The Spiritual Geography of our Soul





May 2-4, 2025

lgnatian, Silent Weekend Retreat for Women

Through the desert of our struggle, the mountaintops of our experience, and the depths of our love for God, we will journey with the Spiritual Exercises as a roadmap and the Holy Spirit as our compass. In this weekend retreat, we will rediscover landmark graces and survey new areas of consolation.



Retreat Leader: Phil Cooley, SJ

Jesuit Theology and Spanish teacher at Cristo Rey Jesuit High School in Milwaukee, WI; trained spiritual director; enjoys learning languages, making music, and spiritual reading.



To register for this retreat, scan the QR Code or visit jesuitretreat.org/retreats



The Bellarmine Retreat Experience

What to Expect

This retreat includes several presentations, daily Mass, communal prayer, six delicious meals, a one-on-one conversation with a spiritual director, and many other opportunities to explore the retreat house and grounds. Come to the quiet to read, sleep, pray and reflect. All activities are optional.

- · Bellarmine has two libraries, a resource center, two chapels, dining room, and many other places to relax.
- · Located on 80 acres, with both woodlands and prairie grasses.
- · Outdoor spaces include walking trails, prayer gardens, a gazebo, stations of the cross, as well as patios and outdoor chairs and benches.
- · Each retreatant has their own bedroom.



Graces and Blessings of a Retreat

"I enjoy coming to a Bellarmine retreat to let go of the worldly distractions and reconnect and refocus on Our Lord and what is important in life."

"Time to be silent, to grow in my relationship with Jesus. Excellent "tools" given to help make that happen."

"The silence. It's the only time in life where I have access to silence for this long and it opens my heart to hear God."

Join us on retreat!

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