

Retreat Master: Elizabeth Neubauer

When our physical health is restored in recovery, we have the opportunity to grow into an emotionally mature person. From that foundation, we have an invitation to cultivate a healthy and meaningful relationship with a Higher Power. Our time together will look at how physical, emotional and spiritual health are related and what spiritual progress (not perfection) entails.

Meet Elizabeth Neubauer



Elizabeth Neubauer is a retreat leader and spiritual director in the Midwest who explores the topics of mindfulness, prayer and meditation, self-compassion and the gifts of the 12 Steps. She holds degrees in Art and Business.

420 W County Line Rd • Barrington, IL 60010 847-381-1261 • www.JesuitRetreat.org

To register, visit us online at www.jesuitretreat.org, call the office, or complete this form and mail it to the address above accompanied by your \$100 deposit. If you are interested in *Flexible Funding*, please call the office at 847-381-1261.

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	I am registering for the following retreat: Novem	ber 5-7,	2021 Ignatian, Silent 12-Step Retreat for Women	
Name:		- 🔲	Enclosed is my check payable to:	
Address: _		_	Bellarmine Jesuit Retreat House, Inc. (Checks are preferred)	
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Room Requ	uests:	– Suga	ested Weekend Retreat Contribution:	
Captain/Group Name (if applicable):			\$310 per person (\$100 deposit)	