Individually Directed Retreats | Spiritual Directors | Summer 2023



Patricia Ballard is a Benedictine Oblate of St. Scholastica Monastery in Chicago. She completed her Internship in Spiritual Direction at Bellarmine. She has been teaching young children for many years and has served as a high school teacher, college campus minister, DRE, retreat leader, and speaker on the Spiritual Life of Children. Patty holds a BA and an MA in Religious Studies from Mundelein College and an MA in Reading/Literacy from Northeastern Illinois University. She has studied at Loyola University, the Catholic Theological Union, and the former Institute for Spiritual Leadership. Patty has three grown children and is the grandmother of twin babies.

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(Dubuque, Iowa). She served as the Retreat and Communications Coordinator for Bellarmine Jesuit Retreat House for six years and completed Ignatian Spiritual Direction Training there. She has a passion for helping others find God in all things through spiritual direction and retreat ministry, writing, and editing. Her most recent writings may be found at www.coraevans.com/blog/author/IO2. Originally from Des Moines, Iowa, Rachel now lives with her husband and young daughter and son in Palatine, IL. **Directing: July 14-July 22, 2023**

Fr. James Gschwend, SJ, PhD is a member of Bellarmine's resident staff. His background includes administrative positions in Jesuit high schools, working at Community Mental Health in San Francisco, and serving as Director of Spirituality in the sabbatical program at the School of Applied Theology in Oakland and Berkeley. In Berkeley he also served as Assistant Rector for the Jesuit School of Theology. Following a fellowship year on the clinical staff at the Southdown Institute in Canada, Fr. Gschwend served the Chicago Jesuit Provincial as assistant for personnel, assisting men with healthcare needs and transitions in ministry.

Fr. Mark Henninger, SJ is a Chaplain at Loyola University Hospital in Maywood, IL and a Campus Minister for the medical and nursing schools. His training in spiritual direction includes an internship at Loyola University's Institute of Pastoral Studies. For many years he was a professor of medieval philosophy, most recently at Georgetown University in Washington DC, but with prior positions at Loyola University in Chicago, University of Detroit Mercy, the Gregorian University in Rome, and Arrupe College in Zimbabwe.

Rachel Forton holds a Bachelor of Arts degree in Public Relations and Religious Studies from Loras College









Nancy Hulsebosch is a Spiritual Director grounded in the principles of Ignatian Spirituality, having completed a three-year spiritual direction internship at Bellarmine. Nancy's roots in the Jesuit tradition trace back to Marquette University, where she earned her undergraduate degree in 1986. She later received a Master's degree from National-Louis University. In addition to providing spiritual direction and leading individuals in the Spiritual Exercises, Nancy is active in various ministries in her parish, particularly Scripture study. Nancy is married and the mother of four children. Directing: June 23-July 1, 2023

Fr. Rick McGurn, SJ is a member of Bellarmine's resident staff. He has been an associate pastor at Jesuit parishes in Chicago and Cincinnati, and has directed the training program for Spiritual Directors at the Jesuit Retreat House in Cincinnati. Fr. McGurn has been the Socius – Executive Assistant – to the Provincial of the Chicago Province Jesuits, as well as the Provincial's Assistant for Formation where he oversaw the studies of men preparing for ordination and ministry. Just prior to coming to Bellarmine, he was superior of the Jesuit community at Loyola Academy, the Jesuit high school in Wilmette, IL.

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Kay Metres initially learned to be a spiritual director in the 80's at The Institute for Spiritual Companionship. After finishing a pastoral studies degree at Loyola, she worked as a chaplain at Lutheran General Hospital. In 1995 she finished a doctorate in clinical psychology at The Chicago School of Professional Psychology and has been a licensed therapist since then. Most recently, Kay completed an updated and expanded internship in spiritual direction here at Bellarmine. In 2017 Kay published a memoir about her experience with breast cancer: "After the Fear Come the Gifts." She and her husband Phil have 2 sons and a daughter and 4 delightful granddaughters. **Directing: June 23-July 1, 2023**



Rev. Carol Ann Munro is an ordained minister in the United Church of Christ. She has served as a parish pastor, hospital chaplain, development officer, retreat leader and spiritual director. Primary areas of focus for her ministry have been 12-step spirituality, adult faith formation and biblical literacy. She is currently a volunteer with the Ignatian Spirituality Project, which provides spiritual companioning for people recovering from homelessness and addiction, and she serves as a spiritual resource for the Peace and Justice Ministry of St. Gertrude Roman Catholic Church in Chicago. **Directing: July 14-July 22, 2023**



Deacon Gerald Nora is a permanent deacon who provides spiritual direction at Bellarmine and Cardinal Stritch Retreat House. A graduate of Bellarmine's spiritual direction internship program, Jerry also ministers as a hospital chaplain and to the homeless. He has done substantial graduate work in biblical theology at Catholic Theological Union and holds graduate degrees from Georgetown and University of Chicago. A retired attorney, Jerry has been married for 42 years and has four children and eight grandchildren. **Directing:June 23-July I, 2023 and July 14-July 22, 2023**



Fr. Roc O'Connor, SJ is a member of the Ministry Team and Jesuit Community. He has served in a number of parishes around the country as well as in campus ministry settings. He taught Eucharist and Sacraments courses at Creighton University from 2000 to 2013. OCP published his collection of eight new songs, All Shall Be Well: The Hand of God in May 2020. Fr. Roc is one of the original members of the St. Louis Jesuits who composed many of the familiar hymns we sing at Mass.

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Tim Reuland completed Bellarmine's internship in spiritual direction in May 2021. He and his wife of 46 years, Kate, have 3 children and 4 grandchildren. He is a member and past chair of the Bellarmine Board of Directors, and a life member of the Board of Trustees of Marmion Academy in Aurora. Tim has a B.A. in philosophy from Loyola University of Chicago where he was introduced to Ignatian spirituality. He has a law degree from Northwestern University School of Law, and recently retired from a 48-year career as a trial lawyer. Tim currently accompanies both lay people and clergy in spiritual direction. **Directing: July 14-July 22, 2023**



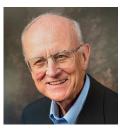
Barbara Ritson completed a 3-year Internship in Ignatian Spiritual Direction at Bellarmine Jesuit Retreat House. She is a retired Religious bookshop Manager at the (Benedictine) Buckfast Abbey Bookshop in Devon, England. She is presently in the 4-year Scripture Program at Loyola's Institute of Pastoral Studies. Barbara is an active member of St Patrick's Parish in St Charles where she is an Extraordinary Minister. She has many years' participation in Bible study, contemplative prayer groups and Ignatian guided retreats. **Directing: June 23-July 1, 2023 and July 14-July 22, 2023**



Fr. Michael Sparough, SJ is a member of Bellarmine's resident staff. He holds a Master of Fine Arts from the Yale School of Drama and a DMin from St. Mary of the Lake in Mundelein, IL. He is the founder of Charis Ministries, the Jesuit retreat ministry for outreach to young adults in their twenties and thirties, and has trained spiritual directors at Loyola University Chicago's Institute of Pastoral Studies. Fr. Michael has published on prayer and the sacraments. His latest book, What's Your Decision? is published by Loyola Press. **Directing: June 23-July 1, 2023 and July 14-July 22, 2023**



Lynn Sprehe is a Spiritual Director trained in the Ignatian tradition. She is a team member of Bellarmine's training program for Spiritual Directors. She enjoys giving the Spiritual Exercises to individuals and small groups, as well as offering workshops based on Ignatian Spirituality. Lynn HAS graduate degrees in Pastoral Studies and Clinical Psychology. She is married and the mother of three sons. Directing: June 23-July I, 2023 and July 14-July 22, 2023



Tom Sweetzer is the founder and current director of the Parish Evaluation Project. He works with pastors, staffs and lay leaders through the Parish Leadership Retreat experience of spiritual growth and outreach. His most recent book, published in May, 2019, is called "Can Francis Change the Church? How American Catholics Are Responding To His Leadership (Crossroad Publishing.) He is a Jesuit priest of the Upper Midwest Province. He is from Minneapolis, Minnesota, but he has spent 3I years in Chicago. He now resides at the Arrupe Jesuit Community in Milwaukee, Wisconsin. **Directing: July 14-July 22, 2023**