

Growing Closer to God through the Changes in Our Lives



BELLARMINE

Jesuit Retreat House

February 19-21, 2027

*Ignatian, Semi-Silent
Weekend Retreat for Adults*

The reality of change is the only constant in our human experience. Our fall retreat will invite us to trust this is not something to fear but rather to embrace. Drawing from our Christian tradition and Buddhist spiritual practices, we will discover that change is the portal through which we step toward deepening our experience and trust in the love and mercy of God. Our time together will include teaching, guided meditations and small group sharing.



Retreat Leader: Al Gustafson

Creator of the online Christian contemplative community Still Point; founder of the Career Transitions Center of Chicago; doctorate in Ministry from Catholic Theological Union.



*To register for this retreat, scan the QR Code
or visit jesuitretreat.org/retreats.*



847-381-1261 • jesuitretreat.org • Barrington, IL

The Bellarmine Retreat Experience

What to Expect

This retreat includes several presentations, daily Mass, communal prayer, six delicious meals, a one-on-one conversation with a spiritual director, and many other opportunities to explore the retreat house and grounds. Come to the quiet to read, sleep, pray and reflect. All activities are optional.

- Bellarmine has two libraries, a resource center, two chapels, dining room, and many other places to relax.
- Located on 80 acres, with both woodlands
- and prairie grasses.
- Outdoor spaces include a labyrinth, walking trails, prayer gardens, a gazebo, stations of the cross, as well as patios and outdoor chairs and benches.
- Each retreatant has their own bedroom.



Graces and Blessings of a Retreat

"I enjoy coming to a Bellarmine retreat to let go of the worldly distractions and reconnect and refocus on Our Lord and what is important in life."

*"Time to be silent, to grow in my relationship with Jesus.
Excellent "tools" given to help make that happen."*

"The silence. It's the only time in life where I have access to silence for this long and it opens my heart to hear God."

Join us on retreat!

To view the 2026-27 Retreat Schedule, scan the QR Code or visit jesuitretreat.org/retreats.

