

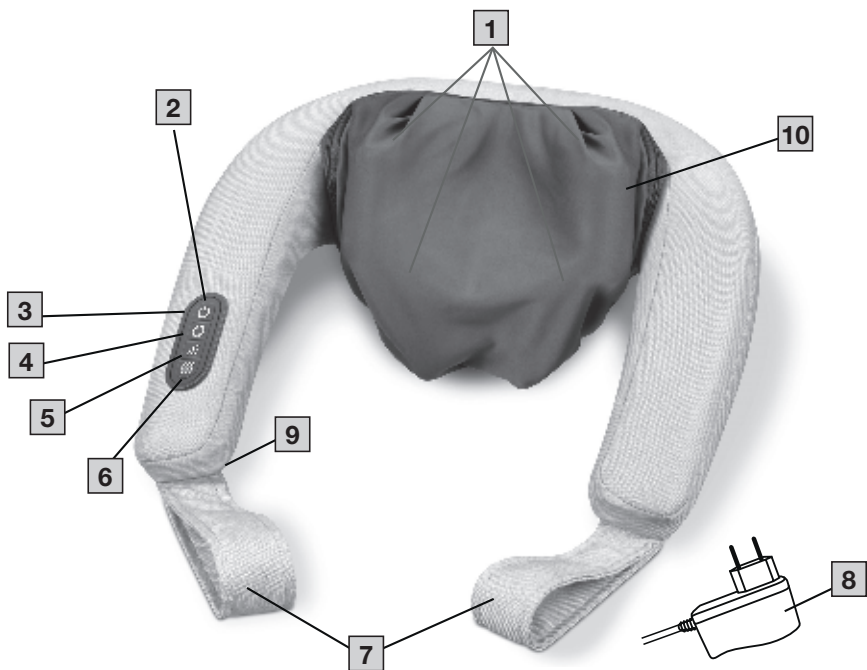
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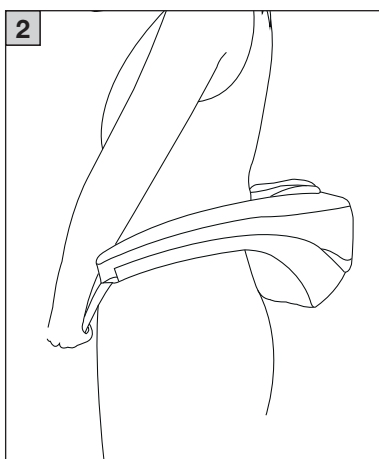
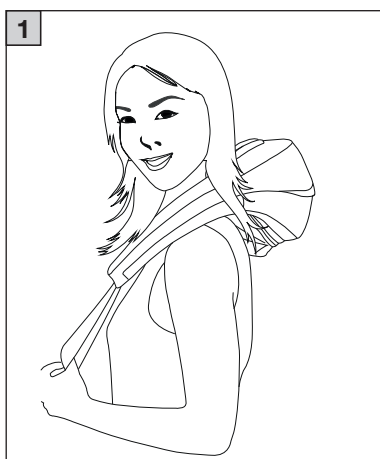


EN 4D Neck massager
Instruction for Use

CE



A





Read these instructions for use carefully and keep them for later use, be sure to make them accessible to other users and observe the information they contain.

⚠ WARNING

- The device is intended only for domestic/private use, not for commercial use.
- This device can be used by children over the age of 8 and by people with reduced physical, sensory or mental skills or a lack of experience or knowledge, provided that they are supervised or have been instructed on how to use the device safely and are aware of the consequent risks of use.
- Children must not play with the device.
- Cleaning and user maintenance must not be performed by children unless supervised.
- If the mains connection cable of this device is damaged, it must be disposed of. If it cannot be removed, the device must be disposed of.
- The device has a hot surface. Persons insensitive to heat must be careful when using the device.
- Do not insert any objects into device openings, or in the moving parts. Ensure that the moving parts can move freely at all times.
- Under no circumstances should you open or repair the device yourself, as faultless functionality can no longer be guaranteed thereafter. Failure to comply will invalidate the warranty.

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1. INCLUDED IN DELIVERY

Check that the exterior of the cardboard delivery packaging is intact and make sure that all contents are present. Before use, ensure that there is no visible damage to the device or accessories and that all packaging material has been removed. If you have any doubts, do not use the device and contact your retailer or the specified Customer Service address.























- 1 x 4D neck massager
- 1 x mains adapter
- 1 x set of these instructions for use

2. SIGNS AND SYMBOLS

The following symbols are used on the device, in these instructions for use, on the packaging and on the type plate for the device:

⚠ WARNING

Indicates a potentially impending danger. If it is not avoided, there is a risk of death or serious injury.

⚠ CAUTION Indicates a potentially impending danger. If it is not avoided, slight or minor injuries may result.	
NOTICE Indicates a potentially harmful situation. If it is not avoided, the system or something in its vicinity may be damaged.	
	Product information Note on important information
	Protection class II device
	For indoor use only
	Marking to identify the packaging material. A = Material code, B = Material number: 1-7 = Plastics, 20-22 = Paper and cardboard
	The electronic device must not be disposed of with household waste
	Manufacturer
	CE labelling This product satisfies the requirements of the applicable European and national directives.
	United Kingdom Conformity Assessed Mark
	Wash at a maximum temperature of 30 °C Very gentle wash
	Do not bleach
	Do not tumble dry
	Do not iron
	Do not dry clean
	Protected against solid foreign objects 12.5 mm in diameter and larger
	Safety isolating transformer, short-circuit proof
	The products demonstrably meet the requirements of the Technical Regulations of the EAEU.
	Direct current
	Switch mode power supply unit
	Polarity of d.c. power connector
	Energy efficiency level 6
	Importer
	Separate the product and packaging elements and dispose of them in accordance with local regulations.

3. GETTING TO KNOW YOUR DEVICE

The rotating kneading rollers and pinch nodes in your 4D neck massager imitate the pressure and kneading movements of a massage.

Using this electric massager, you can provide yourself or others with a soothing, effective massage with no help required. Massages can be relaxing or stimulating and work effectively to relieve strained muscles, aches and fatigue. The device offers a powerful, intensive massage for the neck, back, shoulders and thighs.

The massager is suitable only for **private use**, and not for medical or commercial purposes.

The massager also offers you the following benefits:

- Easy to use
- Clockwise and anti-clockwise rotation
- Heat function
- 2 speed settings
- 1 massage mode

4. INTENDED USE

This device is designed for massaging the neck, back, shoulders and thighs of the human body. It cannot replace medical treatment. Do not use the massager if one or several of the following warnings applies to you. If you are unsure whether the massager is suitable for you, please consult your doctor.

⚠ WARNING

- Do not use the massager:
 - on animals
 - if you suffer from a medical abnormality or injury in the area to be massaged (e.g. herniated disc, open wounds)
 - under any circumstances for massages in the area around the heart if you wear a pacemaker – and consult your doctor regarding other parts of the body
 - on swollen, burnt, inflamed or damaged skin and body parts of any kind
 - on cuts, capillaries, varicose veins, acne, couperose, herpes or other skin diseases
 - on the head or on hard parts of the body (e.g. bones and joints)
 - during pregnancy
 - on the face (eyes), on the larynx or other particularly sensitive body parts
 - for foot massages
 - while sleeping
 - after the consumption of medicines or alcohol (reduced cognition!)
 - on skin with previously applied cream (e.g. warming ointment),
 - in vehicles.
- Consult your doctor before using the massager, especially:
 - if you suffer from a severe illness or have recently had surgery on your upper body
 - if you have a pacemaker, implants or other aids
 - if you suffer from thrombosis
 - if you suffer from diabetes
 - if you are suffering pain from unknown causes

5. WARNINGS AND SAFETY NOTES

Read these instructions for use carefully! Non-observance of the following information may result in personal injury or material damage. Store these instructions for use and make them accessible to other users. Make sure you include these instructions for use when handing over the device to third parties.

⚠ WARNING

Keep packaging material away from children. There is the risk of suffocation.

Electric shock

⚠ WARNING

- As with every electrical device, use this massager carefully and cautiously, in order to avoid hazards due to electric shock.
- Therefore:
 - use the device only with the mains adapter provided and at the mains voltage specified on the mains adapter
 - never use the massager if it or its accessories show visible signs of damage
 - do not use the device during a thunderstorm
- In the event of defects or operational faults, switch off the massager immediately and disconnect the massager from the mains socket. Do not pull on the mains cable or on the massager to disconnect the mains adapter from the socket. Never hold or carry the device by the mains cable. Keep the cables away from hot surfaces. Do not crush, bend or twist the mains cable. Do not insert needles or any sharp objects.
- Ensure that the massager, the switch, the mains adapter and the mains cable do not come into contact with water, steam or other liquids. Therefore, only use the massager in dry rooms (e.g. never in the bath, sauna).
- Never reach for a device that is submerged in water. Pull the mains adapter out of the socket immediately.
- Do not use the device if it or its accessories are visibly damaged.
- Do not drop the device or subject it to any impacts.

Repairs

⚠ WARNING

- Only specialist personnel may perform repairs on electrical devices. Improper repairs may subject users to considerable danger. For repairs, please contact Customer Services or an authorised retailer.
- The zip fastening on the massager must not be opened. It is only used for technical production reasons.
- Use the mains cable for its intended purpose only.

Risk of fire

⚠ WARNING

- There is a risk of fire if the device is used improperly or these instructions for use are ignored.
- Therefore:
 - never use the device underneath a cover, such as a blanket, pillow, etc.
 - never use the device near petrol or other highly flammable substances.

Handling

⚠ CAUTION

- The device must be switched off and disconnected after every use and before cleaning.
- Do not place your full weight (sitting, lying down or standing) on the moving parts of the device or place any objects on the device.
- Do not expose the device to high temperatures.

6. DEVICE DESCRIPTION

The associated drawings are shown on page 3.

- 1 4 x kneading rollers
2 x pinch nodes (heatable)
- 2 Control element
- 3 ⏻ button
- 4 ⌚ button (anti-clockwise and clockwise rotation of the kneading rollers)
- 5 🔊 button (2 intensity levels, 1 massage mode)
- 6 🔥 button (heat function)
- 7 Handles
- 8 Mains adapter
- 9 Mains connection cable (cable is secured to the side)
- 10 Removable and washable cover

7. INITIAL USE

- Remove the packaging.
- Check the device, mains adapter and mains cable for damage.
- Insert the connector plug into the socket on the massager.
- Ensure that the mains cable does not pose a trip hazard.

8. USAGE

To begin with, press the area to be massaged only carefully against the device. Then check carefully whether the massage position is pleasant for you and then shift your weight gradually towards the massager. Switch on the massager with the ⏻ button. When switching the device on with the ⏻ button, the kneading rollers will begin to rotate, while the pinch nodes move up and down.

You can select the massage direction by pressing the ⌚ button.

If you wish to switch on the heat function, press the 🔥 button. If you press the 🔥 button again, the heat function will switch off again.

You can select between 2 intensity levels and one massage mode (short, sudden kneading movements) with the 🔊 button. The device automatically starts on the lowest intensity level. Press the ⏻ button to switch the massager off again.

NOTICE

- The massage should feel pleasant and relaxing at all times. If the massage is painful or uncomfortable, stop the massage or change the contact pressure using the handles.
- Use the massager for max. 15 minutes. Longer massages can lead to over-stimulation of the muscles, creating tension instead of aiding relaxation.
- The massager features an automatic switch-off function, which is set to the maximum operating duration of 15 minutes.

Massage examples

Neck massage [A1]:

- Place the massager around your neck.
- Set your desired contact pressure using the handles.

Back massage (lower back area) A1:

- Place the massager around your hips as shown.
- Set your desired contact pressure using the handles.

The examples depicted above show possible ways to use the device. Depending on your personal needs, the massager can also be used to massage the upper back area, the thighs and the calves.

9. CLEANING AND MAINTENANCE


Cleaning

⚠ WARNING

- Always unplug the mains adapter from the socket and disconnect it from the device before carrying out any cleaning.
- Clean the device using only the methods specified. Under no circumstances may liquid enter the device or the accessories.
- Small marks can be removed using a cloth or damp sponge, and some liquid delicate laundry detergent where necessary. Do not use any solvent-based cleaning products.
- Do not use the device again until it is completely dry.

Care

If you do not plan to use the device for a long period of time, we recommend that you store it in the original packaging in a dry environment, ensuring it is not weighed down by additional items.



The cover of the kneading rollers and pinch nodes is washable at 30°C.

10. ACCESSORIES AND/OR REPLACEMENT PARTS

To purchase accessories and/or replacement parts, visit www.beurer.com or contact the corresponding service address (as per the service address list) for your country. Accessories and/or replacement parts are also available from retailers.

11. WHAT IF THERE ARE PROBLEMS?


Problem	Cause	Solution
Massage heads rotating too slowly.	The load on the massage heads is too great.	Free up massage heads.
Massage heads do not move.	The device is not connected to mains power supply.	Connect the mains adapter and switch on the device.

12. DISPOSAL

For environmental reasons, do not dispose of the device in the household waste at the end of its useful life. Dispose of the unit at a suitable local collection or recycling point. Dispose of the device in accordance with EC Directive – WEEE (Waste Electrical and Electronic Equipment). If you have any questions, please contact the local authorities responsible for waste disposal.



13. TECHNICAL SPECIFICATIONS

Mains operation:	
Input	100-240 V~, 50/60 Hz, 0.8 A
Output	12.0 V  2.0 A, 24.0 W

Average active efficiency	≥ 87.24 %
Efficiency at low load (10 %)	≥ 84.95 %
No-load power consumption	≤ 0.09 W
Dimensions	approx. 55 x 39 x 19 cm
Weight	approx. 1823 g

14. WARRANTY / SERVICE

Further information on the warranty and warranty conditions can be found in the warranty leaflet supplied.



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