#### There is a Solution





November 7-9, 2025

Ignatian, Recovery Weekend Retreat for Men

There is no hope for recovery without facing the problems of addiction honestly. Together, we will explore how "the design for living" can be applied to most of the challenges that come our way. Thus, opening a pathway to acceptance, peace, and joy.



Retreat Leader: Elizabeth Neubauer Spiritual Director; teacher of Centering Prayer and meditation practices; graduate of the Spiritual Guidance Training Program at Siena Retreat Center in Racine, WI.



To register for this retreat, scan the QR Code or visit jesuitretreat.org/retreats



### The Bellarmine Retreat Experience

## What to Expect

A Retreat Leader leads the retreat and prepares thematic talks rooted in the Spiritual Exercises of St. Ignatius and the 12 Step Program. The retreat offers a unique time away with optional opportunities for a 12 Step meeting, confession, Mass, consultation with a spiritual director, and group prayer experiences.

- Bellarmine has two libraries, a resource center, two chapels, dining room, and many other places to relax.
- Located on 80 acres, with both woodlands and prairie grasses.
- Outdoor spaces include walking trails, prayer gardens, a gazebo, stations of the cross, as well as patios and outdoor chairs and benches.
- · Each retreatant has their own bedroom.



# Graces and Blessings of a Retreat

"I enjoy coming to a Bellarmine retreat to let go of the worldly distractions and reconnect and refocus on Our Lord and what is important in life."

"Time to be silent, to grow in my relationship with Jesus. Excellent "tools" given to help make that happen."

"The silence. It's the only time in life where I have access to silence for this long and it opens my heart to hear God."

# Join us on retreat!

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