



BELLARMINE

Jesuit Retreat House

September 19-21, 2025

*Ignatian, Recovery
Weekend Retreat for Women*

The 12 Steps offer more than sobriety—they guide us to a full, meaningful life. They deepen our bond with a Higher Power, leading to blessings beyond imagination. This journey moves us from acceptance to profound gratitude.



Retreat Leader: Rev. Carol Ann Munro

Ordained minister in the United Church of Christ; hospital chaplain, retreat leader and spiritual director; focus on 12-step spirituality, adult faith formation and bible literacy.



To register for this retreat, scan the QR Code
or visit jesuitretreat.org/retreats



The Bellarmine Retreat Experience

What to Expect

A Retreat Leader leads the retreat and prepares thematic talks rooted in the Spiritual Exercises of St. Ignatius and the 12 Step Program. The retreat offers a unique time away with optional opportunities for a 12 Step meeting, confession, Mass, consultation with a spiritual director, and group prayer experiences.

- Bellarmine has two libraries, a resource center, two chapels, dining room, and many other places to relax.
- Located on 80 acres, with both woodlands and prairie grasses.
- Outdoor spaces include walking trails, prayer gardens, a gazebo, stations of the cross, as well as patios and outdoor chairs and benches.
- Each retreatant has their own bedroom.



Graces and Blessings of a Retreat

"I enjoy coming to a Bellarmine retreat to let go of the worldly distractions and reconnect and refocus on Our Lord and what is important in life."

"Time to be silent, to grow in my relationship with Jesus. Excellent "tools" given to help make that happen."

"The silence. It's the only time in life where I have access to silence for this long and it opens my heart to hear God."

Join us on retreat!

To register for this retreat, scan the QR Code
or visit jesuitretreat.org/retreats

