

Ignatian, Semi-Silent Retreats for Young Adults

The Freedom of Missing Out

Semi-Silent Young Adult Retreat on October 16-17, 2020
Fr. Michael Rossmann, SJ, *Retreat Master*

All-Surrounding Grace: Where the Spiritual Exercises Meet Mindfulness Meditation

Semi-Silent Young Adult Retreat on November 14-15, 2020
Fr. Michael Sparough, SJ & Elizabeth Neubauer, *Retreat Masters*



BELLARMINE
Jesuit Retreat House

420 West County Line Rd
Barrington, IL 60010
www.jesuitretreat.org

Young Adult Retreat Registration Form

I am registering for the following retreat(s): *(Check all that apply.)*

- The Freedom of Missing Out**
October 16-17, 2020 Semi-Silent Young Adult Retreat
with Fr. Michael Rossmann, SJ

Many of us have a "fear of missing out," but we actually experience freedom when we make commitments. There is a depth of joy that only occurs when we go all in. Using the Spiritual Exercises, Fr. Michael will share how we can make commitments and experience true freedom. Includes optional time for small-group sharing.

- All-Surrounding Grace: Where the *Spiritual Exercises Meet Mindfulness Meditation***
November 14-15, 2020 Semi-Silent Young Adult Retreat
with Fr. Michael Sparough, SJ & Elizabeth Neubauer

Step away from the relentless pace of modern life. Gift yourself with a retreat where you can learn to let go, surrender, let God be God, and meet your deepest self. We will delve into the timeless wisdom of the Spiritual Exercises blended with the deep calm of mindfulness.

Name: _____

Address: _____

City/State/Zip: _____

Phone/Email: _____

Food Allergy / Room Needs: _____

- Enclosed is my \$100 deposit check payable to:
Bellarmino Jesuit Retreat House, Inc.

- Credit Card Type, *if applicable*: Visa Amex MC Discover
Charge my card \$_____ Expiration Date:_____

Card #: _____

Signature: _____