

# Endorsements

I can think of no better investment of time than to improve one's capacity to assist people in discerning God's call. The internship offered a fine balance of wise expertise and practical application. I always looked forward to our sessions and will surely rely on the experience for the rest of my days.

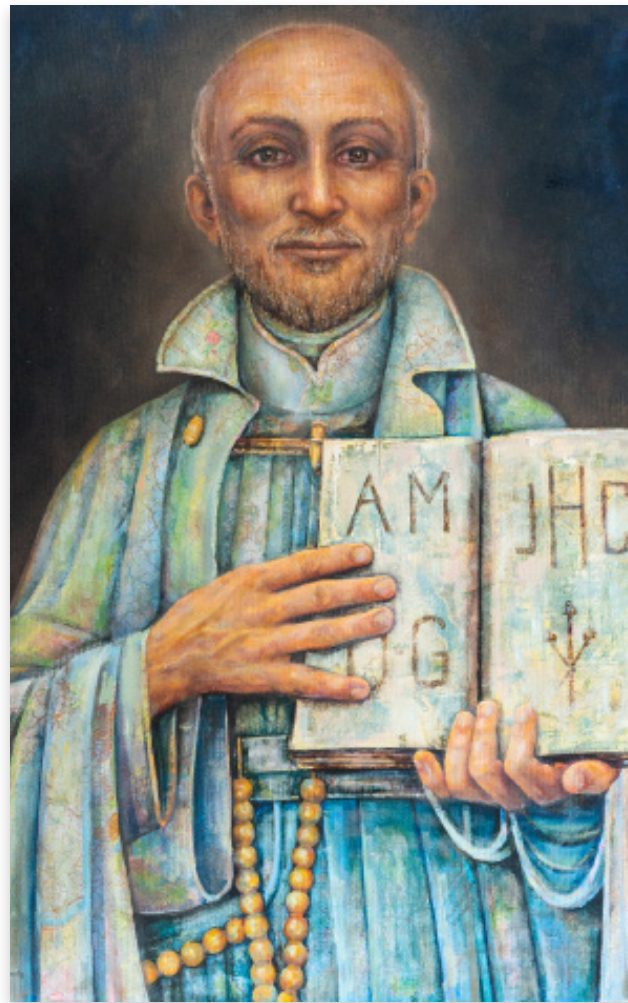
- Michael C.

The depth and wisdom of the teachings in such a comfortable atmosphere could be made possible only through the years of dedication to God by the leaders of this team. The internship program is truly a transformative experience.

- Sue C.

There were many graces received from the internship program: improved listening and communication skills, an in-depth knowledge of the internal dynamics of the *Spiritual Exercises* that brought me closer to God, and the insights from praying with others in the group.

- Tim R.

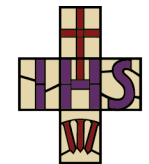


## Class Sessions (4 pm- 7 pm)

- 2025
- January 13, 27
- February 10, 24
- March 10, 24
- April 7, 21
- May 5, 19
- September 15, 29
- October 13, 27
- November 10, 24
- December 8

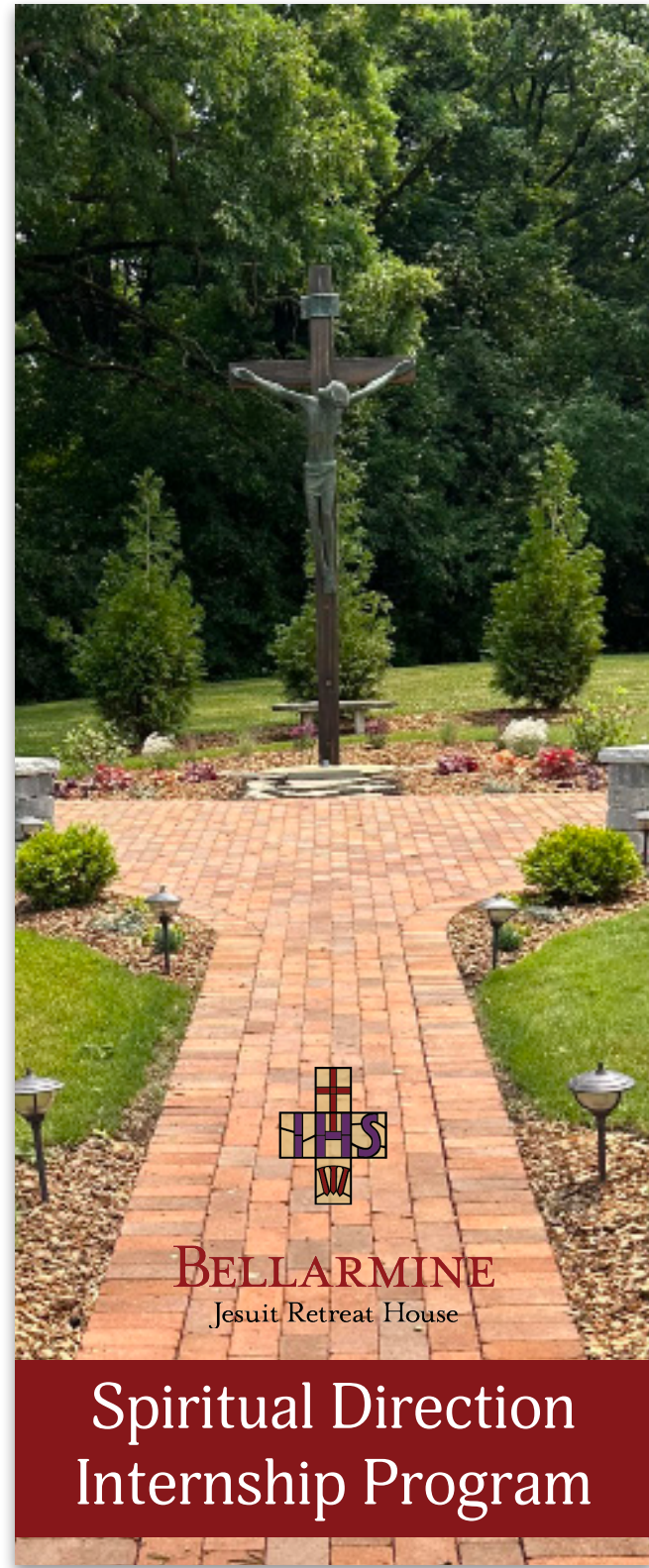
- 2026
- January 5, 19
- February 2, 16
- March 2, 16, 30
- April 13, 27

January 6-8, 2025  
*Opening Retreat*



**BELLARMINE**  
Jesuit Retreat House

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[jesuitretreat.org](http://jesuitretreat.org)



**Spiritual Direction  
Internship Program**

# The Bellarmine Program

Our hybrid program, consisting of an in-person retreat as well as a combination of virtual and in-person classes, will focus on the dynamics of the spiritual direction conversation in the tradition of St. Ignatius of Loyola's Spiritual Exercises. A spiritual director in training will learn how to help a person listen contemplatively to God's movement in their life.

The internship will begin with a two-night retreat at Bellarmine Jesuit Retreat House from January 6-8, 2025, followed by bi-weekly virtual classes from 4 pm to 7 pm between January 2025 and April 2026. Additionally, there will be three in-person classes at various points throughout the internship.

We will present the foundational principles of Ignatian spirituality and Christian decision-making. Theory and practice will combine to develop skills in fostering intimacy with God and discernment of God's presence and action, both in your life and in the lives of those whom you assist.

## Meet the Directors



**Lynn Sprehe** is a spiritual director trained in the Ignatian Tradition. She has graduate degrees in Pastoral Studies and Clinical Psychology. She is married and the mother of three sons.



**Fr Bill Creed, SJ** has academic degrees in theology, spirituality, law and counseling. He is the co-founder of the Jesuit Renewal Center, IVC Chicago, ISP and founder of the Spiritual Direction internship in the Ignatian Tradition.



**Nancy Hulsebosch** is a spiritual director trained in the Ignatian tradition and has led days of reflection and other programs in Ignatian spirituality. She is married and the mother of four children.

# Schedule

**January 6-8, 2025**

## Two-Night Retreat

In the prayerful atmosphere of the introductory retreat, participants will be provided with opportunities for prayer, reflection, and faith sharing. Participants will be introduced to the nature of spiritual direction and will participate in interactive training in listening and responding skills. Some advance reading will be required.

## Hybrid Classes

Classes will meet virtually twice per month (except during June, July, and August 2025) with a focus on teaching the theory of spiritual direction as well as interactive training in listening and responding skills.

Later sessions will focus on an overview of the dynamics of the *Spiritual Exercises* of St. Ignatius of Loyola and highlight St. Ignatius of Loyola's discernment of spirits in relation to specific issues in spiritual direction, e.g. aspects of female versus male spirituality, experiences of mourning and suffering, and navigating transitions in the life cycle.

Interns will participate in a Spiritual Direction Practicum with individual and group supervision. There will be three in-person classes that meet at Bellarmine Jesuit Retreat House at various points in the internship.

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## Tuition

**First Payment (January 2025)**

\$1,365

*(includes the two-night retreat)*

**Second Payment (September 2025)**

\$1,000

**Third Payment (January 2026)**

\$1,000

# Application Process

Online applications may be accessed by visiting [jesuitretreat.org/internship](http://jesuitretreat.org/internship) beginning July 1, 2024.

Completed applications will be accepted until September 30, 2024.

Applications must be accompanied by a \$100 non-refundable application fee (that can be transferred as a deposit for a weekend retreat during the 2025-2026 retreat season if you are not accepted into the internship).

After applications have been reviewed, qualified candidates will be contacted to schedule an interview. The internship will begin with an in-person retreat from January 6-8, 2025.

