

beurer MG 206 HD-enjoy



EN Shiatsu seat cover
Instructions for use



Read these instructions for use carefully and keep them for later use, be sure to make them accessible to other users and observe the information they contain.

WARNING

- The unit is only intended for domestic/private use, not for commercial use.
- This device may be used by children over the age of 8 and by people with reduced physical, sensory or mental skills or a lack of experience or knowledge, provided that they are supervised or have been instructed on how to use the device safely, and are fully aware of the consequent risks of use.
- Children must not play with the device.
- Cleaning and user maintenance must not be performed by children unless supervised.
- If the mains connection cable of this device is damaged, it must be disposed of. If it cannot be removed, the device must be disposed of.
- The device has a hot surface. Persons insensitive to heat must be careful when using the device.
- Do not insert any objects into the device apertures or the rotating parts. Ensure that the moving parts can move freely at all times.
- Under no circumstances should you open or repair the device yourself, as faultless functionality can no longer be guaranteed thereafter. Failure to adhere to this instruction will void the warranty.

Table of contents

1. Items included in the package	3	7. Operation.....	6
2. Explanation of symbols	3	8. Cleaning and maintenance.....	7
3. Proper use	4	9. In the event of problems.....	7
4. Warnings and safety notes	4	10. Technical specifications	7
5. Appliance description.....	5	11. Disposal.....	7
6. Initial use	6	12. Warranty / Service	7

1. Items included in the package















Check that the exterior of the delivery cardboard packaging is intact and make sure that all components are present. Before use, ensure that there is no visible damage to the device or accessories and that all packaging material has been removed. If you have any doubts, do not use the device and contact your retailer or the specified Customer Service address.

1 x Shiatsu seat cover

1 x These operating instructions

2. Explanation of symbols

The following symbols are used in the operating instructions and on the type plate:

	WARNING	Warning of risks of injury or health hazards.
	CAUTION	Safety information about possible damage to appliance/accessories.
	Note	Important information.
	Read the instructions for use	
	The device has double protective insulation and therefore complies with protection class 2.	
	Only use indoors.	
	Please dispose of the device in accordance with EC Directive – WEEE (Waste Electrical and Electronic Equipment).	
	Manufacturer	
	Separate the packaging elements and dispose of them in accordance with local regulations.	
	Marking to identify the packaging material. A = Material code, B = Material number: 1-7 = Plastics, 20-22 = Paper and cardboard	
	This product satisfies the requirements of the applicable European and national directives.	
	The products demonstrably meet the requirements of the Technical Regulations of the EAEU.	
	United Kingdom Conformity Assessed Mark	
	Separate the product and packaging elements and dispose of them in accordance with local regulations.	

3. Proper use

This device is solely intended for massaging the backs of human beings. It cannot replace medical treatment. Do not use the massage device if any of the following warnings apply to you.



WARNING

Use of the massage device is prohibited in the following cases:

- not with changes caused by disease or injury in the back region (e.g. disc problems, open wounds),
- not during pregnancy,
- never while you sleep,
- not in the car,
- not on animals,
- not during activities during which an unexpected reaction may be dangerous,
- not while ingesting substances that reduce reaction times (e.g. painkiller medications, alcohol),
- never longer than 15 minutes (risk of overheating) and allow it to cool off for at least 15 minutes before using it again.

Please consult your doctor if you are unsure whether or not the massage device is suitable for you.

Children should be supervised to ensure that they do not use the device as a toy.

You should consult your doctor before using the massage device if:

- you suffer from a serious illness or are recovering from an operation on the upper body,
- you are fitted with a cardiac pacemaker, implant or other aid,
- Thromboses,
- Diabetes,
- in case of pains of unclarified origin.

The device is only intended for the purpose described in these operating instructions. The manufacturer cannot be held liable for damage occurring as a result of inappropriate or careless use.

4. Warnings and safety notes

Please read these operating instructions carefully. Failure to observe the information provided below can lead to personal injury or material damage. Keep these instructions in a safe place where they can also be read by other persons using the device. Always pass on these instructions together with the appliance if you sell it or pass it on.



WARNING

Keep children away from the packaging materials. Risk of suffocation.



WARNING: Electric shock

Just like any other electrical appliance, this massage device must be handled with due care and attention in order to prevent the risk of electric shock.

For this reason, the device must only be operated as follows:

- With the mains voltage specified on the device only.
- Do not use the device if damage to the device itself or any of its accessories is evident.
- Never use the appliance during a thunderstorm.

In the event of a defect or malfunction, switch the device off immediately and disconnect it from the power supply. Never pull on the power cable or on the appliance in order to disconnect the plug from the mains outlet. Never hold or carry the device by the power cable. Keep the cables away from hot surfaces. Do not pinch, kink or twist the cables. Do not stick in any pins, needles or sharp objects. Make sure that the massage device, the switch, the power supply unit and the cable do not come into contact with water, steam or other fluids.

For this reason, the device must only be operated as follows:

- Only in dry inside rooms (e.g. never in the bathtub or sauna).
- Only with dry hands.

Never try to retrieve the device if it falls into water. Disconnect the plug immediately from the mains outlet.

Do not use the device if damage to the device itself or any of its accessories is evident.

Do not subject the device to any impact and do not drop it.

Repairs



WARNING

- Repairs to electrical appliances must only be carried out by qualified persons. Incorrect repairs can lead to considerable danger for the user. In the event of repairs, please contact our customer service or an authorized dealer.
- The zip fastener on the Shiatsu massage device must not be opened. It is only fitted for reasons relating to the manufacturing of the device.

Fire hazard



WARNING

There is a risk of fire if the device is used incorrectly or if it is not used according to these operating instructions.

For this reason, the massage device must only be operated as follows:

- Never use the device under covers, such as blankets or pillows.
- Never use the device in the vicinity of petrol or other easily flammable materials.

Handling



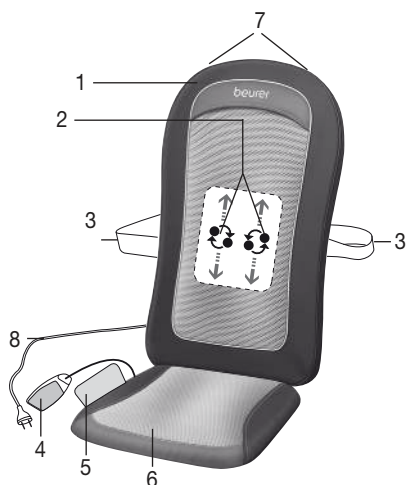
CAUTION

Switch the device off and disconnect the power supply after every use and before every cleaning.

- Operate the device in an upright position only, never place it flat on the floor.
- Never sit or stand on the moving parts of the device with all your weight and do not place objects on the device.
- Keep the device away from high temperatures.

5. Appliance description

Shiatsu massage pillow (front)



1. Protective cover
2. Four massage heads
3. Fastening straps
4. Hand switch
5. Storage bag
6. Removable seat cushion
7. Coat hanger loops (rear)
8. Mains cable

Hand switch



1. Button
2. **timer** button (5–10–15 minutes)
3. **A+B** button (entire back massage)
4. **A** button (upper back massage)
5. **B** button (lower back massage)
6. **heat** button (heat)
7. **demo** button

6. Initial use

- Fasten the protective cover to the surface of the Shiatsu seat cover with the Velcro straps. It is also possible to massage without the protective cover; this is generally found to be “harder”.
- Position the seat cover upright on a suitable seating arrangement with seating surface and backrest (chair, sofa, or similar). Ensure that the seat cover is supported over its entire area and has a sufficiently high backrest.
- Use the flexible fastening straps and Velcro strips to secure the Shiatsu seat cover.
- Connect the device to the mains power supply.

7. Operation

Gently press your back against the massage device to start with. Then make sure that you are in a comfortable position before gradually shifting your weight onto the massage device. The massage must be pleasant and relaxing at all times. Stop the massage or change your position or the contact pressure if you find it is painful or unpleasant.

- Do not force any part of your body, in particular your fingers, between the rotating massage heads and their mountings in the device.
- Sit comfortably and upright on the seat cover. Ensure you sit centered and such that the massage heads can move to the left and right of your spinal column.
- Switch on the massage device with the button. Select the region you wish to massage with the **A+B/A/B** button.

The LED lamp indicates the massage region set.

- You can activate the heat function of the massage heads by pressing the **heat** button [6].
- The Shiatsu massage unit with rotating massage heads slowly moves upwards from the starting position in the lowest region of the back and moves up and down in the massage region set. Application only at a single point is not possible, as the rotational movement and the displacement up and down are coupled.
- The automatic switch-off function is activated with selection of the massage region and is preset to 15 minutes. You can set the automatic switch-off function to 5, 10 or 15 minutes by pressing the **timer** button. Please note that changing the timer setting makes the timer start to count again from the beginning. To avoid overheating the device, select the maximum massage duration at the beginning of the massage and do not change it again during the massage.
- Do not use the massage device for longer than 15 minutes and then allow it to cool. Using the device for longer can over-stimulate the muscles and cause tension instead of relaxation. The massage can be finished at any time by pressing the button. Please note that on switching off, the massage heads first return to the starting position at the lumbar region. This is indicated by the LED flashing. Once this position is reached, the device switches off.
- Do not disconnect the device from the mains supply during operation. Always switch it off only once it has reached the starting position at the bottom.
- Do not use the massage device for longer than 15 minutes and then allow it to cool. Using the device for longer can over-stimulate the muscles and cause tension instead of relaxation.

8. Cleaning and maintenance

Cleaning



WARNING


- Disconnect the device before cleaning it.
- Only clean the appliance in the manner specified. Fluid must never be allowed to enter into the device or accessories.
- Smaller stains can be removed using a cloth or moist sponge together with a little liquid detergent for delicate fabrics if necessary. Do not use any cleaning agents containing solvents.
- The removable cover is machine-washable at 40 °C. Please follow the cleaning and care symbols on the label which is sewn into the cover.
- Do not use the device again until it is completely dry.

Care

If you do not use the device for longer periods, we recommend storing it in the original packaging in a dry place without weighting it down.

Alternatively, you can hang the device in a wardrobe with a coat hanger. To do so, the coat hanger must be threaded through the hanging loops on the rear side of the device.

9. In the event of problems

Problem	Cause	Remedy
Massage heads rotating at reduced speed.	The load on the massage heads is too great.	Reduce the contact pressure on the head.
Massage heads only rotate in the upper or lower region.	The massage has been activated for the limited region.	Press the A+B/A/B buttons to change or extend the area.
Massage heads not moving.	Appliance not connected to the power supply.	Connect the plug to the mains supply and switch on the appliance.
	Device not switched on.	Switch the device on with  . Select the massage region.
	Overheating protection tripped, device is damaged.	Contact your authorized dealer or the service address.

10. Technical specifications

Supply:	100-240 V~, 50/60 Hz, 18 W
Dimension:	Back 41.5 x 4.0 x 70.5 cm Seat 39.0 x 3.0 x 38.0 cm
Weight:	Approx. 2.8 kg

11. Disposal



CAUTION

For environmental reasons, do not dispose of the device in the household waste at the end of its useful life. Dispose of the unit at a suitable local collection or recycling point. Dispose of the device in accordance with EC Directive – WEEE (Waste Electrical and Electronic Equipment). If you have any questions, please contact the local authorities responsible for waste disposal.



12. Warranty / Service

Further information on the guarantee and guarantee conditions can be found in the guarantee leaflet supplied.

