

Ignatian Contemplation and Our Interior Life



BELLARMINE

Jesuit Retreat House

March 27-29, 2026

Palm Sunday

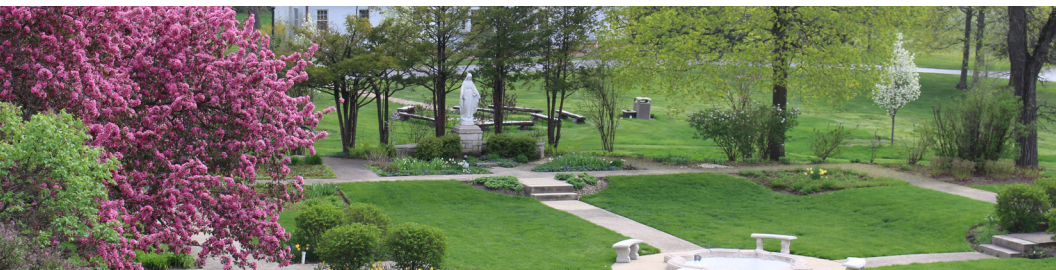
Ignatian, Silent Weekend Retreat for Men

During this retreat, we'll enter Scripture's sacred stories through imagination, letting God's Word come alive within us. Grounded in Ignatian spirituality, we'll bring our whole selves to prayer—joys, sorrows, hopes, and fears—trusting Jesus meets us there. As we walk with Him in the Gospels, we'll listen with open hearts and discover the Spirit gently guiding us into deeper love.



Retreat Leader: Fr. Jeff Putthoff, SJ

National speaker on trauma-informed care and Ignatian spirituality; previous high school teacher, associate pastor, and executive director; retreat leader and spiritual director.



To register for this retreat, scan the QR Code
or visit jesuitretreat.org/retreats



847-381-1261 • JesuitRetreat.org • Barrington, IL

The Bellarmine Retreat Experience

What to Expect

This retreat includes several presentations, daily Mass, communal prayer, six delicious meals, a one-on-one conversation with a spiritual director, and many other opportunities to explore the retreat house and grounds. Come to the quiet to read, sleep, pray and reflect. All activities are optional.

- Bellarmine has two libraries, a resource center, two chapels, dining room, and many other places to relax.
- Located on 80 acres, with both woodlands and prairie grasses.
- Outdoor spaces include walking trails, prayer gardens, a gazebo, stations of the cross, as well as patios and outdoor chairs and benches.
- Each retreatant has their own bedroom.



Graces and Blessings of a Retreat

"I enjoy coming to a Bellarmine retreat to let go of the worldly distractions and reconnect and refocus on Our Lord and what is important in life."

"Time to be silent, to grow in my relationship with Jesus. Excellent "tools" given to help make that happen."

"The silence. It's the only time in life where I have access to silence for this long and it opens my heart to hear God."

Join us on retreat!

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