

Hope Lives in Our Real Life



BELLARMINE

Jesuit Retreat House

November 6-8, 2026

*Ignatian, Silent
Weekend Retreat for Women*

"We have this anchor of hope firm and secure." Hebrews 6:19. As we survey our lives and world, hope can feel far out of our reach. Our faith teaches us that God infuses hope in us. Come and journey with Becky Eldredge, Ignatian trained spiritual director, retreat facilitator, and award-winning author as she invites you to embrace the gift of hope and learn practical tools to anchor into the promise of hope in our real lives.



Retreat Leader: Becky Eldredge

Founder of Ignatian Ministries; Ignatian trained spiritual director; author of two award-winning books: *The Inner Chapel* and *Busy Lives and Restless Souls*.



*To register for this retreat, scan the QR Code
or visit jesuitretreat.org/retreats.*



847-381-1261 • jesuitretreat.org • Barrington, IL

The Bellarmine Retreat Experience

What to Expect

This retreat includes several presentations, daily Mass, communal prayer, six delicious meals, a one-on-one conversation with a spiritual director, and many other opportunities to explore the retreat house and grounds. Come to the quiet to read, sleep, pray and reflect. All activities are optional.

- Bellarmine has two libraries, a resource center, two chapels, dining room, and many other places to relax.
- Located on 80 acres, with both woodlands
- and prairie grasses.
- Outdoor spaces include a labyrinth, walking trails, prayer gardens, a gazebo, stations of the cross, as well as patios and outdoor chairs and benches.
- Each retreatant has their own bedroom.



Graces and Blessings of a Retreat

"I enjoy coming to a Bellarmine retreat to let go of the worldly distractions and reconnect and refocus on Our Lord and what is important in life."

*"Time to be silent, to grow in my relationship with Jesus.
Excellent "tools" given to help make that happen."*

"The silence. It's the only time in life where I have access to silence for this long and it opens my heart to hear God."

Join us on retreat!

To view the 2026-27 Retreat Schedule, scan the QR Code or visit jesuitretreat.org/retreats.

