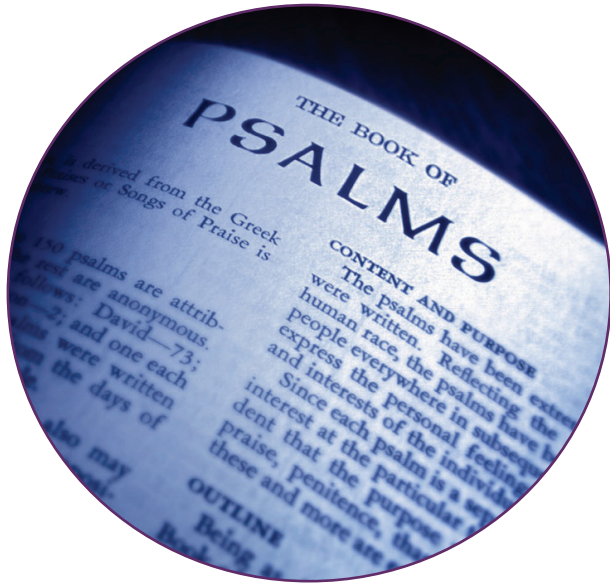


# Praying the Spiritual Exercises with the Psalms



February 29-  
March 3, 2024

4-Day Ignatian Silent  
Retreat for Adults



## Retreat Leader: Fr. Mitch Pacwa, SJ

- President and founder of Ignatius Productions
- EWTN television and radio host
- PhD in the Old Testament (Vanderbilt University)



**BELLARMINE**  
Jesuit Retreat House

To register for this retreat,  
scan the QR Code  
with your camera



420 W County Line Rd | Barrington, IL 60010 | 847-381-1261 | [JesuitRetreat.org](http://JesuitRetreat.org)

# The Bellarmine Retreat Experience

## *What to Expect*

This retreat starts Thursday night with check in between 4 and 6:30 pm, and ends Sunday with lunch and includes presentations, daily mass, 9 hot meals, the opportunity for one-on-one spiritual direction with a trained spiritual director, and many other opportunities to explore our 80 acres and almost 60k square feet of interior space. All activities are optional, but we do ask everyone to respect the quiet of the retreat house.

- Bellarmine has two libraries, a resource center, two chapels, dining room, and many other places to relax.
- Located on 80 acres, with both woodlands and prairie grasses.
- Outdoor spaces include walking trails, prayer gardens, a gazebo, stations of the cross, as well as patios and outdoor chairs and benches.



## *Graces and Blessings of a Retreat*

“Bellarmine retreats give me an opportunity to refresh my ever ongoing efforts to strengthen my faith and put it into practice.”

“I love the silence at Bellarmine. It opens up opportunities for ideas and insights I can get nowhere else.”

“The retreat helped reinforce the importance of finding quiet time and space for discernment and connecting more deeply with God.”



**BELLARMINE**  
Jesuit Retreat House

*Join us on retreat!*

To view the 2023-24 Retreat Schedule,  
scan the QR Code with your camera  
or visit  
[jesuitretreat.org/retreat-schedules](https://jesuitretreat.org/retreat-schedules)

