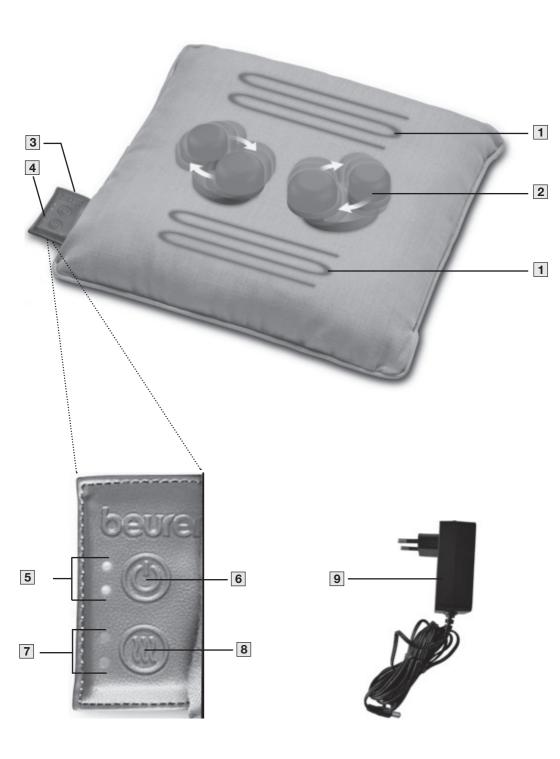
beurer

MG 139







ENGLISH



Read these instructions for use carefully and keep them for later use. Make them accessible to other users and note the information they contain.

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A WARNING

- The device is only intended for domestic/private use, not for commercial use.
- This device may be used by children over the age of 8 and by people with reduced physical, sensory or mental skills or a lack of experience or knowledge, provided that they are supervised or have been instructed on how to use the device safely, and are fully aware of the consequent risks of use.
- Children must not play with the device.
- Cleaning and user maintenance must not be performed by children unless supervised.
- If the mains connection cable of this device is damaged, it must be disposed of. If it cannot be removed, the device must be disposed of.
- The device has a hot surface. Persons insensitive to heat must be careful when using the device.
- Under no circumstances should you open or repair the device yourself.
 If you do so, it may no longer function correctly. Failure to comply will invalidate the guarantee.
- Do not insert any objects in the device apertures or in the rotating parts. Ensure that the moving parts can move freely at all times.

1. INTENDED USE

AWARNING

This device is intended to massage individual parts of the human body. It cannot replace medical treatment. Do not use the massager if one or several of the following warnings applies to you. If you are unsure whether the massager is suitable for you, please consult your doctor.

- Do not use the device on animals.
- Do not use the device if you suffer from a medical abnormality or injury in the area to be massaged (e.g. slipped disc, open wounds).
- Under no circumstances use the device for massages in the area around the heart if you wear a pacemaker – and consult your doctor regarding other parts of the body.
- Never use the device on swollen, burnt, inflamed or injured skin and body parts.
- Do not use the device on cuts, capillaries, varicose veins, acne, couperose, herpes or other skin diseases.
- . Do not use the device during pregnancy.
- Do not use the device on the face (eyes), the larynx or other particularly sensitive body parts.
- . Do not use the device for foot massages.
- Never use the device while sleeping.
- Do not use the device after the consumption of medicines or alcohol (reduced cognition!).
- . Do not use the device in a vehicle.

You should consult your doctor before using the device, especially

- if you suffer from a severe illness or have recently had surgery on your upper body,
- · if you have implants or other aids,
- if you suffer from thrombosis,
- · if you suffer from diabetes,
- · if you are suffering from pain, the cause of which is unknown.

The device is only intended for the purpose described in these instructions for use. The manufacturer is not liable for damage resulting from improper or careless use.

2. WARNINGS AND SAFETY NOTES

A WARNING

Danger of suffocation! Keep packaging material away from children.

A WARNING

Electric shock

- Never attempt to repair the device vourself!
- Only specialist personnel may perform repairs on electrical devices

As with every electrical device, use this massager carefully and cautiously in order to avoid danger due to electric shock.

Therefore, observe the following instructions for use:

- Use the device only with the mains adapter provided and at the mains voltage specified on the mains adapter.
- Never use the device if it or its accessories show visible signs of damage.
- Do not use the device during a storm.

In the event of defects or operational faults, switch the device off immediately and disconnect it from the mains socket. Do not pull on the mains cable or on the device to disconnect the mains adapter from the socket. Never hold or carry the device by the mains cable.

Keep the cables away from hot surfaces. Do not crush, bend or twist the cables. Do not insert needles or any sharp objects.

Ensure that the massager, control, mains adapter and cable do not come into contact with water, steam or other liquids. Therefore, only use the device in dry rooms (e.g. never in the bath, sauna).

Never pick up a device that has fallen into water. Disconnect the mains plug immediately. Do not drop the device or subject it to any impacts.

AWARNING

Repairs

- Only specialist personnel may perform repairs on electrical devices. Improper repairs may put users in significant danger. For repairs, please contact Customer Services or an authorised retailer.
- The inner zip fastening of the massager must not be opened. It is only used for technical production reasons.

AWARNING

Risk of fire

There may be a risk of fire if the device is used improperly or these instructions for use are ignored.

The massager must therefore be operated as follows:

- Never use the device underneath a cover, such as a blanket, pillow, etc.
- Never use the device near petrol or other highly flammable substances.

A WARNING

Handling

- The device must be switched off and disconnected after every use and before cleaning, except when it needs to be charged.
- Do not place your full weight (sitting, lying down or standing) on the moving parts of the device or place any objects on the device.
- Do not expose the device to high temperatures.

A WARNING

Notes on handling batteries

- If fluid from a battery cell comes into contact with your skin or eyes, wash the affected areas with water and seek medical assistance.
- Choking hazard! Small children could swallow and choke on batteries. Therefore, keep batteries out of the reach of small children!
- If a battery has leaked, put on protective gloves to dispose of the device.
- · Protect batteries from excessive heat.
- Risk of explosion! Never throw batteries into a fire.
- Do not disassemble, split or crush the batteries.
- In order to achieve as long a battery service life as possible, fully charge the battery at least 2 times a year.
- · Always switch the device off in advance of charging.
- Batteries must be charged correctly prior to use. The instructions from the manufacturer and the specifications in these instructions for use regarding correct charging must be observed at all times.

3. INCLUDED IN DELIVERY

Check that the exterior of the cardboard delivery packaging is intact and make sure that all contents are included in the delivery. Before use, ensure that the device shows no visible damage.

- 1 battery massage cushion with heat function
- 1 mains adapter
- 1 removable cover
- 1 copy of these instructions for use

4. SIGNS AND SYMBOLS

The following symbols are used on the device, in these instructions for use, on the packaging and on the type plate for the device:

A DANGER

Indicates an imminent danger. If it is not avoided, it will result in death or serious injury.

AWARNING

Indicates a potentially impending danger. If it is not avoided, there is a risk of death or serious injury.

A CAUTION

Indicates a potentially impending danger. If it is not avoided, slight or minor injuries may result.

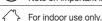
NOTICE

Indicates a potentially harmful situation. If it is not avoided, the system or something in its vicinity may be damaged.

Read the instructions



Product information Note on important information







Protection class II device



Manufacturer



Marking to identify the packaging material. A = material abbreviation,



B = material number: 1-7 = plastics, 20-22 = paper and cardboard



The electronic device must not be disposed of with household waste



Do not dispose of batteries containing harmful substances with household waste



Separate the product and packaging elements and dispose of them in accordance with local regulations.



CE labelling

This product satisfies the requirements of the applicable European and national directives.



Conformity assessed marking for the United Kingdom



Wash at a maximum temperature of 30°C Very gentle wash

Do not bleach

Do not dry in a tumble dryer

Do not iron

Do not dry clean

IP20

Protected against solid foreign objects, 12.5 mm in diameter and larger



Safety isolating transformer, short-circuit proof

The products demonstrably meet the requirements of the Technical Regulations of the EAEU.

Direct current (|₽)-

Switching mains adapter

 $\triangle \bullet \bullet$

Polarity of DC power connection



Energy efficiency level 6



Importer symbol

Nominal ambient temperature



Do not use the mains adapter if the plug is damaged Must not be used by very young children (0-3 years old).



Do not insert pins!

5. DEVICE DESCRIPTION

Battery massage cushion with heat function

The related illustrations are on page 3.

1 Heating surfaces

2 Four massage heads Rotating in pairs

Mains adapter connection

4 Control unit

5 Speed indicator (2 LEDs)

During operation:

One LED lights up green = low speed Two LEDs light up green = high speed

When charging:

LEDs flash blue alternately = battery level 0-50% One LED lights up, one flashes blue = battery level 51-99% = battery level 100% Both LEDs light up steady blue

6 ON/OFF button

Heat indicator (2 LEDs)

One LED lights up red = low heat level Two LEDs light up red = high heat level

8 Heat button

9 Mains adapter

6. USAGE

6.1 Initial use/charging the battery

Before using the device for the first time, you must charge it for a minimum of 2.5 hours. To do so, proceed as follows:

- 1. Remove all packaging material from the device.
- 2. Check the device, mains adapter and cable for damage.
- 3. Plug the supplied mains adapter [9] into the mains adapter connection [3] at the side and into a suitable socket. The LEDs on the speed indicator [5] will show the current battery level.



LEDs flash blue alternately = battery level 0-50%
One LED lights up, one flashes blue = battery level 51-99%
Both LEDs light up steady blue = battery level 100%

4. As soon as the two LEDs of the speed indicator [5] light up steady blue, remove the mains adapter [9] from the socket. The battery is now fully charged. The battery will last for approx. 2 hours of operation when fully charged. As soon as the speed indicator [5] starts to flash blue, you must recharge the device; otherwise it will automatically switch off.

6.2 Starting use



The device comes with an automatic switch-off function. This means that the device switches off automatically after 15 minutes of operation.

ACAUTION

- Do not use the massage function on the massager for more than 15 minutes. Longer massages can lead to over-stimulation of the muscles, creating tension instead of aiding relaxation.
- Do not force or jam any part of your body, in particular your feet, hands and fingers, between the rotating massage heads or their holders in the device.

Massage areas







Back massage: upper back area

Back massage: lower back area (lumbar)

Leg massage

Switching on

- 1. Press and hold the ON/OFF button 6 for 2 seconds. A green and a red LED begin to flash on the control unit 4. The device is now in standby mode.
- Briefly press the ON/OFF button 6 to switch on the device. An LED of the speed indicator 5 will start to light up green. The massage heads will start to rotate.
- 3. By briefly pressing the ON/OFF button **6**, you can choose between:

Low speed -> High speed -> Standby

- 5. At first, just press the body area that you want to massage carefully against the massage cushion. Then carefully check that the massage position is comfortable for you. Now gradually shift your body weight towards the massage cushion. The massage should feel pleasant and relaxing at all times. If the massage is painful or uncomfortable, stop the massage or change your position or the contact pressure.
- 6. To switch the device off, press and hold the ON/OFF button 6 for 2 seconds. The LEDs on the control unit 4 will go out.

7. CLEANING AND MAINTENANCE

Cleaning

A WARNING

- Always unplug the mains adapter from the socket and disconnect it from the device before carrying out any cleaning.
- Clean the device using only the methods specified. Liquid must not penetrate the device or the accessories under any circumstances.
- Small marks can be removed using a cloth or damp sponge, and some liquid delicate laundry detergent where necessary. Do not use any solvent-based cleaning products.
- Do not use the device again until it is completely dry.
- When changing the cover, make sure that you do not pull on the control unit as doing so could damage it.
- The removable cover is machine-washable at 30°C. Please note the symbols for care and cleaning on the label sewn into the cover.
- Do not use the device again until all components are completely dry.

Storage

If you do not plan to use the device for a long period of time, we recommend that you store it in the original packaging in a dry environment, ensuring it is not weighed down by additional items.

Use of other covers

You can use any commercially available cover (40 x 40 cm) for the device.



As commercially available covers do not have an additional slot for the control unit [4], the control unit [4] will be located inside the cover. Please note that this makes it harder to operate the device.

8. ACCESSORIES AND/OR REPLACEMENT PARTS

To purchase accessories and/or replacement parts, visit www.beurer.com or contact the corresponding service address (as per the service address list) for your country. Accessories and/or replacement parts are also available from retailers.

9. WHAT IF THERE ARE PROBLEMS?

Problem	Massage heads are rotating too slowly because the load on them is too high.
Solution	Reduce the load on the massage heads.
Problem	Massage heads are not moving because the device's battery is flat.
Solution	Charge the battery or connect the mains adapter and switch on the device.

10. DISPOSAL

Battery disposal

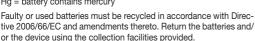
Empty, completely flat batteries must be disposed of in specially designated collection boxes, at recycling points or at electronics retailers. You are legally required to dispose of the batteries.

The codes below are printed on batteries containing harmful substances:

Pb = battery contains lead

Cd = battery contains cadmium

Hg = battery contains mercury



Pb Cd Ho

For environmental reasons, do not dispose of the device in household waste at the end of its service life.

Dispose of the device at a suitable local collection or recycling point in your country. Dispose of the device in accordance with EC Directive Waste Electrical and Electronic Equipment (WEEE). If you have any questions, please contact the local authorities responsible for waste disposal.

11. TECHNICAL SPECIFICATIONS

Mains operation: Input Output	100-240 V~; 50/60 Hz; 1.3 A 14.0 V = - 2.0 A; 28.0 W
Average efficiency during operation	≥86.74%
Efficiency at low load (10%)	≥80.83%
No-load power consumption	≤ 0.09 W
Dimensions	Approx. 40 x 40 x 11 cm
Weight	Approx. 1850 g (without mains adapter)
Battery: Capacity Nominal voltage Type designation	2200 mAh 11.1 V Lithium-ion

12. GUARANTEE / SERVICE

More information on the guarantee and guarantee conditions can be found in the guarantee leaflet supplied.