



**BELLARMINE**  
Jesuit Retreat House

420 W COUNTY LINE RD  
BARRINGTON, IL 60010  
847-381-1261  
JESUITRETREAT.ORG



**Ignatian Spirituality and Yoga**

**May 5-7, 2023**

Ignatian, Silent Weekend Retreat for Adults

Retreat Master: Fr. Bobby Karle, SJ

This retreat includes gentle movement, group prayer, silent personal reflection, small group sharing, and spiritual direction. We will explore the four Universal Apostolic Preferences of the Society of Jesus through the lens of both the Christian and Yoga traditions. Relax, and connect with God, nature, self, and others. No prior experience with Ignatian spirituality or yoga is required.

**Meet Fr. Bobby Karle, SJ**



Fr. Bobby Karle, SJ is the Jesuit co-founder of Ignatian Yoga. He is trained in Eastern and Western spiritual practices, and he uses the body and breath to realize Christ's presence.



To register, visit us online at [JesuitRetreat.org](http://JesuitRetreat.org), call the office, or complete this form and mail it to the address above accompanied by your **\$100 deposit**. If you are interested in *Flexible Funding*, please call the office at 847-381-1261.

I am registering for the following retreat: May 5-7, 2023 Ignatian, Silent Weekend Retreat for Adults.

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City/State/Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Dietary Requests: \_\_\_\_\_  
 Room Requests: \_\_\_\_\_  
 Captain/Group Name (if applicable): \_\_\_\_\_

Enclosed is my check payable to:  
*Bellarmino Jesuit Retreat House, Inc. (Checks are preferred)*

Please charge my credit card: \$ \_\_\_\_\_  
 Credit Card Type, if applicable: Visa Amex MC Discover  
 Card #: \_\_\_\_\_  
 Expiration date: \_\_\_\_\_  
 Signature: \_\_\_\_\_

**Suggested Weekend Retreat Contribution:**  
**\$330 per person (\$100 deposit)**