

Ignatian Spirituality in a Secular Age



BELLARMINE

Jesuit Retreat House

April 16-17, 2027

*Ignatian, Silent
Overnight Retreat for Adults*

This retreat explores how Ignatian spirituality—rooted in discernment and an understanding of one's unique role in the work of justice and love—is not only necessary in today's world, but also invitational to those who are religiously unaffiliated, spiritual but not religious, seeking, or otherwise not part of a particular spiritual home. Participants will engage in prayer/reflection and conversation as they integrate the gifts of the Ignatian tradition into their lives while honoring their own spiritual identity.



Retreat Leader: Dr. Lauren Schwer

Director of Ignatian Spirituality at Loyola University Chicago; trained educator; experienced spiritual director; co-author of *My Life in God's Project* (a modern adaptation of the 19th annotation of the *Spiritual Exercises*).



*To register for this retreat, scan the QR Code
or visit jesuitretreat.org/retreats.*



847-381-1261 • jesuitretreat.org • Barrington, IL

The Bellarmine Retreat Experience

What to Expect

This retreat includes several presentations, daily Mass, communal prayer, six delicious meals, a one-on-one conversation with a spiritual director, and many other opportunities to explore the retreat house and grounds. Come to the quiet to read, sleep, pray and reflect. All activities are optional.

- Bellarmine has two libraries, a resource center, two chapels, dining room, and many other places to relax.
- Located on 80 acres, with both woodlands
- and prairie grasses.
- Outdoor spaces include a labyrinth, walking trails, prayer gardens, a gazebo, stations of the cross, as well as patios and outdoor chairs and benches.
- Each retreatant has their own bedroom.



Graces and Blessings of a Retreat

"I enjoy coming to a Bellarmine retreat to let go of the worldly distractions and reconnect and refocus on Our Lord and what is important in life."

*"Time to be silent, to grow in my relationship with Jesus.
Excellent "tools" given to help make that happen."*

"The silence. It's the only time in life where I have access to silence for this long and it opens my heart to hear God."

Join us on retreat!

To view the 2026-27 Retreat Schedule, scan the QR Code or visit jesuitretreat.org/retreats.

