



**BELLARMINE**  
Jesuit Retreat House

**September 19-21, 2025**

*Ignatian, Recovery  
Weekend Retreat for Women*

The 12 Steps offer more than sobriety—they guide us to a full, meaningful life. They deepen our bond with a Higher Power, leading to blessings beyond imagination. This journey moves us from acceptance to profound gratitude.



**Retreat Leader: Rev. Carol Ann Munro**  
Ordained minister in the United Church of Christ;  
hospital chaplain, retreat leader and spiritual  
director; focus on 12-step spirituality, adult faith  
formation and bible literacy.



To register for this retreat, scan the QR Code  
or visit [jesuitretreat.org/retreats](http://jesuitretreat.org/retreats)

847-381-1261 · JesuitRetreat.org · Barrington, IL



# The Bellarmine Retreat Experience

## *What to Expect*

A Retreat Leader leads the retreat and prepares thematic talks rooted in the Spiritual Exercises of St. Ignatius and the 12 Step Program. The retreat offers a unique time away with optional opportunities for a 12 Step meeting, confession, Mass, consultation with a spiritual director, and group prayer experiences.

- Bellarmine has two libraries, a resource center, two chapels, dining room, and many other places to relax.
- Located on 80 acres, with both woodlands and prairie grasses.
- Outdoor spaces include walking trails, prayer gardens, a gazebo, stations of the cross, as well as patios and outdoor chairs and benches.
- Each retreatant has their own bedroom.



## *Graces and Blessings of a Retreat*

*"I enjoy coming to a Bellarmine retreat to let go of the worldly distractions and reconnect and refocus on Our Lord and what is important in life."*

*"Time to be silent, to grow in my relationship with Jesus. Excellent "tools" given to help make that happen."*

*"The silence. It's the only time in life where I have access to silence for this long and it opens my heart to hear God."*

## *Join us on retreat!*

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