Praying the Third Week of the Spiritual Exercises with the Psalms





March 7-9, 2025

Ignatian, Silent Weekend Retreat for Men

Fr. Pacwa, SJ continues to update this popular retreat! For those new to this retreat, it will be an inspirational deep dive into the Psalms. For those who have made this retreat previously, you will discover new depths as Fr. Mitch's exegesis of the Psalms illuminates the Third Week of the Spiritual Exercises, The Passion of Our Lord.



Retreat Leader: Fr. Mitch Pacwa, SJ
President and founder of Ignatius Productions;
EWTN television and radio host; holds a PhD in the
Old Testament from Vanderbilt University.



To register for this retreat, scan the QR Code or visit jesuitretreat.org/retreats



The Bellarmine Retreat Experience

What to Expect

This retreat includes several presentations, daily Mass, communal prayer, six delicious meals, a one-on-one conversation with a spiritual director, and many other opportunities to explore the retreat house and grounds. Come to the quiet to read, sleep, pray and reflect. All activities are optional.

- · Bellarmine has two libraries, a resource center, two chapels, dining room, and many other places to relax.
- · Located on 80 acres, with both woodlands and prairie grasses.
- · Outdoor spaces include walking trails, prayer gardens, a gazebo, stations of the cross, as well as patios and outdoor chairs and benches.
- · Each retreatant has their own bedroom.



Graces and Blessings of a Retreat

"I enjoy coming to a Bellarmine retreat to let go of the worldly distractions and reconnect and refocus on Our Lord and what is important in life."

"Time to be silent, to grow in my relationship with Jesus. Excellent "tools" given to help make that happen."

"The silence. It's the only time in life where I have access to silence for this long and it opens my heart to hear God."

Join us on retreat!

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