#### **Practice Makes Progress**





### December 12-14, 2025

Ignatian, Recovery Weekend Retreat for Men

Discover the wisdom of the 12 Steps as a pathway to a more peaceful and joy-filled life. This retreat offers practical tools and spiritual insights to help us live with grace, humility, and gratitude—one day at a time. Step away from the noise and deepen your connection with God.



#### Retreat Leader: Fr. Tom Weston, SJ

Counsels and does retreat work with alcoholics and other addicts; entered the California Province of the Jesuit Order in 1965; ordained a priest in 1978.



To register for this retreat, scan the QR Code or visit jesuitretreat.org/retreats



### The Bellarmine Retreat Experience

### What to Expect

A Retreat Leader leads the retreat and prepares thematic talks rooted in the Spiritual Exercises of St. Ignatius and the 12 Step Program. The retreat offers a unique time away with optional opportunities for a 12 Step meeting, confession, Mass, consultation with a spiritual director, and group prayer experiences.

- Bellarmine has two libraries, a resource center, two chapels, dining room, and many other places to relax.
- Located on 80 acres, with both woodlands and prairie grasses.
- Outdoor spaces include walking trails, prayer gardens, a gazebo, stations of the cross, as well as patios and outdoor chairs and benches.
- · Each retreatant has their own bedroom.



# Graces and Blessings of a Retreat

"I enjoy coming to a Bellarmine retreat to let go of the worldly distractions and reconnect and refocus on Our Lord and what is important in life."

"Time to be silent, to grow in my relationship with Jesus. Excellent "tools" given to help make that happen."

"The silence. It's the only time in life where I have access to silence for this long and it opens my heart to hear God."

# Join us on retreat!

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