

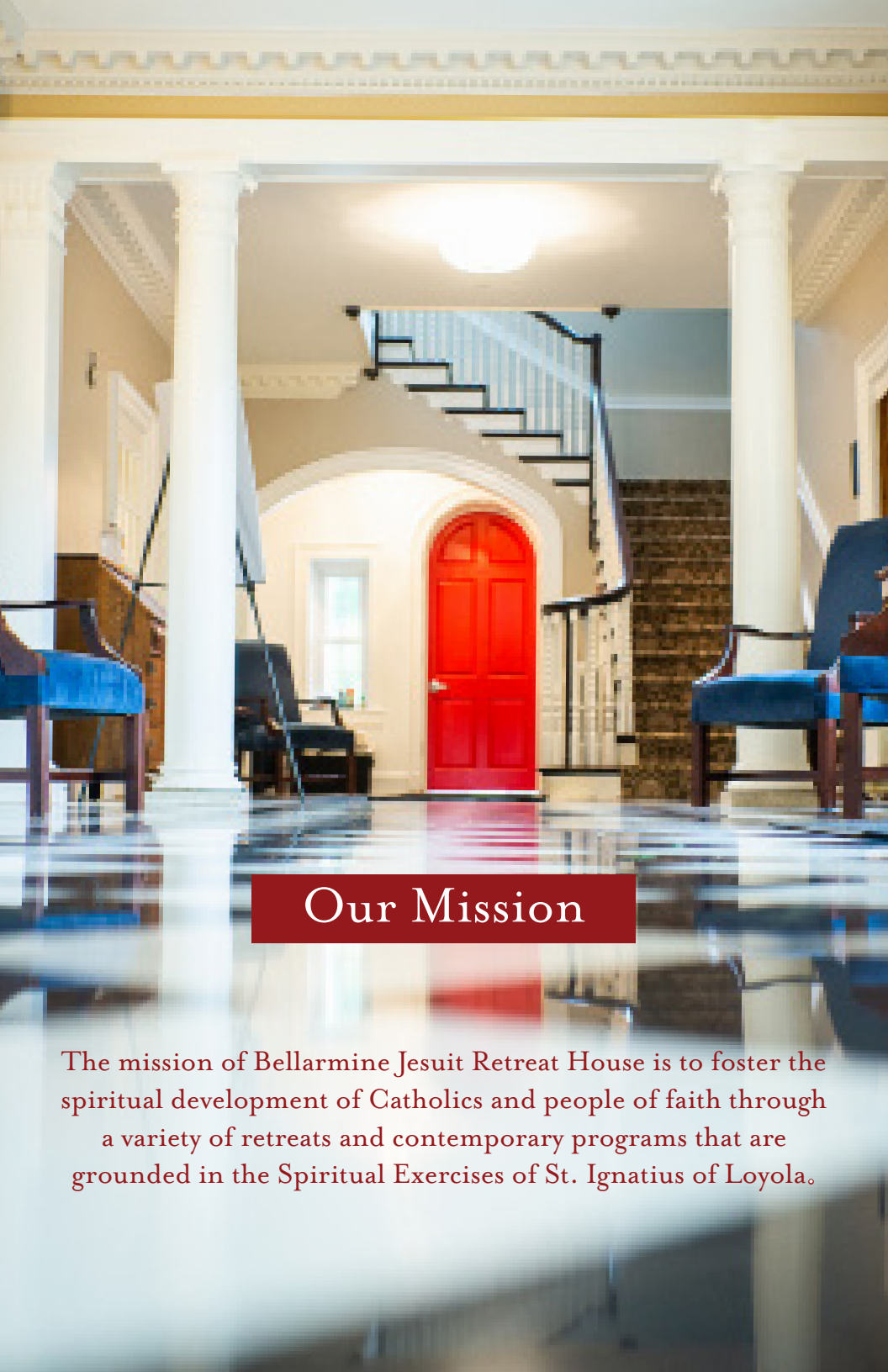


BELLARMINE

Jesuit Retreat House



2021-2022 Program Guide



Our Mission

The mission of Bellarmine Jesuit Retreat House is to foster the spiritual development of Catholics and people of faith through a variety of retreats and contemporary programs that are grounded in the Spiritual Exercises of St. Ignatius of Loyola.

Dear Friend of Bellarmine,

It is with joy that we share with you the 2021-22 weekend retreats and spirituality programs! As we emerge from the pandemic there is much to contemplate and bring to the Lord.

We encourage you to schedule your retreat as soon as possible, and reach out to invite your friends to join you. We hope you will delight in these pages as you select retreat(s). It's important to prioritize time for your heart and soul – to be in a sacred, beautiful space to rest, ponder, pray, heal, and hope for tomorrow.



We are grateful to all those who have supported Bellarmine this year through prayers, gifts, and by attending retreats. We have been thrilled to share the newly accessible Dillon entrance and Manor home renovations. The small groups of grateful, masked retreatants this season marveled at the well-planned and straightforward safety protocols. We cannot wait for you to walk or roll up to the beloved red front door to your spiritual getaway. The sacred silence remains.

One retreat format to highlight is a weekly prayer group for women. It will meet weekly over five weeks in the fall, to take a deeper dive into the Spiritual Exercises. Spiritual Directors Barbara Ritson and Carol Pankros will guide the group through praying a 30-day at home retreat. Space will be limited, early registration is recommended.



There will be several new events including a day for educators in February and an evening of music and prayer in April with two of the St. Louis Jesuits, Fr. Roc O'Connor, SJ and Fr. Bob Dufford, SJ, who are known for so many songs they recorded including “Be Not Afraid” and “Here I am, Lord.”

Please keep us in your prayers, and be assured that our Jesuits and staff are keeping you in ours.

Yours in Christ,

Erin Maiorca
Executive Director



BELLARMINE
Jesuit Retreat House



A weekend retreat at Bellarmine is a special time to invite silence into your soul and to rest in quiet communion with God. After meeting other retreatants over dinner the first evening, the silence begins as you quietly enter the Sacred Heart Chapel. The Retreat Master will give the first of a series of talks founded on St. Ignatius' Spiritual Exercises. These thematic talks will guide you as you listen for God's voice in the stillness of your heart.



The Sacred Heart Chapel, peaceful lounges, library, private bedrooms and grounds each offer a peaceful and sacred space to contemplate God's loving presence in your life. Our staff is committed to providing you with a comfortable environment conducive to peaceful prayer and quiet reflection.

Throughout your stay at Bellarmine, you can choose to enhance your retreat experience by participating in the Sacraments of Reconciliation and Holy Eucharist, praying the Rosary, walking the Stations of the Cross and spending time with Jesus in Eucharistic Adoration.

2021-2022 Suggested Retreat Contributions

Day of Reflection	\$60/person
Evening of Reflection	\$45/person
Overnight Retreat	\$200/person (\$100 deposit)
Weekend Retreat	\$310/person (\$100 deposit)
Extended Weekend Retreat	\$390/person (\$100 deposit)

Thanks to generous donors, the Fr. Fussner Fund is available for those unable to offer the suggested amount.

Changes or cancellation of a retreat must be made at least 3 days prior to the retreat in order to receive a refund or move the deposit. Deposits may be moved to another retreat once per retreat season.

Inside the Bellarmine Retreat Experience



Day & Evening Spirituality Programs

A day or evening program, grounded in the Jesuit tradition, is a shorter version of the Silent, Ignatian Weekend Retreat. Wherever you are on your spiritual journey, a day or evening program is sure to give you the peace and serenity needed to be still and to rest in God's loving embrace.

Your day or evening program includes thematic talks from our skilled Retreat Masters, time for private prayer, celebration of Mass and a meal.



Private & Individually Directed Retreats

Bellarmino offers day or overnight self-directed private retreats throughout the year. While on retreat, you can spend time in silent prayer and reflection while enjoying the serenity of our grounds and meals from our kitchen.

Spiritual direction is available if scheduled at the time of registration. Bellarmine's spiritual directors are experienced in facilitating St. Ignatius' Spiritual Exercises and helping you discover God's presence in your daily life.

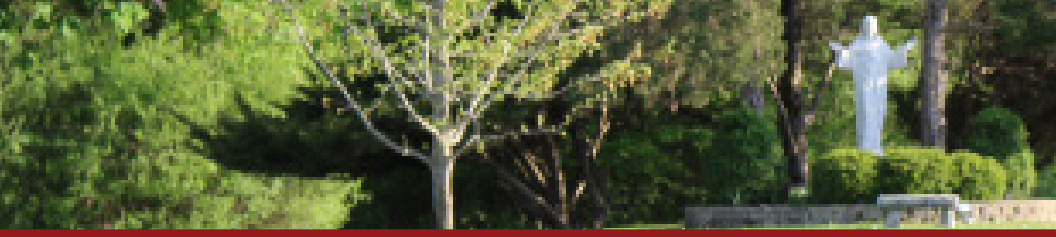
PRIVATE RETREATS

November 22-24, 2021 and April 11-14, 2022

INDIVIDUALLY DIRECTED RETREATS

June 24-July 1, 2022 and July 15-23, 2022

Visit Us Seasonally We invite you to attend one of our weekend retreats or spirituality programs in the fall, winter, spring and summer as a way to welcome the sacred more deeply into your everyday life. Please visit our website for a more detailed description of each retreat and program and for Retreat Master biographies.



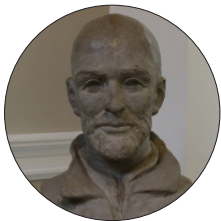
500th Anniversary Celebration

We invite you to join us in celebrating the 500th Year of Ignatius by pondering your own spiritual cannonball moment, like the one that changed the course of the life of St. Ignatius, and provided for us an extraordinary order of priests-missionaries-educators and also a pathway to God through prayer.



Pilgrimage to Spain

To help celebrate this 500th Year of Ignatius, Fr. Michael Sparough, SJ will be leading a Pilgrimage to Spain in the summer of 2022 to visit the sites where St. Ignatius lived, prayed and wrote the Spiritual Exercises. Please make sure to check emails from us for more updates on pricing and other information in the year to come. The tentative dates for the Pilgrimage are May 9 - 20, 2022.



Ignatian Inspiration Series

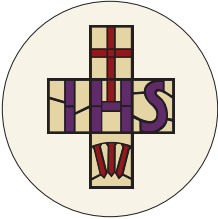
If you, or someone you know, cannot make it to Bellarmine, and yet needs a retreat, please check out our “Ignatian Inspiration” page to listen and/or watch one of our recorded retreats at jesuitretreat.org/pages/recorded-retreats.

More About Bellarmine



Spiritual Direction Internship Program

Starting in January, 2022 we will start another program training people to become Spiritual Directors. The training for lay people will be led by Fr. Mark Henninger, SJ from Loyola University Chicago and Lynne Sprehe. Applications for this program will be accepted in the fall.



Gift Certificates

Do you know someone that could really use a retreat at Bellarmine? Perhaps you have someone in your life for whom it is hard to find the right kind of gift? Consider purchasing a gift certificate for them to attend one of our retreats. Gift Certificates are available for day and evening programs, as well as full weekend retreats. Call the office (847-381-1261) and we'd be happy to assist you.



Planning a Group Retreat?

Are you or your church group planning a retreat? Consider hosting your retreat at Bellarmine. Dates are limited, so please contact Mandy Dillon (847-381-2672) if you have an event or questions.

Fall Retreats & Programs



September 10-12, 2021

Letting God Find You in All Things

Ignatian, Silent Weekend Retreat for Men
Retreat Master: Fr. Paul Macke, SJ

In this retreat we will try to discover where God is in our experience right now and then let God lead us on God's Way to a new and more meaningful life through silence and prayer by re-discovering Father, Son, and Holy Spirit with a special focus on Jesus.



September 17-19, 2021

The Spiritual Exercises of St. Ignatius: Who am I? Where am I going? How do I get there?

Ignatian, Silent Weekend Retreat for Men
Retreat Master: Fr. Doug Leonhardt, SJ

The talks and times for reflection will follow the pattern of the Spiritual Exercises where we are invited to deepen our awareness as forgiven sinners, followers of Christ who lived and died for us, and people alive to hope because of His resurrection.



September 24-26, 2021

The Beatitudes: The Key to Peace & Healing in Challenging Times

Ignatian, Silent Weekend Retreat for Men
Retreat Master: Fr. Matt Linn, SJ

How do we find peace and healing in these challenging times of pandemic, violence, and isolation that has us virtually zooming rather than physically hugging those who love us? Jesus gave the beatitudes to transform the times of deepest suffering into times of deepest blessing and new life. This retreat will explore the healing process in each beatitude to create abundant life wherever we have struggled to find any life.



September 27, 2021

Be Not Afraid: Creating Life, Choosing Light

Day of Reflection for Men & Women
9:00am - 3:00pm, \$60
Retreat Master: Fr. Matt Linn, SJ

We live in a time of fear: pandemic, violence, and fear that the future only brings more fears like climate collapse. God again is saying, "I put before you death and life. Choose life." This day we join Mary as she hears, "Fear not, you have found favor with God" and becomes God's model of how to create life in a fearful world.

September - October 2021



October 1-3, 2021

Embracing Our Parts: Holy Ignatian Wholeness

Ignatian, Silent Weekend Retreat for Men

Retreat Master: Fr. Jeff Putthoff, SJ

Our unique holiness is truly found in our wholeness in Jesus. We will use Ignatian contemplation in this weekend retreat, making use of the senses and imagination to enter more fully into our wholeness and walk more closely with Jesus.



October 5-7, 2021

Rise: Believing and Living a Life of Faith, Joy, and Hope

Ignatian, Silent Midweek Retreat for Women

Retreat Master: Carol Ackels

In our lives of faith we rightly address those places that need pruning and correction. We hear a lot about self abnegation. We know there are aspects of selfishness and sin that must die. This retreat however, rooted in the Spiritual Exercises, will focus on the next question - What of my life must rise?



October 8-10, 2021

Discerning Your Decisions in the Ignatian Tradition

Ignatian, Silent Weekend Retreat for Men

Retreat Masters: Fr. Michael Sparough, SJ and Fr. Bernie Owens, SJ

Drawing on insights from their writings and teachings, Fr. Michael and Fr. Bernie will present an "Ignatian tool kit" for discernment and decision-making, leading a series of prayer exercises designed to help us listen to God.



October 11, 2021

Discerning Your Decision

Day of Reflection for Men & Women

9:00am - 3:00pm, \$60

Retreat Master: Fr. Michael Sparough, SJ

Drawing on insights from his book, "What's Your Decision?", Fr. Michael will present an "Ignatian tool kit" for discernment and decision-making, leading a series of prayer exercises designed to help us listen to God.



Five Tuesdays starting October 12th

Introduction to the Spiritual Exercises: Praying with Ignatius

Weekly Women's Ignatian Prayer Group

8:45am - 11:30am, \$300, 5 Weeks

Retreat Masters: Barbara Ritson and Carol Pankros

Come and join us for a guided 30-day women's retreat in everyday life, as we pray together the "Spiritual Exercises of St. Ignatius," and learn the wisdom within Ignatian Spirituality that enhances personal prayer and creates intimacy with God. Included will be guided Lectio Divina, rich shared prayer experiences, and small group discussion. All course materials will be provided.



October 16-17, 2021

All-Surrounding Grace: Where the Spiritual Exercises Meet Mindfulness Meditation

Ignatian, Semi-Silent Overnight Retreat for Young Adults

Retreat Masters: Fr. Michael Sparough, SJ and Elizabeth Neubauer

Step away from the relentless pace of modern life. Gift yourself with a retreat where you learn to let go, surrender, let God be God, and meet your deepest self. We will delve into the timeless wisdom of the Spiritual Exercises blended with the deep calm of Mindfulness and Centering Prayer.



October 22-24, 2021

Breaking Bread with Jesus

Ignatian, Silent Weekend Retreat for Women

Retreat Master: Fr. David Shields, SJ

Taking various stories from the gospel of St. Luke, we will read and consider themes that Jesus talked about when he was invited out. By accompanying Jesus at important meals, we can come to know His mind and heart more intimately, deepen our love for Him and strengthen our level of discipleship as Catholic Christians.



October 24, 2021

Veterans' "Coming Home" Retreat

Day of Reflection for Men & Women

8:00am - 6:30pm, Free

Retreat Masters: Fr. Michael Sparough, SJ & Team of Veterans

All veterans and their adult family members are welcome for reflection on the transitions to and from military life. You'll spend a day with others who understand what you've experienced.

October – November 2021



October 29-31, 2021

The Acid Test

Ignatian, Silent 12-Step Retreat for Men
Retreat Master: Elizabeth Neubauer

How our recovery can thrive in all the seasons of our lives.

Step Ten challenges us to continue our commitment to growth. “Then comes the acid test; can we stay sober, keep in emotional balance and live to good purpose under all conditions.” This weekend we will explore how the steps and principles of the program create and sustain a life of integrity and joy.



November 3, 2021

Sitting on the Rim of Grief

Day of Reflection for Men & Women
9:00am - 3:00pm, \$60
Retreat Master: Dr. Avis Clendenen

The veil is thin these November days when the season of remembering reconnects us to those souls whom we so dearly loved who are no longer with us as we once knew them. Sacred scriptures and poets provide manna in the deserts of grief. This day we shall sit on the well of grief and find solace, soulfulness and serenity in remembering...together.



November 5-7, 2021

Spiritual Sobriety

Ignatian, Silent 12-Step Retreat for Women
Retreat Master: Elizabeth Neubauer

Cultivating a relationship with a Higher Power.

When our physical health is restored in recovery, we have the opportunity to grow into an emotionally mature person. From that foundation, we have an invitation to cultivate a healthy and meaningful relationship with a Higher Power. Our time together will look at how physical, emotional and spiritual health are related and what spiritual progress (not perfection) entails.



November 12-14, 2021

The Promises of Recovery

Ignatian, Silent 12-Step Retreat for Men
Retreat Master: Sr. Linda Fischer, ASC

When we work and live the 12 Steps in our own lives, what happens? The 12 Promises begin coming true. There are 12 Steps and 12 Promises - this is not an accident. Each Promise is a blessing that, in time, we will receive.



November 20-21, 2021

Christ the King: Living for Jesus in a Distracted World

Ignatian, Semi-Silent Overnight Retreat for Young Adults
Retreat Masters: Michael Pederson, SJ and Matthew Zurcher, SJ

As we celebrate the feast of Christ the King, Michael Pederson, SJ and Matthew Zurcher, SJ will prayerfully explore the joy of focusing on and following Jesus in a distracted world. The young adult retreatants will be invited to rejuvenating silence in which to ask: Who is Christ calling me to be?



November 22, 2021

Begin with Gratitude

Day of Reflection for Men & Women
9:00am - 3:00pm, \$60

Retreat Masters: Fr. James Strzok, SJ and Mary McKeon

St. Ignatius considered a lack of gratitude a serious offense against God. When we live from a place of entitlement, we cease to acknowledge the deep truth that all we have is a gift from God. As we prepare to celebrate Thanksgiving, we pause to give thanks for our many blessings.



November 22-24, 2021

Silent Private Retreats

Available 1:00pm Monday to 1:00pm Wednesday
\$150 one night; \$125 per night for two nights

Retreat Masters: Ministry Team

Come to enjoy the quiet of Bellarmine before the busy holiday season. Spiritual Direction is available upon request. Otherwise, enjoy the time to pray, rest and enjoy the serenity of the house and grounds.

Advent/Winter Retreats & Programs



December 3-5, 2021

A Father's Heart

Ignatian, Silent Weekend Retreat for Men
Retreat Master: Fr. Paul Mueller, SJ

On December 8, the Feast of the Immaculate Conception, we come to the conclusion of the special "Year of St. Joseph," proclaimed by Pope Francis in his Apostolic Letter "Patris Corde," With a Father's Heart. God invites all men to have a father's heart — whether or not they happen to have children! In companionship with St. Joseph and the Holy Family, on this retreat we will explore a Father's heart.



December 8, 2021

Entering the Heart of Mary with St. Ignatius

Advent Day of Reflection for Men & Women
9:00am - 3:00pm, \$60
Retreat Master: Holly Schapker

Cincinnati artist Holly Schapker has devoted many years interpreting Ignatian and Marian spirituality through her paintings. She teams with storyteller and poet Fr. Michael Sparough, SJ in a Day of Prayer that is sure to be a feast for the eyes and rich food for the soul as we celebrate the Feast of the Immaculate Conception.



December 10-12, 2021

1+2=3; Tune In and Turn Over

Ignatian, Silent 12-Step Retreat for Men
Retreat Master: Fr. Al Johnson

This retreat focuses on the sustaining rhythm of Steps One, Two and Three. We will explore the unmanageable, sanity and decision. We will also explore the Higher Power each of us relies upon.



December 16, 2021

A Cup of Christmas Tea: Stories, Poems, Songs & Traditions

Advent Day of Reflection for Men & Women

9:00am - 3:00pm, \$60

Retreat Masters: Fr. Michael Sparough, SJ and Mary McKeon

Fr. Michael and Mary bring you their favorite stories, poems, songs and traditions surrounding this most beloved season of the year. This is a day to soften the heart and open your spirit to the soulful, creative celebration of the Word made flesh, the birth of our Savior.



January 7-9, 2022

The Mountaintop: The Place Where God Dwells

Ignatian, Silent Weekend Retreat for Men

Retreat Master: Fr. Brad Held, SJ

Throughout the Bible God reveals Himself on mountaintops. In fact, we speak of “mountaintop experiences” in our lives—those moments where we have had a deep experience of God. This retreat will follow the prayers of the Spiritual Exercises in hopes that through silence and prayer these will be days of encountering our God who desires to reveal Himself to us.



January 14-16, 2022

Renewal Through the Intercession of Ignatius Loyola, Francis Xavier and Pedro Arrupe

Ignatian, Silent Weekend Retreat for Men

Retreat Master: Fr. Patrick Fairbanks, SJ

The retreat talks are grounded in the Spiritual Exercises and encourage the retreatant through prayer, reflections on Scripture, and the Sacraments. We seek to know how best to respond to the call of Jesus Christ to follow Him in the coming year.



January 17, 2022

God of Our Weary Years: Ignatian Reflections on Racism, Reconciliation, and Hope

Day of Reflection for Men & Women

9:00am - 3:00pm, \$60

Retreat Masters: Fr. Michael Sparough, SJ, Joshua Peters, SJ & Eric Styles

Join us in a day focused on prayer, song, and sacred scripture that grounds our commitment to the Beloved Community in a faith that looks upon the world with open eyes, seeing God’s grace even in our inability to build a world reconciled to Christ. The work of the Rev. Dr. Martin Luther King, Jr continues with us. Even in a divided world, we trust that shared experience will lead to what Ignatius Loyola called “God’s deepening life in us.”

December 2021 - February 2022



January 21-23, 2022

Discerning Your Decision

Ignatian, Silent Weekend Retreat for Men

Retreat Master: Fr. Michael Sparouh, SJ

Drawing on insights from his book, "What's Your Decision?", Fr. Michael will present an "Ignatian tool kit" for discernment and decision-making, leading a series of prayer exercises designed to help us listen to God.



January 28-30, 2022

Habits of Holiness

Ignatian, Silent Weekend Retreat for Men

Retreat Master: Fr. Dan Hartnett, SJ

Habits play a critical role in our everyday lives. On this weekend retreat, we will consider what it would be like to "put on" or to appropriate habits of the heart and those habits of service that we find in Christ Jesus.



February 4-6, 2022

Embracing Our Parts: Holy Ignatian Wholeness

Ignatian, Silent Retreat for Women

Retreat Master: Fr. Jeff Putthoff, SJ

Our unique holiness is truly found in our wholeness in Jesus. We will use Ignatian contemplation in this weekend retreat, making use of the senses and imagination, to enter more fully into our wholeness and walk more closely with Jesus.



February 11-13, 2022

Anxiety and Fear; Prayer and Grace

Ignatian, Silent Weekend Retreat for Men

Retreat Master: Fr. Jayme Stayer, SJ

Our lives are filled with small, insistent worries and with large, existential terrors. Ignatian spirituality teaches that fear--while not a sin in itself--often provokes our sinful natures. Embraced by God's grace and hope, we will shine a light on our fears, and watch their power over us dissolve.



February 13, 2022

Tending the Flame of Love: Candlelight Evening for Married Couples

Evening of Reflection for Married Couples

4:00pm - 7:00pm, \$100 per couple

Retreat Masters: Nancy and Tom Hulsebosch

Give your marriage the loving attention it deserves by treating you and your spouse to a feast for body and soul. Come be fed with prayerful reflection, a scrumptious meal, and a soul nourishing Eucharist that includes renewing your wedding vows. Come to the quiet to tend the flame of your love!



February 21, 2022

Gratitude, Rest & Renewal for Educators

Day of Reflection for Men and Women

9:00am - 3:00pm, \$60; 9:00 begin registration/9:30 start

Retreat Master: Dr. Amy Cattapan

Veteran classroom teacher Dr. Amy Cattapan shares the tricks and tips she's learned for making it through those class sessions when it seems like June will never come. Fr. Michael Sparough, SJ and Mary McKeon who will also lead educators through guided meditation and Ignatian prayer exercises. Optional activities include the time to pray, rest and enjoy the serenity of the house and grounds. Registration includes a complimentary journal and pen.



February 25-27, 2022

How Can God Use a Sinner Like Me?

Ignatian, Silent Weekend Retreat for Men

Retreat Master: Fr. Mitch Pacwa, SJ

Why isn't the Church filled with saints? We will reflect on Jesus' mission to sinners and the way He transforms them step by step, beginning with the apostles and continuing into the present time. The goal will be to see ourselves in the lives of the first disciples.

Lent/Spring Retreats & Programs



March 2, 2022

***What a Friend We Have in Jesus: Getting to Know Jesus
On Our Lenten Journey***

Ash Wednesday Day of Reflection for Men & Women

9:00am - 3:00pm, \$60

Retreat Master: Fr. Doug Leonhardt, SJ

We will look at Jesus in the desert as an example for our Lenten journey. Then we will look at the way Jesus quenches our deepest thirst, opens our inner eyes to His presence, and unbinds us and sets us free.



March 3-6, 2022

Discerning Your Decisions in the Ignatian Tradition

Ignatian, Silent Extended Weekend Retreat for Men & Women

Retreat Masters: Fr. Michael Sparough, SJ and Fr. Bernie Owens, SJ

Drawing on insights from their writings and teachings, Fr. Michael and Fr. Bernie will present an "Ignatian tool kit" for discernment and decision-making, leading a series of prayer exercises designed to help us listen to God.



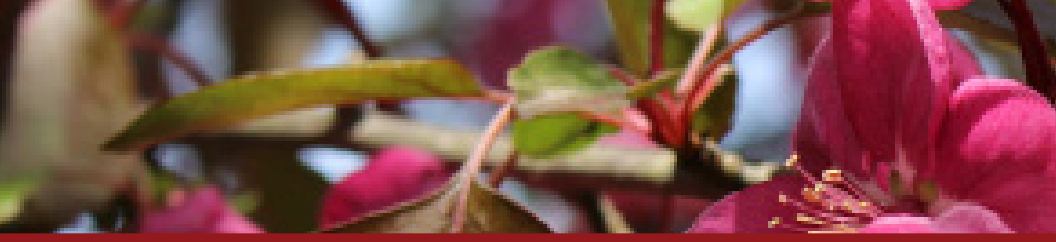
March 11-13, 2022

Stage 2 Recovery: Living the Steps

Ignatian, Retreat for Friends of Bill W and Their Loved Ones

Sr. Linda Fischer, ASC

Stage 1 Recovery is abstinence from the alcohol or drugs that were ruining our lives. Stage 2 Recovery happens when we want more from ourselves and our recovery than just abstinence. This retreat will talk about how we go from "Working the Steps" to "Living the Steps."



March 18-20, 2022

Using the Steps to Thrive in our Post-Pandemic World

Ignatian, Silent 12-Step Retreat for Men
Retreat Master: Fr. Tim Meier, SJ

We will consider our new reality (post-Pandemic) by means of the 12 Steps (and maybe a few Traditions) because Bill Wilson tells us that if we apply Steps in other areas of our lives, we can expect analogous spiritual awakenings -- even in the new reality we are now living.



March 20, 2022

Veterans' "Coming Home" Retreat

Day of Reflection for Men & Women

8:00am - 6:30pm, Free

Retreat Masters: Fr. Michael Sparough, SJ & Team of Veterans

All veterans and their adult family members are welcome for reflection on the transitions to and from military life. You'll spend a day with others who understand what you've experienced.



March 25-27, 2022

You Too Are Christ!

Ignatian, Silent Weekend Retreat for Men

Retreat Master: Fr. David Meconi, SJ

The only goal of the Christian life is to follow the Lord's pattern, as He became human, we are to become "divine." This means that at baptism we received all we needed to become more and more the children of God and through the Eucharist, our own prayer and regular retreats, we further that identity as sons and daughters of God, thus sharing in Jesus' own life before the Father as well as before Mary our Mother in the order of grace.



March 29, 2022

Together with Jesus in His Journey of Salvation

Lenten Day of Reflection for Men & Women

9:00am - 3:00pm, \$60

Retreat Master: Sr. Wendy Cotter, CSJ

As we approach Passion Sunday and the Holy Triduum, please join us for this day of prayer, when guided by St. Luke's gospel, we will accompany Jesus in His passion, death and resurrection, His salvific gift of life, and His world-embracing message of love, peace, and unity.



April 1-3, 2022

The Joy of Love: Praying with Pope Francis' Teaching on Marriage

Ignatian, Semi-Silent Weekend Retreat for Married Couples
Retreat Masters: Fr. Michael Sparough, SJ and Mary McKeon

The Holy Father has given many inspiring and practical suggestions for couples to grow together in love and holiness. Fr Michael and Mary will explore his thoughts with inspiring reflections, heart touching dramatizations and soul stirring music. This retreat also provides plenty of time for you and your spouse to come together and talk about what's most important in your marriage. Come to deepen the joy of your love in your marriage!



April 8-10, 2022 - Palm Sunday

You Will Do Greater Things Than These!

Ignatian, Silent Weekend Retreat for Men
Retreat Master: Fr. Keith Muccino, SJ

We forget in our daily lives the power we have been given in the Holy Spirit - not just to be good individuals, but to heal and transform the people, communities and the world around us. This retreat will help to harness the gifts and energy of the Spirit waiting to work through us.



April 11-14, 2022

Silent Private Retreats

1:00pm Monday to 3:00pm Thursday
\$150 one night; \$125 per night for multiple nights
Retreat Masters: Ministry Team

Come to enjoy the quiet of Bellarmine before the Holy Tridum retreat either as a part of an extended retreat, or as a separate private retreat. Spiritual Direction is available upon request. Otherwise, enjoy the time to pray, rest and enjoy the serenity of the house and grounds.



April 12, 2022

The Way of the Cross through Mary's Eyes

Lenten Evening of Reflection for Women
6:00pm - 9:00pm, \$45
Retreat Master: Mary McKeon

Come join us this Tuesday of Holy Week to walk the Way of the Cross alongside Mary, the Mother of God, who remained compassionate and faithful to God even at the foot of the cross. The evening includes a simple Lenten dinner, reflection and Stations of the Cross.



April 14-16, 2022 - Holy Week

Living the Paschal Mystery

Ignatian, Silent Holy Week Retreat for Men & Women
Retreat Master: Fr. Peter Bernardi, SJ

St. Paul testifies: “[I want] to know Christ and the power of His resurrection and the sharing of His sufferings by being conformed to His death, if somehow I may attain the resurrection from the dead.” (Philippians 3:10-11). This triduum retreat is an opportunity to deepen our saving relationship with Christ, Crucified and Risen, in whom we place our hope.



April 21, 2022

Music & Prayer with a Duet of the St. Louis Jesuits

Evening of Reflection for Men & Women

6:00pm - 9:00pm, \$45

Retreat Masters: Fr. Roc O’Connor, SJ and Fr. Bob Dufford, SJ

Join Fr. Roc O’Connor, SJ and Fr. Bob Dufford, SJ in a joyful evening of song and praise.



April 22-24, 2022

Stay With Us: Engage the Joy and Peace of Christ

Ignatian, Silent Weekend Retreat for Men & Women

Retreat Masters: Fr. Bob Dufford, SJ & Maureen Martin, MDiv, LCPC

How do we live into the grace of the Easter season? We are reminded of the experience of the disciples who fleetingly encountered the risen Jesus, finding hope in times of fear and discovering the extraordinary in the midst of their ordinary lives. Through Scripture and music, plus time for reflection and prayer, we will engage the joy and peace of the risen Christ.



April 29 - May 1, 2022

Contemporary Women of Faith: Exploring Being a Contemplative in Action

Ignatian, Silent Weekend Retreat for Women

Retreat Master: Mary McKeon

Jesus said “Seeing they see not, and hearing they hear not” (Mt 13:13). What might we be missing in the stressful and busy pace of our lives today? What message might Jesus have to offer to women of our time? Come join other women of faith as we explore the stories of women in Scripture and contemporary women who encounter the living Jesus. The Spiritual Exercises of St. Ignatius bid us to “come and see.”



May 22, 2022

Veterans' "Coming Home" Retreat

Day of Reflection for Men & Women

8:00am - 6:30pm, Free

Retreat Masters: Fr. Michael Sparough, SJ & Team of Veterans

All veterans and their adult family members are welcome for reflection on the transitions to and from military life. You'll spend a day with others who understand what you've experienced.



June 8, 2022

Care for the Caregiver: Come Away and Rest Awhile

Day of Reflection for Men & Women

9:00am - 3:00pm, \$60

Retreat Master: Mary McKeon

If you are in the personal, professional, or ministerial role of caregiving, we offer this day just for you. Come away to the quiet to be refreshed, renewed, and enriched.



June 11, 2022

Nuestra Historia de Salvación

Day of Reflection in Spanish

9:00am - 3:00pm, Free

Retreat Master: Fr. Nestor Sanchez

La influencia del pecado en nuestra vida y como la Palabra y gracia de Dios nos ayuda a vencerlo.



June 20, 2022

Walking with God in Creation

Day of Reflection for Men & Women

9:00am - 3:00pm, \$60

Retreat Master: Fr. James Strzok, SJ

"Ever since God created the world, His invisible qualities, both His eternal power and His divine nature have been clearly seen; they are perceived in the things that God has made." - Romans 1:20.

Creation itself is the first bible. Walking with God in Creation will be a day of exploring creation in our own backyard while contemplating some amazing scientific discoveries that challenge and deepen our faith and understanding of our creator.

June - July 2022



June and July, 2022
Individually Directed Retreats

Individually Directed Retreats
Retreat Masters: Team of Spiritual Directors

Come to the quiet of Bellarmine and take some time for yourself to get away from the distractions of life so you can read, write, catch up on sleep and pray. Spiritual Direction is available if scheduled at the time of registration. Otherwise, the time is yours to pray and enjoy the serenity of the house and grounds. You may register for either a five or eight day retreat.

Friday, June 24 - Saturday, July 1, 2022

Friday, July 15 - Saturday, July 23, 2022

Bellarmino Ministry Team

Our ministry team is here to guide you through any questions or issues that may arise during your retreat. They are available for personal consultation to help you discern the way God works in your daily life.



Meet the 2021-2022 Retreat Masters

Carol Atwell Ackels



- Director of the Ignatian Spirituality Institute (TX)
- Served six years on the province Commission on Ministry
- Holds a JD from SMU Dedman School of Law

Sr. Wendy Cotter, CSJ



- Sister of St. Joseph from London, Ontario, Canada
- Professor Emerita at Loyola University
- Publisher of *The Miracles in Greco Roman Antiquity* (1999), and *The Christ of the Miracle Stories: Portrait Through Encounter* (2010)

Fr. Peter Bernardi, SJ



- Theologian in residence at the Lumen Christi Institute
- Previous professor at Loyola University of New Orleans and Loyola University of Chicago

Fr. Bob Dufford, SJ



- Composer of liturgical music
- Offers retreats and spiritual direction at the Jesuit Retreat House (Oshkosh, WI) and at Creighton University Retreat Center (Griswold, IA)

Dr. Amy Cattapan



- Middle school English teacher, speaker, and author who has written or contributed to several books, including *Chicken Soup for the Soul: From Lemons to Lemonade* and the award-winning *Angelhood and Seven Riddles to Nowhere*.

Fr. Patrick A Fairbanks, SJ



- Serves as superior of the Jesuit community in Chicago and Chaplain at St. Ignatius College Prep
- Previous Director of Vocations for the Chicago Jesuits and Rector of the Jesuit Community at St. Ignatius College Prep

Dr. Avis Clendenen



- Coordinator for Liturgical and Spiritual Ministries at Mercy Circle in Chicago
- Professor emerita of religious studies at Saint Xavier University

Sr. Linda Fischer, ASC



- Sister of the Adorers of the Blood of Christ from Columbia, PA
- 12-Step Retreat Ministry as a recovering alcoholic for the past 31 years
- Former teacher

Fr. Dan Hartnett, SJ



- Spiritual director, instructor and associate pastor at St. Ignatius Parish in Rogers Park
- Former pastor at Xavier University in Cincinnati

Fr. Matt Linn, SJ



- Trains spiritual directors at Sacred Ground in Minneapolis, MN
- Serves on editorial board of Presence: An International Journal of Spiritual Direction

Fr. Brad Held, SJ



- Serves as Pastor of Holy Rosary Mission, which encompasses the nine Catholic Churches on the Pine Ridge Reservation in SD
- Ordained to the priesthood in June 2017

Fr. Paul Macke, SJ



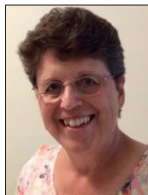
- Jesuit Mission Coordinator at the Jesuit Spiritual Center in Milford, OH
- Former Executive Director of Bellarmine Jesuit Retreat House

Fr. Al Johnson



- Episcopal Priest
- Served as Rector of St. Michael's Episcopal Church in Barrington
- Volunteer chaplain for Barrington Countryside Fire District

Maureen M. Martin, MDiv, LCPC



- Counselor, writer, public speaker, spiritual director
- Previously worked as hospice chaplain, pediatrician and pediatric nurse

Fr. Doug Leonhardt, SJ



- Alumni Chaplain and works in Adult Ministry at Marquette High
- Former Principal & President of Marquette University High School in Milwaukee, WI

Mary McKeon



- Bellarmine ministry team member and spiritual director
- Former Director of Women's Ministry at Manresa Jesuit Retreat House in Michigan

Meet the 2021-2022 Retreat Masters

Fr. David Meconi, SJ



- Professor of Patristics and Director of Catholic Studies Centre at St. Louis University
- Editor of Homiletic and Pastoral Review
- Author on early Church history

Elizabeth Neubauer



- Retreat leader and spiritual director in the Midwest
- Leads groups on 12 Step spirituality and self-compassion

Fr. Tim Meier, SJ



- Previous Chaplain in the California National Guard
- Previous Undergraduate Research Coordinator and Director of the Honors Program in Biology at Stanford University
- Clean and sober since September, 1979

Fr. Roc O'Connor, SJ



- Full time composer and writer
- Published his collection of eight new songs, *All Shall Be Well: The Hand of God* (June, 2020)

Fr. Keith Muccino, SJ



- Associate Director of Pre-Health Professions Advising at the College of the Holy Cross
- Previous practicing physician, medical educator and administrator

Fr. Bernie Owens, SJ



- Writer and publisher of *More Than You Could Ever Imagine: On Our Becoming Divine*
- A member of the ministry team at St. John's Jesuit High School and Academy in Toledo

Fr. Paul Mueller, SJ



- Vice Director and research team member of Vatican Observatory
- Holds a PhD in History and Philosophy of Science from the University of Chicago

Fr. Mitch Pacwa, SJ



- President and founder of Ignatius Productions
- EWTN host of television and radio shows
- Holds a PhD in the Old Testament from Vanderbilt University

Carol Pankros



- Spiritual director with the Holy Family Spiritual Direction ministry
- Completed a 3-year Internship in Ignatian Spiritual Direction at Bellarmine Jesuit Retreat House

Barbara Ritson



- Presently in the 4-year Scripture Program at Loyola's Institute of Pastoral Studies
- Completed a 3-year Internship in Ignatian Spiritual Direction at Bellarmine Jesuit Retreat House

Michael Pederson, SJ



- Studying social philosophy and environmental science & sustainability at Loyola University Chicago
- Previous landscape laborer, high-school biology and psychology teacher, soccer coach, and 5th grade teacher

Fr. Nestor Sanchez



- Trained for the priesthood in the religious community of Missionaries Servers of the Word
- Ordained in 2019 in the Diocese of Joliet

Fr. Joshua Peters, SJ



- Director of Mission and Identity at Christ the King Jesuit College Prep on Chicago's West Side
- Serves on the leadership team for the Jesuit Anti-racism Sodality (JARS) of the Midwest Jesuit Province

Holly Schapker



- Teaches Beginning, Advanced, and Thesis Painting at Xavier University
- Graduate of Xavier University's Art Department

Fr. Jeff Putthoff, SJ



- National speaker on trauma-informed care, youth formation, Ignatian spirituality and leadership
- Previous high school teacher, associate pastor, executive director and educational consultant

Fr. David Shields, SJ



- Director of Spiritual Programs at Casa Romero Renewal Center
- Previously served Oglala Sioux on Pine Ridge Reservation in South Dakota

Meet the 2021-2022 Retreat Masters

Fr. Michael Sparough, SJ



- Bellarmine ministry team member
- Prolific writer/speaker on prayer & sacraments
- Founded Charis Ministries for young adults
- Holds an MFA from Yale School of Drama

Eric Styles



- Lay rector of Carroll Hall at the University of Notre Dame
- Published in *America*, *Church Life Journal*, *Liturgy Training Publications*, and *U.S. Catholic*
- Previous Jesuit scholastic

Fr. Jayme Stayer, SJ



- Associate Professor of English at Loyola University Chicago
- Author of numerous articles and books on modernist literature
- Award-winning editor of *Eliot's Complete Prose, Volume 5*

Matthew Zurcher, SJ



- Studying social philosophy at Loyola University Chicago
- Previous halfway-house supervisor, high-school English teacher, choral conductor, and prison chaplain

Fr. James Strzok, SJ



- Bellarmine ministry team member
- Spent 13 years working with Sioux Indians in South Dakota
- 33-year ministry in East Africa where he helped train religious and lay leaders to give the Spiritual Exercises at Mwangaza Retreat Center

	DATE		RETREAT MASTER	PAGE
MEN'S WEEKEND RETREATS	Sep 10-12	Men's Weekend Retreat	Fr. Paul Macke, SJ	8
	Sep 17-19	Men's Weekend Retreat	Fr. Doug Leonhardt, SJ	8
	Sep 24-26	Men's Weekend Retreat	Fr. Matt Linn, SJ	8
	Oct 1-3	Men's Weekend Retreat	Fr. Jeff Putthoff, SJ	9
	Oct 8-10	Men's Weekend Retreat	Fr. Michael Sparough, SJ Fr. Bernie Owens, SJ	9
	Dec 3-5	Men's Weekend Advent Retreat	Fr. Paul Mueller, SJ	13
	Jan 7-9	Men's Weekend Retreat	Fr. Brad Held, SJ	14
	Jan 14-16	Men's Weekend Retreat	Fr. Patrick Fairbanks, SJ	14
	Jan 21-23	Men's Weekend Retreat	Fr. Michael Sparough, SJ	15
	Jan 28-30	Men's Weekend Retreat	Fr. Dan Hartnett, SJ	15
	Feb 11-13	Men's Weekend Retreat	Fr. Jayme Stayer, SJ	15
	Feb 25-27	Men's Weekend Retreat	Fr. Mitch Pacwa, SJ	16
	Mar 18-20	Men's Weekend Lenten Retreat	Fr. Tim Meier, SJ	18
	Mar 25-27	Men's Weekend Lenten Retreat	Fr. David Meconi, SJ	18
	Apr 8-10	Men's Weekend Palm Sunday Retreat	Fr. Keith Muccino, SJ	19
12-STEP RECOVERY RETREATS	Oct 29-31	Men's Bill W 12-Step Recovery	Elizabeth Neubauer	11
	Nov 5-7	Women's Bill W 12-Step Recovery	Elizabeth Neubauer	11
	Nov 12-14	Men's Bill W 12-Step Recovery	Sr. Linda Fischer, ASC	11
	Dec 10-12	Men's Bill W 12-Step Recovery	Fr. Al Johnson	13
	Mar 11-13	Men & Women's Friends of Bill W & Their Loved Ones Retreat	Sr. Linda Fischer, ASC	17
	Mar 18-20	Men's Bill W 12-Step Recovery	Fr. Tim Meier, SJ	18
WOMEN'S RETREATS	Oct 5-7	Women's Midweek Retreat	Carol Ackels	9
	Oct 22-24	Women's Weekend Retreat	Fr. David Shields, SJ	10
	Feb 4-6	Women's Weekend Retreat	Fr. Jeff Putthoff, SJ	15
	Apr 29-May 1	Women's Weekend Retreat	Mary McKeon	20

WOMEN'S TUESDAY PRAYER GROUP

10

Oct 12-Nov 9
(Five weeks)

Weekly Women's Ignatian
Prayer Group

Barbara Ritson &
Carol Pankros

Retreat Season at a Glance

DATE		RETREAT MASTER	PAGE	
Oct 16-17	Semi-Silent Young Adult Retreat for 20s & 30s	Fr. Michael Sparough, SJ & Elizabeth Neubauer	10	WEEKEND RETREATS FOR MEN & WOMEN
Nov 20-21	Semi-Silent Young Adult Retreat for 20s & 30s	Michael Pederson, SJ & Matthew Zurcher, SJ	12	
Mar 3-6	Men & Women's Extended Retreat Starts Thursday Night	Fr. Michael Sparough, SJ & Fr. Bernie Owens, SJ	17	
Apr 1-3	Married Couples' Weekend Retreat	Fr. Michael Sparough, SJ & Mary McKeon	19	
Apr 14-16	Men & Women's Holy Week Retreat	Fr. Peter Bernardi, SJ	20	
Apr 22-24	Men & Women's Weekend Retreat	Fr. Bob Dufford, SJ & Maureen Martin, MDiv, LCPC	20	
Sep 27	Be Not Afraid; Day	Fr. Matt Linn, SJ	8	DAYS / EVENINGS OF REFLECTION
Oct 11	Discerning Your Decision; Day	Fr. Michael Sparough, SJ	9	
Oct 24	Veteran's Coming Home Retreat	Veterans Team	10	
Nov 3	Transforming Grief; Day	Dr. Avis Clendenen	11	
Nov 22	Begin with Gratitude; Day	Fr. James Strzok, SJ & Mary McKeon	12	
Dec 8	Advent Reflection; Day	Holly Schapker	13	
Dec 16	Advent Reflection; Day	Fr. Michael Sparough, SJ & Mary McKeon	14	
Jan 17	Journeying Together; Day	Fr. Michael Sparough, SJ, Joshua Peters, SJ & Eric Styles	14	
Feb 13	Married Couples Reflection; Evening	Nancy & Tom Hulsebosch	16	
Feb 21	Rest & Renewal for Educators; Day	Dr. Amy Cattapan	16	
Mar 2	Ash Wednesday Reflection; Day	Fr. Doug Leonhardt, SJ	17	
Mar 20	Veteran's Coming Home Retreat	Veterans Team	18	
Mar 29	Lenten Day Together with Jesus; Day	Sr. Wendy Cotter, CSJ	18	
Apr 12	The Way of the Cross; Evening	Mary McKeon	19	
Apr 21	Music & Prayer with the St. Louis Jesuits; Evening	Fr. Roc O'Connor, SJ & Fr. Bob Dufford, SJ	20	
May 22	Veteran's Coming Home Retreat	Veterans Team	21	
Jun 8	Care for the Caregiver; Day	Mary McKeon	21	
Jun 11	Reflection in Spanish; Day	Fr. Nestor Sanchez	21	
June 20	Walking in Nature with God; Day	Fr. James Strzok, SJ	21	

Are you encouraging a friend to come to Bellarmine for the first time?

Retreatants often want to invite a friend or family member to come on a retreat. Below are some points that may help when extending an invitation to a retreat:

- Retreatants do not have to be Catholic. The retreat house is here to help people wherever they are on their spiritual journey, including at the start.
- All components of the retreat are optional. Retreatants can sleep in, go for a long walk and skip part of the schedule. We do ask retreatants to arrive on time and to respect the quiet.
- Some retreatants simply come to catch up on rest. God can sometimes work best in our dreams.

Below are some common quotes from retreatants as they leave Bellarmine that may help encourage your friends or family members to attend a retreat. Each speaks to some of the graces received while on retreat:

- *“I leave feeling rested, grateful, and healed.”*
- *“I am now a much kinder, gentler, more patient, and hopeful person.”*
- *“The retreat helped me discover what I am doing to block God’s grace in my life.”*

Sometimes silence can be challenging or difficult to embrace. But if we are able to enter into the silence, God will meet us there. Perhaps the words from St. Teresa of Calcutta on the following page may offer some encouragement.

If you feel called to help invite more people to come on a retreat at Bellarmine, consider becoming a retreat Captain. You can learn more on our website: jesuitretreat.org/pages/captains.



We cannot find God in noise and agitation. Nature: trees, flowers, and grass grow in silence. The stars, the moon, and the sun move in silence. What is essential is not what we say but what God tells us and what He tells others through us. In silence He listens to us; in silence, He speaks to our souls. In silence, we are granted the privilege of listening to His voice.

Silence of our eyes.

Silence of our ears.

Silence of our mouths.

Silence of our minds.

...in the silence of the heart

God will speak.

Silence of the heart is necessary so you can hear God everywhere - in the closing of the door, in the person who needs you, in the birds that sing, in the flowers, in the animals. If we are careful of silence it will be easy to pray.

~ St. Teresa of Calcutta



BELLARMINE

Jesuit Retreat House

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Barrington, IL 60010
JesuitRetreat.org
847-381-1261

Ignatian Spirituality for Adults & Youth ✕ Silence ✕ Service to the Poor
Prayer ✕ Hospitality ✕ Sacred Spaces