Prayer in Real Life





May 1-3, 2026

Ignatian, Silent
Weekend Retreat for Women

Prayer isn't just for quiet moments—it's meant to weave through the ordinary rhythms of our days. This retreat invites you to explore practical, meaningful ways to connect with God in the midst of real life. Through reflection, conversation, and quiet time, discover how prayer can be a steady companion—whether in joy, struggle, work, or rest.



Retreat Leader: Vinita Hampton Wright Author of *The Art of Spiritual Writing* and *The Soul Tells a Story*; writing workshop and retreat leader for 20 years; 32-year career as a book editor.



To register for this retreat, scan the QR Code or visit jesuitretreat.org/retreats



The Bellarmine Retreat Experience

What to Expect

This retreat includes several presentations, daily Mass, communal prayer, six delicious meals, a one-on-one conversation with a spiritual director, and many other opportunities to explore the retreat house and grounds. Come to the quiet to read, sleep, pray and reflect. All activities are optional.

- Bellarmine has two libraries, a resource center, two chapels, dining room, and many other places to relax.
- Located on 80 acres, with both woodlands and prairie grasses.
- Outdoor spaces include walking trails, prayer gardens, a gazebo, stations of the cross, as well as patios and outdoor chairs and benches.
- Each retreatant has their own bedroom.



Graces and Blessings of a Retreat

"I enjoy coming to a Bellarmine retreat to let go of the worldly distractions and reconnect and refocus on Our Lord and what is important in life."

"Time to be silent, to grow in my relationship with Jesus. Excellent "tools" given to help make that happen."

"The silence. It's the only time in life where I have access to silence for this long and it opens my heart to hear God."

Join us on retreat!

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