

Growing into Your Best Self



BELLARMINE

Jesuit Retreat House

December 11-13, 2026

*Silent, Recovery
Weekend Retreat for Men*

Prior to recovery, we lead selfish, disconnected lives. By applying the spiritual principles to our attitudes and behaviors we will have the strength to change into a person we can be proud of. This weekend we will explore how our Higher Power walks with us on this journey of healing. Together, we will see how to repair relationships and recognize how perfectionism and shame have held us back from our desire to be trustworthy, honest and whole.



Retreat Leader: Elizabeth Neubauer

Spiritual Director; teacher of Centering Prayer and meditation practices; graduate of the Spiritual Guidance Training Program at Siena Retreat Center in Racine, WI.



*To register for this retreat, scan the QR Code
or visit jesuitretreat.org/retreats.*



847-381-1261 • jesuitretreat.org • Barrington, IL

The Bellarmine Retreat Experience

What to Expect

A Retreat Leader leads the retreat and prepares thematic talks rooted in the Spiritual Exercises of St. Ignatius and the 12 Step Program. The retreat offers a unique time away with optional opportunities for a 12 Step meeting, confession, Mass, consultation with a spiritual director, and group prayer experiences.

- Bellarmine has two libraries, a resource center, two chapels, dining room, and many other places to relax.
- Located on 80 acres, with both woodlands
- and prairie grasses.
- Outdoor spaces include a labyrinth, walking trails, prayer gardens, a gazebo, stations of the cross, as well as patios and outdoor chairs and benches.
- Each retreatant has their own bedroom.



Graces and Blessings of a Retreat

"I enjoy coming to a Bellarmine retreat to let go of the worldly distractions and reconnect and refocus on Our Lord and what is important in life."

*"Time to be silent, to grow in my relationship with Jesus.
Excellent "tools" given to help make that happen."*

"The silence. It's the only time in life where I have access to silence for this long and it opens my heart to hear God."

Join us on retreat!

To view the 2026-27 Retreat Schedule, scan the QR Code or visit jesuitretreat.org/retreats.

