



BELLARMINE

Jesuit Retreat House

October 29, 2024

*Day of Reflection
for Men and Women*

Come be in the presence of others who share the journey to understand and heal from grief and loss. We will explore the process of grief from the physical, emotional, and spiritual impacts of losing someone we love. There will be time to share with others, to reflect on our individual healing journeys, and to quietly listen to God and our deepest selves.



Retreat Leader: Elizabeth Neubauer

Retreat leader and spiritual director; holds degrees in Art and Business and has completed coursework in Mindfulness and Self-Compassion; previous careers in fundraising and photography.



To register for this retreat, scan the QR Code
or visit jesuitretreat.org/retreats



The Bellarmine Retreat Experience

What to Expect

A day or evening program, grounded in the Jesuit tradition, is a shorter version of the Ignatian Weekend Retreat. Wherever you are on your spiritual journey, a day or evening program is sure to give you the peace and serenity needed to be still and to rest in God's loving embrace.

Your day or evening program includes thematic talks from our skilled Retreat Leaders, time for private prayer, celebration of Mass and a meal.

- Bellarmine has two libraries, a resource center, two chapels, dining room, and many other places to relax.
- Located on 80 acres, with both woodlands and prairie grasses.
- Outdoor spaces include walking trails, prayer gardens, a gazebo, stations of the cross, as well as patios and outdoor chairs and benches.
- Each retreatant has their own bedroom.



Graces and Blessings of a Retreat

"I enjoy coming to a Bellarmine retreat to let go of the worldly distractions and reconnect and refocus on Our Lord and what is important in life."

"Time to be silent, to grow in my relationship with Jesus. Excellent "tools" given to help make that happen."

"The silence. It's the only time in life where I have access to silence for this long and it opens my heart to hear God."

Join us on retreat!

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