

We absolutely insist on enjoying life!



April 26-28, 2024

Ignatian, Silent 12-Step
Weekend Retreat
for Women

The 12 Steps provide for us a program for living. This weekend we'll move through these Steps, examining how each can apply to the many ways we are powerless each day. By applying the Steps to those situations, we can maximize our ability to enjoy life, thus facilitating us to become "happy, joyous, and free."



Retreat Leader: Fr. Tim Meier, SJ

- Previous Chaplain in the California National Guard
- Previous undergraduate Research Director of the Honors Program in Biology at Stanford University
- Clean and sober since September 1979



BELLARMINE
Jesuit Retreat House

To register for this retreat,
scan the QR Code with your camera
or visit

jesuitretreat.org/retreats/april-26-28-2024



420 W County Line Rd | Barrington, IL 60010 | 847-381-1261 | JesuitRetreat.org

The Bellarmine Retreat Experience

What to Expect

The retreat includes thematic talks rooted in the *Spiritual Exercises* of St. Ignatius and the I2 Step Program. The retreat offers a unique quiet time away with optional opportunities for a I2 Step meeting, confession, Mass, consultation with a spiritual director, and group prayer. Retreats end after lunch.

- Bellarmine has two libraries, a resource center, two chapels, dining room, and many other places to relax.
- Located on 80 acres, with both woodlands and prairie grasses.
- Outdoor spaces include walking trails, prayer gardens, a gazebo, stations of the cross, as well as patios and outdoor chairs and benches.
- Each retreatant has their own bedroom.



Graces and Blessings of a Retreat

“Bellarmine retreats give me an opportunity to refresh my ever ongoing efforts to strengthen my faith and put it into practice.”

“I love the silence at Bellarmine. It opens up opportunities for ideas and insights I can get nowhere else.”

“The retreat helped reinforce the importance of finding quiet time and space for discernment and connecting more deeply with God.”

Join us on retreat!



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To view the 2023-24 Retreat Schedule,
scan the QR Code with your camera
or visit
jesuitretreat.org/retreat-schedules

