

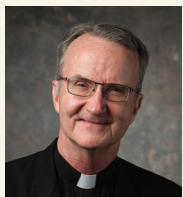
Resiliency: How We Proceed in Community



BELLARMINE
Jesuit Retreat House

September 11, 2024
Day of Reflection for Men & Women

Many of us are finding ourselves in uncharted territory and uncertain how to proceed. With changes in our culture and our parish communities, the ability to adapt to shifting environments has become critically important. Angela and Fr Michael will help us stretch our imaginations and lengthen our muscles of adaptability. Designed for individuals and groups who are navigating the troubling waters of change, RESILIENCY is a day of prayerful learning and playful exploration.



Retreat Leader: Fr. Michael Sparough, SJ

Bellarmino Ministry Team member; writer, storyteller, spiritual director, podcaster and retreat leader; President of Heart to Heart Catholic Media Ministry.



Retreat Leader: Angela Scaperlanda Bujan

Bilingual certified facilitator, coach, spiritual director, retreat leader, speaker, writer, and editor; Co-founder of HELP Professional Services LLC and Resilience Land LLC.

To register for this retreat, scan the QR Code
or visit jesuitretreat.org/retreats



The Bellarmine Retreat Experience

What to Expect

A day or evening of reflection, grounded in the Jesuit tradition, is a shorter version of the Ignatian Weekend Retreat. Wherever you are on your spiritual journey, a day or evening program is sure to give you the peace and serenity needed to be still and to rest in God's loving embrace. Your day or evening of reflection includes thematic talks from our skilled Retreat Leaders, time for private prayer, celebration of Mass and a meal.

- Bellarmine has two libraries, a resource center, two chapels, dining room, and many other places to relax.
- Located on 80 acres, with both woodlands and prairie grasses.
- Outdoor spaces include walking trails, prayer gardens, a gazebo, stations of the cross, as well as patios and outdoor chairs and benches.
- Each retreatant has their own bedroom.



Graces and Blessings of a Retreat

"I enjoy coming to a Bellarmine retreat to let go of the worldly distractions and reconnect and refocus on Our Lord and what is important in life."

"Time to be silent, to grow in my relationship with Jesus. Excellent "tools" given to help make that happen."

"The silence. It's the only time in life where I have access to silence for this long and it opens my heart to hear God."

Join us on retreat!

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