

ENDORSEMENTS

I can think of no better investment of time than to improve one's capacity to assist people in discerning God's call. The internship offered a fine balance of wise expertise and practical application. I always looked forward to our sessions and will surely rely on the experience for the rest of my days.

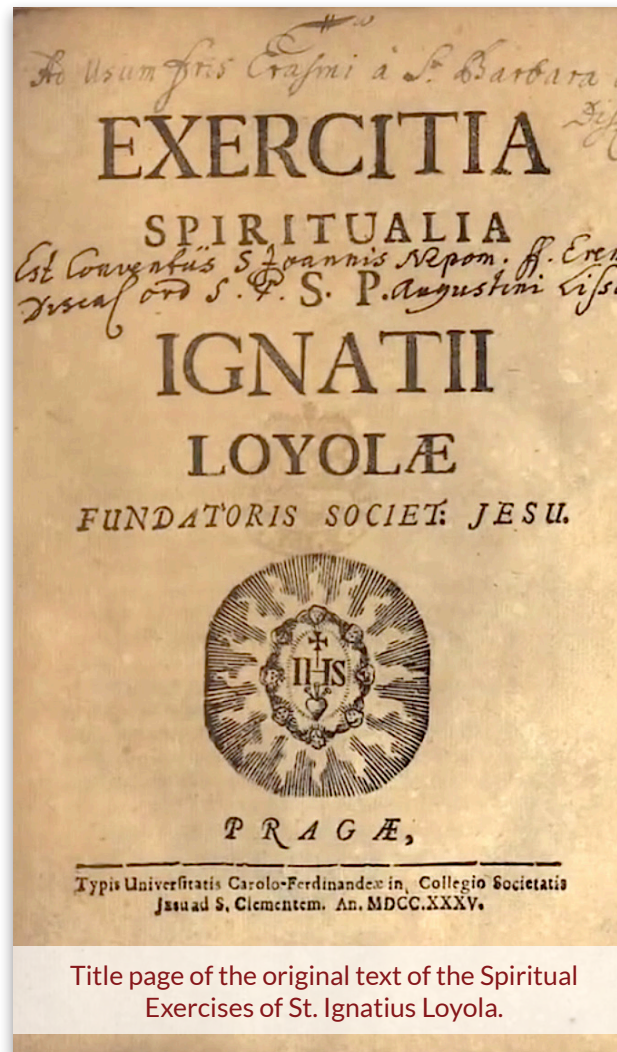
- Michael C.

The depth and wisdom of the teachings in such a comfortable atmosphere could be made possible only through the years of dedication to God by the leaders of this team. The internship program is truly a transformative experience.

- Sue C.

There were many graces received from the internship program: improved listening and communication skills, an in-depth knowledge of the internal dynamics of the *Spiritual Exercises* that brought me closer to God, and the insights from praying with others in the group.

- Tim R.



Title page of the original text of the Spiritual Exercises of St. Ignatius Loyola.



BELLARMINE

Jesuit Retreat House

420 W County Line Road | Barrington, IL 60010

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JesuitRetreat.org



SPIRITUAL DIRECTION INTERNSHIP PROGRAM

An 18-Month Training Program
in the Ignatian Tradition

Class Sessions for Semester I
Mondays 4:00 pm-7:15 pm

Jan 8 ✱ Jan 15 ✱ Jan 29

Feb 12 ✱ Feb 26

Mar 11 ✱ Mar 25

Apr 8 ✱ Apr 22

May 6 ✱ May 20

THE BELLARMINE PROGRAM

Our three-semester program focuses on the dynamics of the spiritual direction conversation in the tradition of St. Ignatius Loyola's *Spiritual Exercises*. A spiritual director in training will learn how to help a person listen contemplatively to God's movement in his or her life.

We will present the foundational principles in Ignatian Spirituality and Christian decision-making. Theory and practice will combine to develop skills in fostering intimacy with God and discernment of God's presence and action, both in your life and in the lives of those whom you assist.



MEET THE DIRECTORS



Lynn Sprehe is a spiritual director trained in the Ignatian Tradition. She has graduate degrees in Pastoral Studies and Clinical Psychology. She is married and the mother of three sons.



Fr. Mark Henninger, SJ, PhD. taught philosophy in several Jesuit universities in the States and abroad. He also taught Spiritual Direction at Loyola University, Chicago.



Nancy Hulsebosch is a spiritual director trained in the Ignatian Tradition. She leads programs in Ignatian spirituality at her parish and is married with adult children.

SCHEDULE

SEMESTER 1 - JANUARY-MAY 2024

Classes will meet twice per month and will focus on teaching the theory of spiritual direction, as well as interactive training in listening and responding skills. Participants will begin a Spiritual Direction Practicum with individual and group supervision.

Tuition - \$1,000



SEMESTER 2 - SEPTEMBER-DECEMBER 2024

Classes will meet twice per month and will focus on a thorough study of the text and dynamics of the *Spiritual Exercises* of St. Ignatius Loyola. Participants will be asked to pray the *Spiritual Exercises* and to continue the Spiritual Direction Practicum with individual and group supervision.

Tuition - \$1,000



SEMESTER 3 - JANUARY-MAY 2025

Classes will meet twice per month, and will highlight further theory and practice of St. Ignatius Loyola's discernment of spirits in relation to specific issues in spiritual direction, e.g. aspects of women's spirituality, experiences of mourning and suffering, advanced degrees of prayer. Individual and group supervision will be provided.

Tuition - \$1,000



APPLICATION PROCESS

Application forms may be downloaded by visiting www.jesuitretreat.org/pages/internship or by calling the Bellarmine office at 847-381-1261.

Send your completed application form to the attention of Nancy Hulsebosch to 420 W County Line Rd, Barrington, IL 60010 or email it to info@jesuitretreat.org.

Applications must be accompanied by a \$100 non-refundable application fee (that can be transferred as a deposit for a weekend retreat during the 2023-24 retreat season if you are unable to attend).

All applications must be post-marked by October 1 to be accepted. Please make checks payable to Bellarmine Jesuit Retreat House, Inc.

After applications have been reviewed, candidates will be contacted to schedule an interview. Classes will begin on January 8, 2024.

