

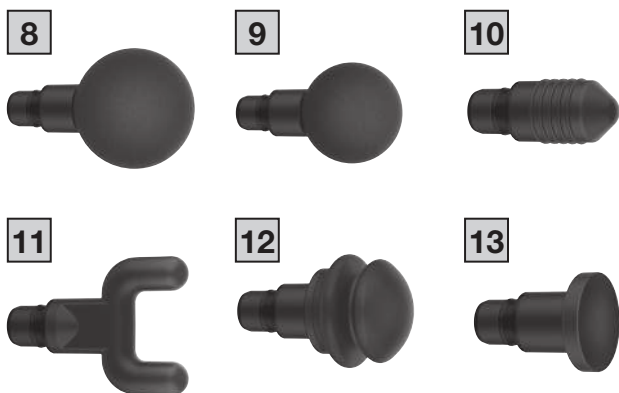
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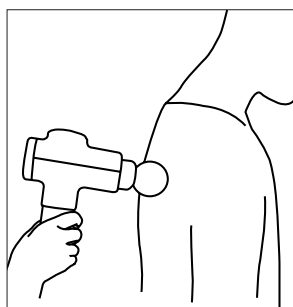
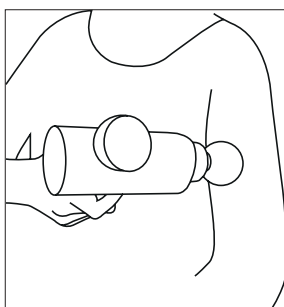
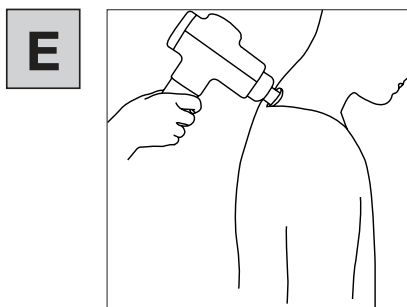
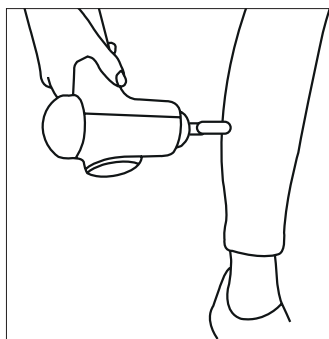
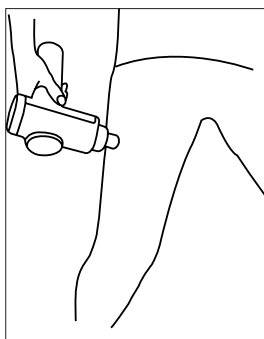
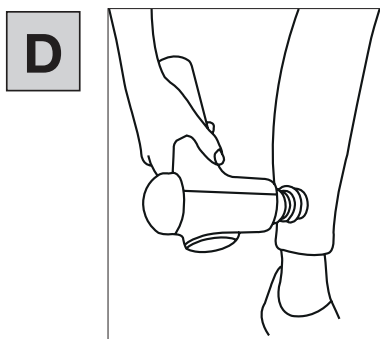
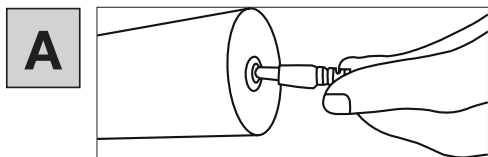
MG 180 Massage Gun



EN Deep Tissue Massager
Instructions for use









Read these instructions for use carefully and keep them for later use, be sure to make them accessible to other users and observe the information they contain.

⚠ WARNING

- The device is only intended for domestic/private use, not for commercial use.
- This device may be used by children over the age of 8 and by people with reduced physical, sensory or mental skills or a lack of experience or knowledge, provided that they are supervised or have been instructed on how to use the device safely, and are fully aware of the consequent risks of use.
- Children must not play with the device.
- Cleaning and user maintenance must not be performed by children unless supervised.
- If the mains connection cable of this device is damaged, it must be disposed of. If it cannot be removed, the device must be disposed of.
- Under no circumstances should you open or repair the device yourself, as faultless functionality can no longer be guaranteed thereafter. Failure to observe this will invalidate the warranty.
- Do not insert any objects into the opening in the device or into the moving parts. Ensure that the moving parts can move freely at all times.
- Do not force or jam any part of your body, in particular your fingers, between the moving massage elements or their holder in the device.

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1. INCLUDED IN DELIVERY







Check that the exterior of the cardboard delivery packaging is intact and make sure that all contents are present. Before use, ensure that the Deep Tissue Massager and the attachments show no visible damage.

- 1 x Deep Tissue Massager
- 6 x attachments
- 1 x mains adapter
- 1 x set of these instructions for use

2. SIGNS AND SYMBOLS

The following symbols are used on the device, in these instructions for use, on the packaging and on the type plate for the device:

	WARNING Indicates a potentially impending danger. If it is not avoided, there is a risk of death or serious injury.
	CAUTION Indicates a potentially impending danger. If it is not avoided, slight or minor injuries may result.
	NOTICE Indicates a potentially harmful situation. If it is not avoided, the system or something in its vicinity may be damaged.
	Product information Note on important information
	For indoor use only
	Read the instructions
	Do not use the Deep Tissue Massager on people with implanted electrical devices (e.g. a pacemaker)
	Marking to identify the packaging material. A = Material code, B = Material number: 1-7 = Plastics, 20-22 = Paper and cardboard
	Protection class 2 device
	The electronic device must not be disposed of with household waste
	Do not dispose of batteries containing harmful substances with household waste
	Manufacturer
	CE labelling This product satisfies the requirements of the applicable European and national directives.
	The products demonstrably meet the requirements of the Technical Regulations of the EAEU.
	Energy efficiency level 6
	Direct current
	Polarity of d.c. power connector

	Protected against solid foreign objects 12.5 mm in diameter and larger
	Switch mode power supply unit
	Safety isolating transformer, short-circuit proof
	United Kingdom Conformity Assessed Mark
	Separate the product and packaging elements and dispose of them in accordance with local regulations.
	Importer

3. PROPER USE

⚠ WARNING

Use the Deep Tissue Massager and the attachments only for massage treatment on the legs, shoulders, arms and back region (excluding the spine). The Deep Tissue Massager and the attachments are NOT intended for use on the head or face or in the pubic area.

Only use the Deep Tissue Massager with the attachments included in delivery. The Deep Tissue Massager and the attachments are not medical devices, but massage treatment devices. The Deep Tissue Massager is only suitable for personal use, not for medical or commercial purposes. The device may only be used for the purpose for which it is designed and in the manner specified in the instructions for use. Any form of improper use can be dangerous. The manufacturer is not liable for damage resulting from improper or careless use. Do not use the massager if one or several of the following warnings and safety notes applies to you. If you are unsure whether the massager is suitable for you, please consult your doctor.

4. WARNINGS AND SAFETY NOTES

⚠ WARNING

- Do not use the device if you suffer from a medical abnormality or injury in the area to be massaged (e.g. slipped disc, open wounds).
- Do not use the device if you wear a pacemaker.
- Under no circumstances use the device for massaging the area around the heart.
- Never use the device on swollen, burnt, inflamed or injured skin and body parts.
- Do not use the device on cuts, capillaries, varicose veins, acne, couperose, herpes or other skin diseases.
- Do not use the device during pregnancy.
- Do not use the device on the head.
- Do not use the device on the face (eyes), the larynx or other particularly sensitive body parts.
- Do not use the device on the spine.
- Do not use the device in the pubic area.
- Never use the device while sleeping.
- Do not use the device on animals.
- Do not use the device after the consumption of medicines or alcohol (reduced cognition!).
- Do not use the device in a vehicle.



You should consult your doctor before using the device, especially if you suffer from a severe illness

- if you have a pacemaker, implant or other aids
- if you suffer from thrombosis
- if you suffer from diabetes
- if you are suffering from pain, the cause of which is unknown

⚠ WARNING

- Keep packaging material away from children. Choking hazard!
- Keep the attachments away from children. Choking hazard!
- Make sure that the device does not come into contact with water or other liquids.
- Never reach for a device that is submerged in water.
- Children must be supervised at all times whilst using the device.

There is a risk of fire if the device is used improperly or these instructions for use are ignored.

The following rules apply when using the device:

- Always supervise the device when it is in use, especially if there are children nearby.
- Never use the device underneath a cover, such as a blanket, pillow, etc.
- Never use the device near petrol or other highly flammable substances.
- Only use the device in dry interior rooms (e.g. never in the bath or sauna).

⚠ CAUTION

- Before use, ensure that the device and the attachments show no visible damage. If you have any doubts, do not use the device and contact your retailer or the specified Customer Service address.
- Never open the housing.
- Keep the device away from pointed or sharp objects.
- If the device has been dropped or has suffered any other damage, it must no longer be used.
- Switch off the device after every use and before cleaning.
- Never use the device for periods of longer than 15 minutes (risk of overheating). Allow the device to cool down for at least 15 minutes before using it again.
- Only use the device with the supplied accessories.
- Protect the device and the attachments from knocks, dust, chemicals, drastic changes in temperature, electromagnetic fields and nearby sources of heat (ovens, heaters).

Notes on handling batteries

⚠ WARNING

- **Risk of explosion! Risk of fire!** Failure to comply with the points mentioned can result in personal injury, overheating, leakage, venting, breakage, explosion, or fire.
- Always use the correct or supplied charging cable/charger/ mains adapter for charging.
- Avoid continuous charging or overcharging. Unplug the charger when charging is complete.
- To charge the device, please use an adapter that matches the input specifications for the device (input: 26.0 V, 1.0 A).
- Charge the device under supervision, paying attention to any heat generated, deformation, or release of gases. If in doubt, stop charging.
- If batteries/charging cables/chargers are defective, stop using them and dispose of them properly as soon as possible (see chapter on disposal).
- Do not throw the device or batteries into a fire.
- Never forcibly discharge, heat, disassemble, open, crush, deform, encapsulate, modify, or knock the device or batteries.

- Never short-circuit batteries or the connections of the battery-powered device.
- Protect the device or batteries from direct sunlight, rain, heat, and water.
- Exposure of batteries to an environment with extremely high temperatures or an extremely low air pressure may result in explosion or leakage of flammable liquids and gases.
- If fluid from a battery comes into contact with your skin or eyes, wash the affected areas with water and seek medical assistance.

NOTICE

This device contains a battery that is not replaceable. Once a battery has reached the end of its service life, the device must be disposed of properly (see chapter on disposal).

Repairs

⚠ WARNING

- Never attempt to repair the device yourself!
- Only specialist personnel may perform repairs on electrical devices. Under no circumstances should you open or repair the device yourself, as faultless functionality can no longer be guaranteed thereafter. Improper repairs may subject users to considerable danger. For repairs, please contact Customer Services or an authorised retailer. Failure to observe this will invalidate the warranty.

5. DEVICE DESCRIPTION

The associated illustrations are on pages 4 and 5.

5.1 Deep Tissue Massager

1 Attachment

6 different attachments are available

2 ON/OFF button

3 Battery state indicator (5 LEDs)

1 red + 4 green LEDs	= Battery state at 100%
1 red + 3 green LEDs	= Battery state at 75%
1 red + 2 green LEDs	= Battery state at 50%
1 red + 1 green LED	= Battery state at 25%
1 red LED flashes	= Low battery

4 ON/OFF switch

5 Connection for mains adapter

6 Handle

7 LED display

5.2 Attachments

8 Large spherical head

Best suited for treating large areas and large muscle groups.

9 Small spherical head

Best suited for treating small areas of muscle and muscle groups.

10 Spiral head

Best suited for treating deep muscle tissue and for targeted spot massages.

- 11 U-shaped head**
Best suited for treating deep muscle tissue in the lower back area (excluding the spine) or the Achilles tendon.
- 12 Air cushion head**
Best suited for treating sensitive tissue, such as in the neck area.
- 13 Flat head**
Best suited for treating large areas on the entire body.

6. INITIAL USE

NOTICE

Before using the Deep Tissue Massager for the first time, charge it first for a minimum of 3 ½ hours. To do so, proceed as follows:

1. Connect the supplied mains adapter to the Deep Tissue Massager. The connection for the mains adapter is located on the bottom of the handle of the Deep Tissue Massager. **A**
2. Then insert the mains adapter into a suitable socket.

Whilst the device is charging, all 5 LEDs flash from right to left. As soon as the Deep Tissue Massager is fully charged, all 5 LEDs will light up permanently. The battery will last for approx. 3 hours of operation when fully charged. Charge the Deep Tissue Massager again as soon as only one red LED flashes when operating the device.

7. USING THE DEVICE

7.1 Notes on use

NOTICE

The massage treatment must feel pleasant at all times. A slight haematoma may well occur – this is a positive therapeutic effect as the use of the Deep Tissue Massager can selectively encourage your blood flow. In isolated cases, areas of redness may also occur on the skin. If you experience excessive skin irritation, stop using the Deep Tissue Massager and consult a doctor. Depending on how tense/tight your muscles are, we recommend using the device for approx. 10-15 minutes on the area you wish to treat (legs, shoulders, arms and back).

7.2 Selecting/changing the attachment

Before starting the massage, you first need to choose the right attachment. Section “Attachments” contains a list of all the attachments and what they are best suited for.

To change an attachment, proceed as follows:

1. Pull the existing attachment horizontally off the Deep Tissue Massager. **B**
2. Slide your desired attachment firmly into the Deep Tissue Massager until you feel it click securely into place. **C**

7.3 Switching the device on/selecting the vibration level

NOTICE

The Deep Tissue Massager comes with an automatic switch-off function. This means that the Deep Tissue Massager automatically switches off after a period of use of 15 minutes.

1. Slide the **ON/OFF switch** on the bottom of the handle to the “ON” position. The battery level indicator starts to light up.
2. Briefly press the **ON/OFF button** to switch on the device.
3. To switch between the four vibration settings, briefly press the **ON/OFF button**. If the device is in the fourth vibration setting and you press the **ON/OFF button** again, the Deep Tissue Mas-

sager will switch off. You can also switch off the Deep Tissue Massager directly whilst it is in use by pressing and holding the **ON/OFF button** for 2 seconds. The battery state indicator goes out and the massage stops.

4. Once the treatment is complete, slide the **ON/OFF switch** on the bottom of the handle to the “OFF” position.

7.4 Examples of use

Lower legs, thighs and calves **D**
Shoulders, arms and back **E**

NOTICE

Make sure that the massager is not rolled directly over your bones.

8. CLEANING AND MAINTENANCE

Cleaning

⚠ WARNING

- Switch off the device each time before cleaning.
- Clean the device with a slightly damp cloth only.
- Clean the device using only the methods specified. Under no circumstances may liquid enter the device.
- Do not use the device again until it is completely dry.
- Do not clean the device in the dishwasher.
- Do not use any abrasive cleaning products or hard brushes.

Care

If you do not plan to use the Deep Tissue Massager for a long period of time, we recommend that you store it in the original packaging in a dry environment, ensuring it is not weighed down by additional items.

9. WHAT IF THERE ARE PROBLEMS?

Problem	Solution
The Deep Tissue Massager stops during use.	Make sure that you do not exert too much pressure on the Deep Tissue Massager when using it. If you exert too much pressure, the device will stop briefly.

10. DISPOSAL

Battery disposal

The empty, completely flat batteries must be disposed of through specially designated collection boxes, recycling points or electronics retailers. You are legally required to dispose of the batteries. The codes below are printed on batteries containing harmful substances:

Pb = battery contains lead

Cd = battery contains cadmium

Hg = battery contains mercury




For environmental reasons, do not dispose of the device in the household waste at the end of its useful life.

Dispose of the device at a suitable local collection or recycling point in your country. Dispose of the device in accordance with EC Directive – WEEE (Waste Electrical and Electronic Equipment). If you have any questions, please contact the local authorities responsible for waste disposal.



11. TECHNICAL SPECIFICATIONS

Mains operation: Input Output	100-240 V~, 50-60 Hz, 0.7 A 26.0 V  1.0 A, 26.0 W
Average efficiency during operation	≥ 89.93%
Efficiency at low load (10%)	≥ 82.43%
No-load power consumption	≤ 0.091 W
Dimensions	approx. 17.5 x 7 x 24 cm
Weight	approx. 1052 g
Battery: Capacity Nominal voltage Type designation	2500 mAh 22.2 V Lithium-ion

12. WARRANTY/SERVICE

Further information on the guarantee and guarantee conditions can be found in the guarantee leaflet supplied.

Subject to errors and changes

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