

## ENDORSEMENTS

I can think of no better investment of time than to improve one's capacity to assist people in discerning God's call. The internship offered a fine balance of wise expertise and practical application. I always looked forward to our sessions and will surely rely on the experience for the rest of my days.

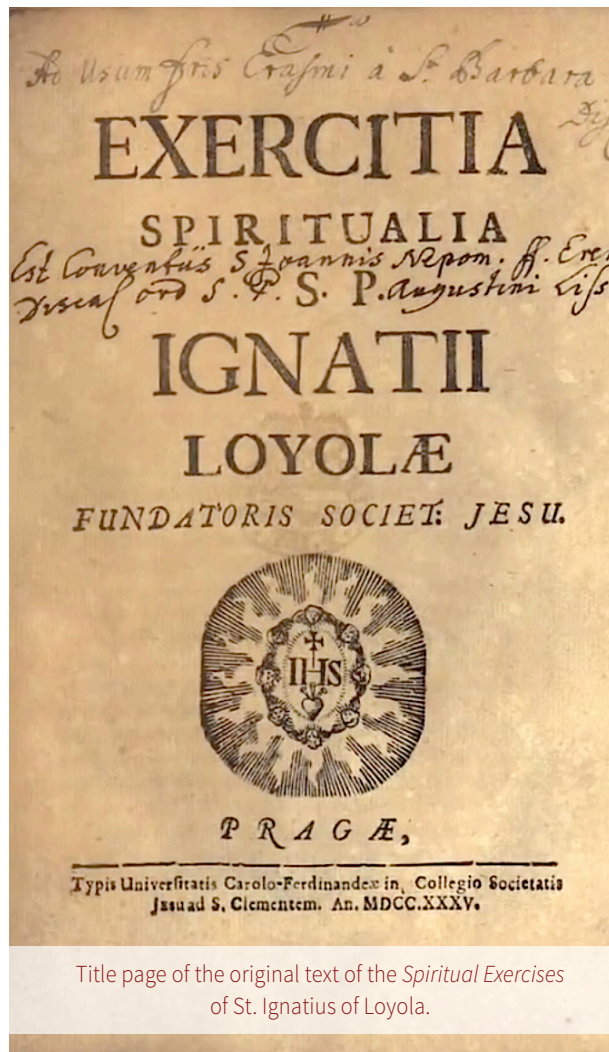
- Michael C.

The depth and wisdom of the teachings in such a comfortable atmosphere could be made possible only through the years of dedication to God by the leaders of this team. The internship program is truly a transformative experience.

- Sue C.

There were many graces received from the internship program: improved listening and communication skills, an in-depth knowledge of the internal dynamics of the *Spiritual Exercises* that brought me closer to God, and the insights from praying with others in the group.

- Tim R.



Title page of the original text of the *Spiritual Exercises* of St. Ignatius of Loyola.



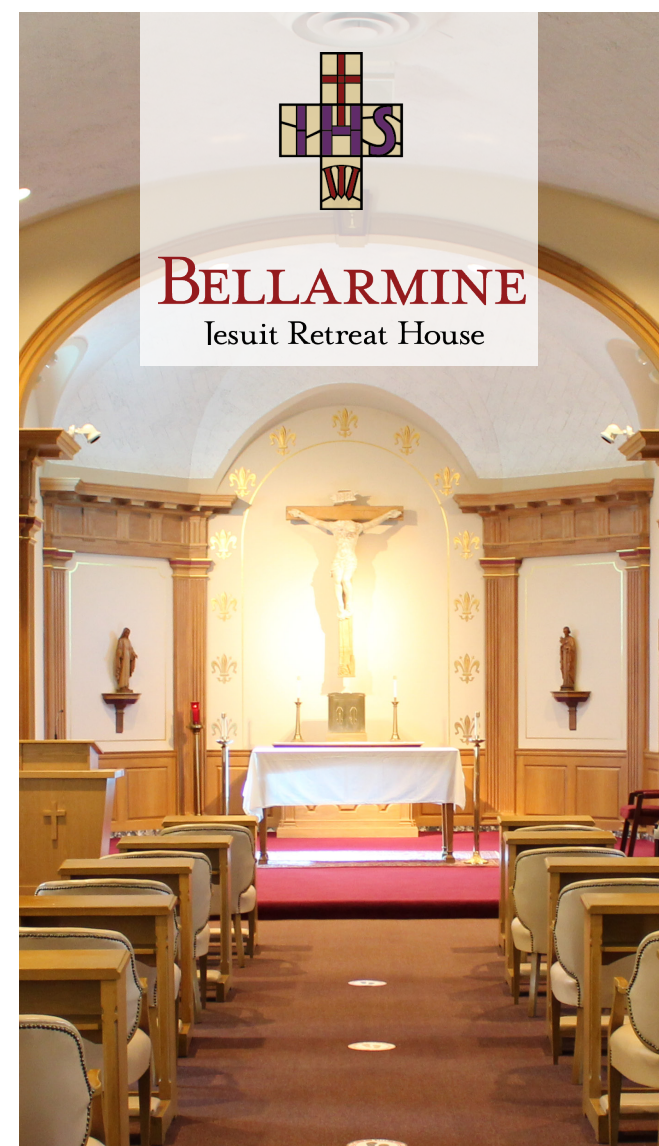
## BELLARMINE

Jesuit Retreat House

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[www.JesuitRetreat.org](http://www.JesuitRetreat.org)



## BELLARMINE

Jesuit Retreat House

## Spiritual Direction Internship Program

An 18-Month Training Program  
in the Ignatian Tradition

## THE BELLARMI PROGRAM

Our three-semester program focuses on the dynamics of the spiritual direction conversation in the tradition of St. Ignatius Loyola's *Spiritual Exercises*. A spiritual director in training will learn how to help a person listen contemplatively to God's movement in his or her life.

We will present the foundational principles in Ignatian Spirituality and Christian decision-making. Theory and practice will combine to develop skills in fostering intimacy with God and discernment of God's presence and action, both in your life and in the lives of those whom you assist.



## MEET THE DIRECTORS



Lynn Sprehe is a spiritual director trained in the Ignatian Tradition. She has graduate degrees in Pastoral Studies and Clinical Psychology. She is married and the mother of three sons.



Fr. Mark Henninger, SJ, PhD. has taught philosophy in several Jesuit universities in the States and abroad. He has taught Spiritual Direction at Loyola University, Chicago.



Nancy Hulsebosch is a spiritual director trained in the Ignatian Tradition. She leads programs in Ignatian spirituality at her parish and is married with adult children.

## SCHEDULE

### SEMESTER 1 - JANUARY-MAY 2022

Classes will meet twice per month and will focus on teaching the theory of spiritual direction, as well as interactive training in listening and responding skills. Participants will begin a Spiritual Direction Practicum with individual and group supervision.

Tuition - \$1,000



### SEMESTER 2 - SEPTEMBER-DECEMBER 2022

Classes will meet twice per month and will focus on a thorough study of the text and dynamics of the *Spiritual Exercises* of St. Ignatius Loyola. Participants will be asked to pray the *Spiritual Exercises* and to continue the Spiritual Direction Practicum with individual and group supervision.

Tuition - \$1,000



### SEMESTER 3 - JANUARY-MAY 2023

Classes will meet twice per month, and will highlight further theory and practice of St. Ignatius' discernment of spirits in relation to specific issues in spiritual direction, e.g. aspects of women's spirituality, experiences of mourning and suffering, advanced degrees of prayer. Individual and group supervision will be provided.

Tuition - \$1,000



## APPLICATION PROCESS

Application forms may be downloaded by visiting [www.jesuitretreat.org/pages/internship](http://www.jesuitretreat.org/pages/internship) or by calling the Bellarmine office at 847-381-1261.

Send your completed application form to the attention of Lynn Sprehe to **420 W County Line Rd, Barrington, IL 60010** or email it to [info@jesuitretreat.org](mailto:info@jesuitretreat.org). Applications must be accompanied by a \$50 application fee. All applications must be post-marked by October 1 to be accepted. Please make checks payable to Bellarmine Jesuit Retreat House, Inc.

After applications have been reviewed, candidates will be contacted to schedule an interview. Classes will begin on January 10, 2022.

