cut or damaged bands will not be replaced.
- We have many hospital staff on our floor. Only nurses, doctors and nursing support staff are allowed to interact with your baby. These staff members will have a small picture of a baby on their ID badge. **Feel free to ask a staff member to see their badge before they approach your baby.**

If you have questions regarding these guidelines, please speak with your nurse.

Services We Provide:

- Birth Certificate/Social Security, Lactation Consultants, and Newborn Photography.

What To Bring With You:

- Please bring your carseat with you to the hospital. You must know how to install and remove your base. For assistance, you can call Safe Kids at 904.202.4302 or visit the website www.wolfsonchildrens.com/about/car-safety. They are trained to teach you installation.
- You are encouraged to bring in pillows from home for your extra comfort.
- We will provide gowns, panties, pads, bedding, towels/washcloths, baby shirts, baby blankets, diapers, wipes and breast pumps.
- Bring a going-home outfit for you and your baby. If you want to bring your own comfy clothes to wear after delivery, you may. Bring toiletries for the shower.
- Don't forget your chargers.
- Please leave your jewelry at home. No jewelry may be worn in C-sections and we ask that all valuables be left at home.
- We do not provide birthing balls, but if you prefer to use one you may bring one with you.
- We do have a limited number of peanut balls and CUB Chairs for patient use during labor.

Food:

- There are vending machines in waiting room.
- There is a cafeteria on the first floor and a Sea Breeze café.
- Patients are provided with meal trays throughout the stay but all visitors must bring or purchase food.
- There are also a number of restaurants within a mile of the hospital.

A Couple More Things to Know:

- Maternity Suites are private with their own spa like bathroom.
- Babies room-in with their family. If you need us to take the baby so that you can get some sleep, just ask your nurse.
- Babies cannot sleep in your bed or in your partner's bed while you are sleeping (Safe Sleep).
- Vaginal deliveries typically stay with us for two days. C-sections typically stay for two to three days.
- Classes are listed at Baptistjax.com/classes.

We look forward to seeing you and caring for you during the arrival of your new baby