

Beyond the Basics: the Places and Spaces for Prayer



May 3-5, 2024

Ignatian, Silent Weekend Retreat for Women

Are you longing to learn to pray in new ways? If yes, join Fr Michael as he leads us in a variety of *Spiritual Exercises*. We'll be praying with the new and the familiar. Come ready to stretch your body, mind, and heart. Each session Fr. Michael will introduce us to a different prayer form and then lead us in knocking on the door of that place within us, and the space beyond us, where God dwells.



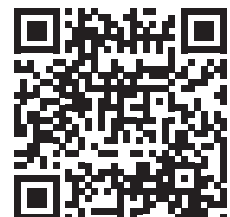
Retreat Leader: Fr. Michael Sparough, SJ

- Bellarmine Ministry Team member
- Prolific writer and speaker on prayer and sacraments
- Holds an MFA from the Yale School of Drama



BELLARMINE
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To register for this retreat,
scan the QR Code with your camera
or visit
jesuitretreat.org/retreats/may-3-5-2024



The Bellarmine Retreat Experience

What to Expect

This retreat includes several presentations, daily Mass, communal prayer, six delicious meals, a one-on-one conversation with a spiritual director, and many other opportunities to explore the retreat house and grounds. Come to the quiet to read, sleep, pray and reflect. All activities are optional.

- Bellarmine has two libraries, a resource center, two chapels, dining room, and many other places to relax.
- Located on 80 acres, with both woodlands and prairie grasses.
- Outdoor spaces include walking trails, prayer gardens, a gazebo, stations of the cross, as well as patios and outdoor chairs and benches.
- Each retreatant has their own bedroom.



Graces and Blessings of a Retreat

“The retreats help me focus on my faith and relationship with the Lord who is always next to me.”

“I love the silence at Bellarmine. Thank you for helping me carve out time to be quiet and listen to God.”

“The retreat helped reinforce the importance of finding quiet time and space for discernment and connecting more deeply with God.”

Join us on retreat!



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To view the 2023-24 Retreat Schedule,
scan the QR Code with your camera
or visit
jesuitretreat.org/retreat-schedules

