



Bethel United Methodist Church

# THE MESSENGER

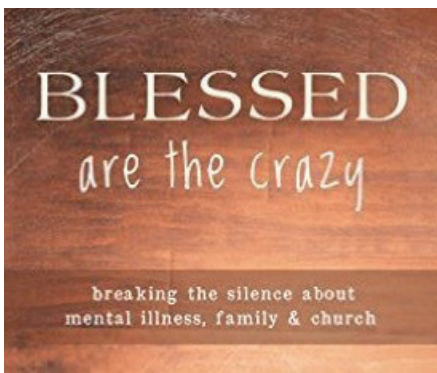
Knowing, Loving, Serving...so the world will experience Christ's love!

February 2020

[bethelmethodistcolumbia.com](http://bethelmethodistcolumbia.com)

*"To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace." Romans 8:6*

## BLESSED are the crazy



I start with a deep, centering breath prayer. Closing my eyes, breathing in, I ask God to use me. Breathing out I ask God to reach someone through the stories I will share. I am ready to break the silence about mental illness and the church. I know this to be true: the Gospel is everywhere, even in the shadows of brain disorders and diseases.

It turns out, the Church is ready, too. I've heard from pastor colleagues around the country that when they preached a sermon about mental health struggles, they tapped into a deep longing of the people to hear their own life reflected back to them through the lens of scripture. They are surprised at the doors that open

and the people that come flooding in. It turns out that when we preach about how mental health challenges impact our lives, our families, and our communities, we are preaching the gospel: loving our neighbors as ourselves.

We know that one in five people will be impacted by personal experiences of mental health challenges in any given year. Despite how common depression, anxiety, and other mental health challenges are, in the church we are often silent about this kind of suffering. Mental Illness is known in the church as the "non-casserole" disease. The shame and stigma associated with mental illness creates real barriers to getting treatment because people keep silent for fear of being judged, rejected or abused.

For too long the Church has interpreted mental illness as the result of sin. Today we know much more about the human brain. We know that our mental health is physical health and that diseases of the brain result not from sin, but from

a complex web of causes such as environmental, hereditary, experiential, and other causes. The spiritual struggle comes when we, along with Paul in his letter to the Romans, call ourselves "wretched" even though God calls us "beloved." Mental illness often makes it harder to be confident in God's love because of the ways it damages our self-esteem; unconditional love seems unfathomable. Part of the preacher's prophetic role is to make it clear that our sufferings related to mental illness are not punishments from God and are not the fault of our own moral or spiritual "failings."

My friends, join me in worship this month as we explore God's redemptive story of healing. I will be using Rev. Sarah Lund's *Blessed are the Crazy: Breaking the Silence about Mental Illness, Family and Church* (Chalice Press, 2014) as a resource and would invite you to read it along with me.

In Faith,  
Pastor Julie



CONGRATULATIONS  
to our  
Bethel College students  
**MARY SYDNEY**  
(Clemson),  
**CHRISTOPHER WALKER**  
(Coastal Carolina) &  
**WILHELM ELLIOT**  
(USC Columbia)  
on making the  
**DEAN'S LISTS!**



### Help. Hope. Healing.

*"Therefore, encourage one another and build up each other."*  
—1 Thessalonians 5:11

If you are interested in being trained to be a Stephen Minister for Bethel please call Mary Ann Weir (803-316-3239) or Reggie Rowell (843-697-6967)

## Way to go KELLY!

Congratulations to Kelly Lynn Farmer who passed her Veterinary Licensing Exam and will graduate May 4 from Auburn Veterinary School as **Dr. Farmer.**



We had wonderful group serving at Transitions today! We welcomed a new server, Janis. We were blessed by serving 205 meals today!

## Staff-Parish Relations Committee Training Feb. 2, 2020 at 3 pm Mt. Hebron UMC

**Christian Life Center, 3050 Leaphart Road, West Columbia.**

The **ENTIRE SPRC committee** and ALL Pastors are encouraged to attend.

The following topics will be included. You can also sign up at the training to receive sample personnel policies, discipline forms, performance reviews, safe sanctuary policies, leave forms, job descriptions, etc.

Opening Session – Rev. Dr. Cathy Jamieson, D.S. – General Duties of SPRC and Rev. Diane Moseley – Local Church Sexual Harassment Policy and Resources

### Break-out Groups based on Staff Size (see below)

Chris Carver, Human Resources Director, Mt. Horeb UMC  
—“Best Practices for SPRC in the Large Church” (25 + employees)

Rev. Matt Yon, —“Best Practices for SPRC in the Mid-size Church” (6-24 employees)

Rev. Dr. Cathy Jamieson —“Best Practices for the SPRC in the Small Church” (5 or less employees)

The Youth Ministry of Bethel UMC exist, to bring youth to **KNOW** Christ personally, to share the **LOVE** of Christ with everyone and **SERVE** Christ in our community.

# LOVED



During the month of February, we will discuss what it means to be loved by God and how that impacts our decisions and motivations. Jesus was 100% secure in the love that God had for him, and Jesus wants us to experience the same thing. That love is what will truly transform ourselves and others into the original image of God that we were created to be. Specifically, we will look at the following:

- Week 1: Ephesians 1:3-14, 2:1-10**
- Week 2: Romans 8:28-39**
- Week 3: John 15:1-17**
- Week 4: 1 John 4:7-21**

Contact Jason Barrs if you have any questions about any upcoming events.  
bjasonbarrs@gmail.com

## SOUPER BOWL OF CARING

We will collect donations for Rehoboth UMC Food Pantry following worship. Then we will go out for lunch.



## HANDS & FEET PROJECT SAT FEB 8 10-12

We will working on a few projects around the church. Bring some gloves and wear older clothes.



## SHROVE TUESDAY PANCAKE SUPPER

Tues Feb 26 6-7:30 pm

## FEBRUARY DATES

2	Souper Bowl of Caring Lunch Outing
8	Hands & Feet (10-12)
9	Todd Lutz Luncheon NO Youth
16	Youth (4:30-6)
23	Youth (4:30-6)
25	Pancake Supper



## LAKE MURRAY CAMP

**JULY 18-25**

Cost: \$150

Deadline to Register: Feb 17



**Revolution 2020**  
**We had a wonderful weekend of worship and fellowship.**



# Bethel's Preschool First Pastries with Parents and other News!



Registration for the 2020-2021 school year begins on February 3, 2020. If you know of anyone interested in becoming part of our family, please have them contact the Preschool at 787-3089. Some of our classes fill VERY quickly.

We had our first "Pastries with Parents" on January 28. It wonderful to have parents and/or grandparents or special friends stop by to enjoy some breakfast pastries and juice. It is always special to have our loved ones come visit our school!

We are still in the process of trying to raise funds for new fencing and sand for the playground. Please mark your calendars now for our annual Spaghetti Supper and Silent Auction. The dinner will be held on March 19. If you would like to donate something or know of a business we can contact for a donation for our auction, please let me know. It always helps to have a personal contact!



Once again, in this month of LOVE, we will have our "Owl Mail". A mailbox in the hallway for anyone to drop notes of kindness! It can be to a child who attends the preschool, any of the teachers and preschool staff or church staff. Our four-year olds will "deliver" the mail daily. Everyone always likes a pat on the back!

Thank you so much for the support of our Preschool!



The BUMS had a great time at Harvest Hope food warehouse and Doc's BBQ restaurant on Shop Road.

Harvest Hope is a great place doing God's work.

## BUMS February Outing to Julia's German Restaurant

The BUMS are on the move again in February, but just for lunch.

On Thursday, February 13th the BUMS will be going to Julia's German Stammtisch/Restaurant at 120 Sparkleberry Crossing Road for 12:30pm. We will meet at the church back parking lot at 11:45 am and leave at 12 noon. We would love for you to join us for this special dining experience. If you are interested in attending please let Lucy Gordon know at cowboygordon@aol.com, 782-0032, or Cheryl Johnson at dojosc@aol.com, 738-2611 by Monday or Tuesday, February 10th & 11th.

# Soup-er Chili

## Luncheon Fundraiser!



### Come ONE, Come ALL!!!

Please join us for homemade soup, chili, crackers and dessert right after church **Feb. 9th, 2020; 12 noon!** **This fundraiser is for the Todd Lutz Scholarship Fund. The price for lunch is only \$6.00 per person and children under six eat free.** As always, thank you for supporting Bethel's scholarship fund!

Sponsored by the New Journey Sunday School Class and our amazing Youth!

### Attention: Members of the Lay Visitation Ministry Team (Visiting Buddies)

Please remember our shut-in and out of town members with cards, calls and love at Valentines.

A "Visiting Buddy" list and Valentine cards, made by our Bethel Youth, will be in a basket on top of the History Display Case for your use.

Thank you so much for caring.

## CREATIVE KNITTING, CROCHETING, NEEDLE POINT

If you enjoy creating something special as you knit, crochet or work needle point and would like to make something (I have 3 afghans already!) and donate it for the Todd Lutz Scholarship Fund raiser next November, 2020, please call me and we will discuss the details. This fund raiser can raise money and even more important, feature the crafts so many enjoy doing. Plus! You will have plenty of time to work on your craft. I'm excited about this fund raiser and hope to hear from many of you! Bonnie Lutz – 803-667-0495





## FUN at the WELL!

What a wonderful time was had by those able to attend the Womens Retreat sponsored by Shandon UMC. It was inspiring to worship our Lord with other Sisters in Christ.

The Weekend was led by Pastor Angela Nelson and it was a great study about important women in the Bible.

Next years retreat is going to be January 22-24, 2021. If you are interested in attending please contact Rev. Julie.

## Sandlapper Singers Perform at Bethel! Bring your Valentine and join us Sunday, February 9 at 5:00 in the Sanctuary for an Exciting Evening of Movies, Musicals and More!



You are invited to an evening of Blockbusters and Broadway as the Sandlapper Singers present, "Movies, Musicals, and More!" This concert will feature hits from old classics and new favorites such as "The Wizard of Oz," "Titanic," "Star Wars - Episode 1: The Phantom Menace," "Rocky," "The Greatest Showman," "West Side Story," "Phantom of the Opera," and more! Join the Sandlapper Singers to

relive memories from the stage and screen. **A love offering will be accepted at intermission.**

### About the Sandlapper Singers

Comprised of 45 voices, the Sandlapper Singers is an auditioned chamber choir and non-profit organization based in Columbia, South Carolina. Under the leadership of artistic director Dustin Ousley, the ensemble is dedicated to presenting choral music of the highest

caliber and ensuring the future of choral arts by mentoring young singers and educators. Founded in 1996 by Lillian and Dave Quackenbush, the Sandlapper Singers focuses on the works of American composers of the past and present, both traditional and contemporary. In addition to its annual concert series in the Columbia area, the ensemble regularly performs around the state and beyond.



## PEEPS

**Sun Feb 9 (4:30-6:00 pm)**

Join us for our "Sweet PEEPS"  
Party as we celebrate  
Valentine's Day



## GOOD NEWS CLUB

Will you help us with needs for this NEW ministry startup?!?!  
GNC is a weekly 6 week afterschool Bible Club, starting  
**Tuesday, February 11th at Satchel Ford Elementary School.**  
This will be a time of Bible lessons, games, music and snacks.  
Below are some opportunities/needs you can help us with.



### **OPPORTUNITIES & NEEDS:**

Small prizes (suckers, small toys, small coloring books, etc.)  
Financial donations (mark your check/envelope Good News Club)

PRAYER !!

If you have any questions or would like more info, you may contact one of the members of our team:

Sally Hafner

Debbie Carter

Rev. Julie Belman

Brenda Harper

Jason Barrs



## ASH WEDNESDAY SERVICE

Feb 26  
6:00 pm

## **HELP WITH YOUTH MINISTRY**

We are currently looking for some great people to volunteer with our awesome youth!! Maybe you are interested in what we do on a weekly basis or curious about youth events that we attend. If that is you we would love to have you come and be a part of us. If you are interested in helping to teach Sunday school, volunteer during weekly youth on Sunday afternoons 4:30-6:00 or attend a youth events during the year. Please contact Jason Barrs ([bjasonbarrs@gmail.com](mailto:bjasonbarrs@gmail.com) or (803-318-6061) if you have any questions or would like to sign up.

# February 2020 Calendar of Events

## Sunday, February 2

- 9:00 Reach Service (PAB)
- 9:45 Sunday School (EB)
- 11:00 Traditional Worship (S)
- 12:00 Souper Bowl Caring Youth
- 3:00 SPRC Training  
Mt. Hebron UMC
- 4:15 Handbells (CR)

## Monday, February 3

- 9:00 Preschool (EB)
- 9:30 Holy Yoga (S)
- 10:00 Staff Meeting (CR)
- 1:30 BUMS Meeting (NJC)
- 6:00 Trustees (CR)

## Tuesday, February 4

- 9:00 Preschool (EB)
- 11:30 Transitions
- 6:30 Choir Rehearsal (CR)

## Wednesday, February 5

- 9:00 Preschool (EB)
- 9:30 Preschool Chapel (S)
- 1:30 Prayer for Bethel (S)
- 6:00 Reach Band Practice (PAB)

## Thursday, February 6

- 9:00 Preschool
- 10:30 UMW Executive Meeting (CR)
- 7:00 Bible Study (CR)

## Friday, February 7

- 9:00 Preschool
- 10:00 Church Women United (PAB)

## Saturday, February 8

- 8:30 UMM Breakfast (PAB)
- 10:00 Youth Hands and Feet Ministry

## Sunday, February 9

- 9:00 Reach Service (PAB)
- 9:45 Sunday School (EB)
- 11:00 Traditional Worship (S)
- 12:00 Soup and Chili Lunch  
Fund Raiser for Todd Lutz  
Scholarship
- 4:15 Handbells (CR)
- 4:30 Youth/Peeps
- 5:00 Sandlapper Singers  
Perform at Bethel (S)

## Monday, February 10

- 9:00 Preschool
- 9:30 Holy Yoga (S)
- 2:00 Lina Ott Circle (CR)

## Tuesday, February 11

- 9:00 Preschool (EB)
- 8:00 UMW Legislative Day at  
Epworth
- 10:00 Java with Julie at  
Bruegger's Bagels
- 6:30 Choir Rehearsal (CR)
- 7:00 Sylvia Hulsey Circle (PAB)

## Wednesday, February 12

- 9:00 Preschool (EB)
- 9:30 Preschool Chapel
- 1:30 Prayer for Bethel (S)
- 6:00 Reach Band Practice (PAB)

## Thursday, February 13

- 9:00 Preschool (EB)
- 11:45 BUM's Outing (back parking)
- 7:00 Bible Study (NJ)

## Friday, February 14 Valentine's Day

- 9:00 Preschool (EB)

## Sunday, February 16

- 9:00 Reach Service (PAB)
- 9:45 Sunday School (EB)
- 9:45 Java with Julie (Parlor)
- 11:00 Traditional Worship (S)
- 4:15 Handbells (CR)
- 4:30 Youth
- 6:00 Lois McNair Group (offsite)

## Monday, February 17

- 9:00 Preschool (EB)
- 9:30 Holy Yoga (S)

## Tuesday, February 18

- 9:00 Preschool (EB)
- 6:30 Choir Rehearsal (CR)

## Wednesday, February 19

- 9:00 Preschool (EB)
- 9:30 Preschool Chapel
- 1:30 Prayer for Bethel (S)
- 6:00 Stewardship Committee (CR)
- 6:00 Reach Band Practice (PAB)

## Thursday, February 20

- 9:00 Preschool (EB)
- 2:30 Kitchen Committee (PAB)
- 7:00 Bible Study (NJ)

## Friday, February 21

- 9:00 Preschool (EB)

## Sunday, February 23

- 9:00 Reach Service (PAB)
- 9:45 Sunday School (EB)
- 11:00 Traditional Worship (S)
- 12:00 Holroyd SS Class Lunch (PAB)
- 4:15 Handbells (CR)
- 4:30 Youth (EB)

## Monday, February 24

- 9:00 Preschool
- 9:30 Holy Yoga (S)
- 6:00 SPRC Meeting (CR)

## Tuesday, February 25

- 9:00 Preschool (EB)
- 6:00 Shrove Pancake Supper (PAB)
- 6:45 Choir Rehearsal (CR)

## Wednesday, February 26

- 9:00 Preschool (EB)
- 9:30 Preschool Chapel
- 1:30 Prayer for Bethel (S)
- 6:00 Ash Wednesday Service (S)

## Thursday, February 27

- 9:00 Preschool (EB)
- 7:00 Bible Study (NJ)

## Friday, February 28

- 9:00 Preschool Closed





## February Birthdays & Anniversaries

### Birthdays

- 2 Coy White  
James Belman
- 7 Debbie Carter
- 8 Kristen Burnett
- 11 Sid George  
Bill Hulbert
- 15 Connie Fowke
- 21 Wilhelm Elliott
- 26 Heyward Burnett

### Anniversaries

- 2 Al and Debbie Carter
- 14 Bill and Sylvia Hulbert



### Special Prayers for Bethel Friends and Family

Margaret & David Hinze, GA; Irene Boyd, NC; Nancy Johnson, Wildewood Downs; Mary Kirby, Waterford; Claude Murphy, Forest Pines; Betty Onley, Carmen Pool, Rice Estates; Harry & Sarah Parker, Betty Schuler, Still Hopes; Connie Fowke, Rosa Moon, NHC; Charles Veach at Baptist Hospital; Larry Cope, Kay Fraiser, Fran Love, Bobby & Gloria Pruet, Sibyl Staples, Ken Wood, Kathy Varn.

Please remember the Family of Eleanor Etheride in your prayers.

## Serving our Congregation in January

### Greeters

- February 2 Ann and John Mathis, Iva Dell Griffith
- February 9 Lucy and Ron Gordon, Kimberly Wilson
- February 16 Lucinda Miller, Ken Wood, Nell Porter
- February 23 Frances and Ken May, Mike Hellams

### Ushers

- February 2 Tom Elliott, Furman Porter, Lee Wilson, Bill Lucas
- February 9 Arnette Jordan, Kimberly Wilson, Diane Roddey, Bonnie Speas
- February 16 Ken May, Ken Wood, Dan Toma, David Barnes
- February 23 Frank Hafner, Tom Elliott, John Mathis, Anne Mathis

### Sound System Operator

- February 2 Jack Bonniville
- February 9 Jack Bonniville
- February 16 Jack Bonniville
- February 23 Jack Bonniville

### Acolyte/Crucifer

- February 2 Emily Rose Walker/Hannah Curran
- February 9 Foster Barrs
- February 16 Jordan Davis
- February 23 Skyy Morgan

### Children's Moment

- February 2 No Children's Moment
- February 9 Debbie Carter
- February 16 Jason Barrs
- February 23 Julie Belman

### Offering Counters

- February 2 Charles Byrn and Ken Wood
- February 9 Sharon Bonniville and Cappy George
- February 16 Cathy Crumpler and Sara Derrick
- February 23 Frank Hafner and Chuck Ward

### Sanctuary Preparation

Janel Bell and Brenda Harper

### Sanctuary Lock up

Bill Lucus and Doug Ingbretsen