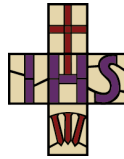


# Refresh, Renew, Respond



**BELLARMINE**

Jesuit Retreat House

**October 11-13, 2024**

*Ignatian, Silent  
Weekend Retreat for Women*

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Jesus calls all people, and each of us in particular, to join him in building his kingdom. Retreating gives each of us an opportunity to refresh our ears to what Jesus sounds like and to renew our hearts to respond to his call. We'll use elements of St. Ignatius' Spiritual Exercises to aid us in that refreshment and renewal.

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**Retreat Leader: Fr. Brad Held, SJ**

Serves as Pastor of Holy Rosary Mission, which encompasses the nine Catholic Churches on the Pine Ridge Reservation in South Dakota.



To register for this retreat, scan the QR Code  
or visit [jesuitretreat.org/retreats](https://jesuitretreat.org/retreats)



847-381-1261 • [JesuitRetreat.org](https://jesuitretreat.org) • Barrington, IL

# The Bellarmine Retreat Experience

## *What to Expect*

This retreat includes several presentations, daily Mass, communal prayer, six delicious meals, a one-on-one conversation with a spiritual director, and many other opportunities to explore the retreat house and grounds. Come to the quiet to read, sleep, pray and reflect. All activities are optional.

- Bellarmine has two libraries, a resource center, two chapels, dining room, and many other places to relax.
- Located on 80 acres, with both woodlands and prairie grasses.
- Outdoor spaces include walking trails, prayer gardens, a gazebo, stations of the cross, as well as patios and outdoor chairs and benches.
- Each retreatant has their own bedroom.



## *Graces and Blessings of a Retreat*

*"I enjoy coming to a Bellarmine retreat to let go of the worldly distractions and reconnect and refocus on Our Lord and what is important in life."*

*"Time to be silent, to grow in my relationship with Jesus. Excellent "tools" given to help make that happen."*

*"The silence. It's the only time in life where I have access to silence for this long and it opens my heart to hear God."*

## *Join us on retreat!*

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