

WHAT KIND *OF* MINDSET DO YOU HAVE?



Fruitful

Willing to change no matter how difficult the task required is asked of them.

Always sees inconveniences as fun challenges and opportunities to transform.

Looks to find an 'attitude of gratitude' towards life, people, and experiences.

Loves learning new skills and is consciously willing to change their beliefs, assumptions, or habits.

Admires and respects others for their qualities, gifts, and skills - compliments them as often as possible and looks to cultivate connections.

Perceives 'mistakes' as opportunities to learn, grow, or change for the better.

Balances intuition as well as factual based information for choices and decisions.

When frustrated, perseverance always wins out.

Inspired by other's accomplishments.

Makes use of all experiences as learning opportunities and seeks to find balance in all aspects of life as often as possible.

Learns and adapts from criticism or feedback.

Always looking to help others, make new friends, and smiles at people they may not know.

Intentions are always for the 'good of ALL' or looking to find a win-win approach.

Is continuously looking to find the good in people, experiences, and life.



FEARFUL

Looks at change as an obstacle or block that cannot be overcome.

Only sees others as the problem instead of being willing to change themselves.

Resents past experiences and blames people or society for doing wrong to them - can never forgive and move on.

Always has a need to be right and can never entertain new ideas because they are afraid of change or anything different.

Feels threatened by other people's natural talents, qualities, gifts, and skills and usually is in competition with everyone around them.

Will do whatever it takes to succeed even if it feels awful or goes against one's inner feelings.

Relies solely on factual based information and rarely considers intuition as useful or helpful.

Frustration always leads to giving up.

Always looks for weaknesses in others.

Hates the idea of difficult situations and always looks to find the easy way out - may even resort to cheating or aggressive behavior.

Ignores feedback and sees it as judgmental.

Has a competitive or elitist approach to life and everyone around them.

Intentions are directed towards selfishness or personal gain.