

The Spiritual Exercises through Art



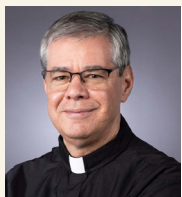
BELLARMINE

Jesuit Retreat House

September 6-8, 2024

*Ignatian, Silent
Weekend Retreat for Men*

The Spiritual Exercises of St. Ignatius speak to the yearnings of the human heart for meaning and intimacy with God. This retreat explores the major themes and movements of the Exercises by reflecting on and praying about how the visual arts can move our imaginations and inspire spiritual experiences and insights. No artistic talent required.



Retreat Leader: Fr. Mark Scalese, SJ

Religious superior of young Jesuits in the First Studies Program at Loyola University Chicago; previously tenured professor in film, television and media arts.



To register for this retreat, scan the QR Code
or visit jesuitretreat.org/retreats



847-381-1261 • [JesuitRetreat.org](https://jesuitretreat.org) • Barrington, IL

The Bellarmine Retreat Experience

What to Expect

This retreat includes several presentations, daily Mass, communal prayer, six delicious meals, a one-on-one conversation with a spiritual director, and many other opportunities to explore the retreat house and grounds. Come to the quiet to read, sleep, pray and reflect. All activities are optional.

- Bellarmine has two libraries, a resource center, two chapels, dining room, and many other places to relax.
- Located on 80 acres, with both woodlands and prairie grasses.
- Outdoor spaces include walking trails, prayer gardens, a gazebo, stations of the cross, as well as patios and outdoor chairs and benches.
- Each retreatant has their own bedroom.



Graces and Blessings of a Retreat

"I enjoy coming to a Bellarmine retreat to let go of the worldly distractions and reconnect and refocus on Our Lord and what is important in life."

"Time to be silent, to grow in my relationship with Jesus. Excellent "tools" given to help make that happen."

"The silence. It's the only time in life where I have access to silence for this long and it opens my heart to hear God."

Join us on retreat!

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