

# beurer

## MG 202



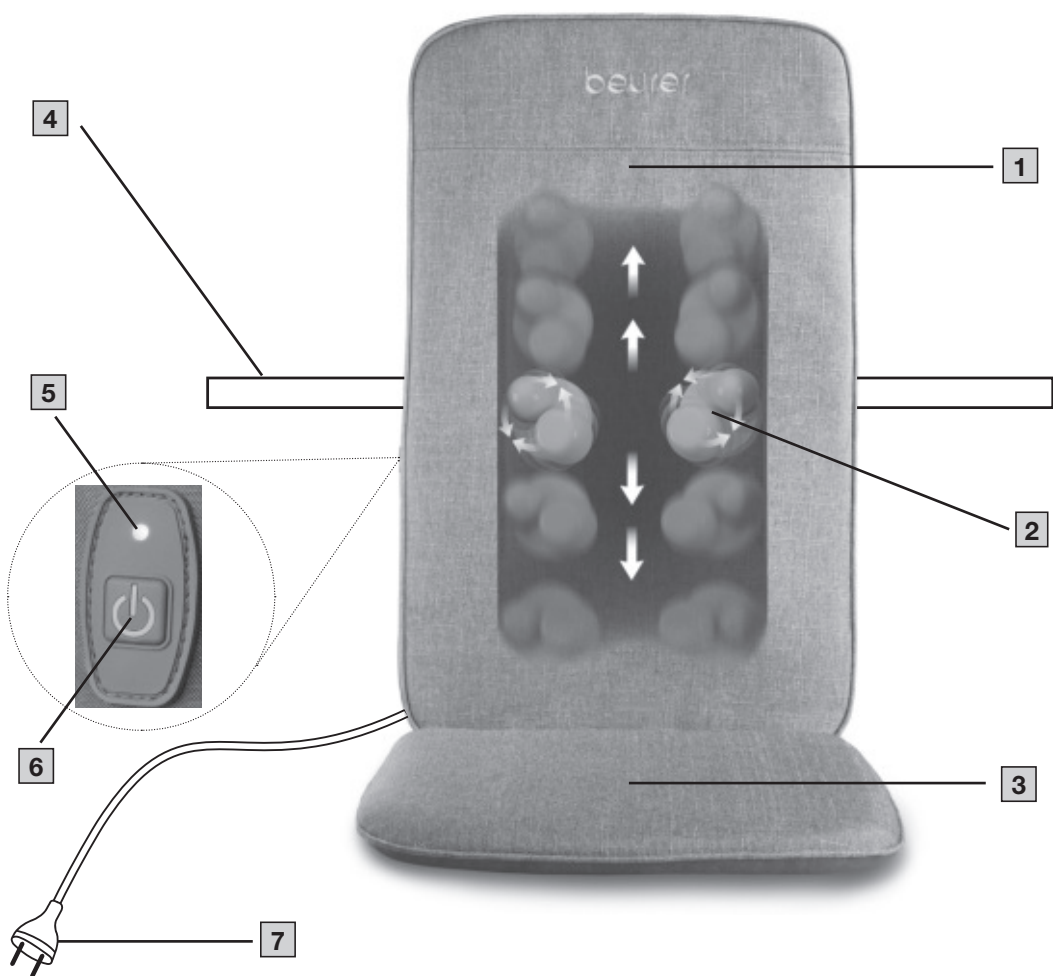
**EN** Shiatsu massage seat cover  
Instructions for use

CE













Read these instructions for use carefully. Follow the warnings and safety notes. Keep these instructions for use for future reference. Make the instructions for use accessible to other users. If the device is passed on, provide the instructions for use to the next user as well.

## ⚠ WARNING

- The device is only intended for domestic/private use, not for commercial use.
- This device may be used by children over the age of 8 and by people with reduced physical, sensory or mental skills or a lack of experience or knowledge, provided that they are supervised or have been instructed on how to use the device safely, and are fully aware of the consequent risks of use.
- Children must not play with the device.
- Cleaning and user maintenance must not be performed by children unless supervised.
- If the mains connection cable of this device is damaged, it must be disposed of. If it cannot be removed, the device must be disposed of.
- Do not insert any objects in the device apertures or in the rotating parts. Ensure that the moving parts can move freely at all times.
- Under no circumstances should you open or repair the device yourself. If you do so, it may no longer function correctly. Failure to comply will invalidate the guarantee.

## CONTENTS

1. Included in delivery .....	5	7. Cleaning and maintenance.....	7
2. Signs and symbols .....	5	8. Accessories and/or replacement parts .....	7
3. Intended use.....	5	9. What if there are problems? .....	7
4. Warnings and safety notes .....	5	10. Disposal.....	7
5. Device description.....	6	11. Technical specifications .....	7
6. Usage .....	6	12. Guarantee.....	7
6.1 Positioning the Shiatsu massage seat cover .....	6		
6.2 Starting use.....	6		






## 1. INCLUDED IN DELIVERY



Check that the exterior of the cardboard delivery packaging is intact and make sure that all contents are included in the delivery. Before use, ensure that there is no visible damage to the device or accessories and that all packaging material has been removed. If you have any doubts, do not use the device and contact your retailer or the specified Customer Services address.

- 1 Shiatsu massage seat cover
- 1 These instructions for use

## 2. SIGNS AND SYMBOLS

The following symbols are used on the device, in these instructions for use, on the packaging and on the type plate for the device:

 <b>WARNING</b>
Indicates a potentially impending danger. If it is not avoided, there is a risk of death or serious injury.
 <b>CAUTION</b>
Indicates a potentially impending danger. If it is not avoided, slight or minor injuries may result.
 <b>NOTICE</b>
Indicates a potentially harmful situation. If it is not avoided, the system or something in its vicinity may be damaged.

	Read the instructions
	<b>Product information</b> Note on important information
	Manufacturer
	<b>CE labelling</b> This product satisfies the requirements of the applicable European and national directives.
	Conformity assessed marking for the United Kingdom
	The electronic device must not be disposed of with household waste
	The products demonstrably meet the requirements of the Technical Regulations of the EAEU
	Marking to identify the packaging material. A = Material code, B = Material number: 1-7 = Plastics, 20-22 = Paper and cardboard
 	Separate the product and packaging elements and dispose of them in accordance with local regulations.
	For indoor use only
	<b>Protection class II device</b>
	Importer symbol

## 3. INTENDED USE

This device is exclusively intended to massage the backs of humans. It cannot replace medical treatment. Do not use the massager if one or several of the following warnings applies to you.

### WARNING

Do not use the massager

- if you suffer from a medical abnormality or injury to your back (e.g. slipped disc, open wound),
- during pregnancy,
- while sleeping,
- in a vehicle,
- on animals,
- whilst undertaking any activity where an unexpected reaction could be dangerous,
- after the consumption of substances that lead to impaired cognitive function (e.g. pain medication, alcohol),
- for longer than 15 minutes (risk of overheating). Leave the device to cool down for at least 15 minutes before using it again.
- If you are unsure whether the massager is suitable for you, please consult your doctor.
- You should consult your doctor before using the massager, especially
  - if you suffer from a severe illness or have recently had surgery on your upper body,
  - if you have a pacemaker, implants or other aids,
  - if you suffer from thrombosis,
  - if you suffer from diabetes,
  - if you are suffering from pain, the cause of which is unknown.

The device is only intended for the purpose described in these instructions for use. The manufacturer is not liable for damage resulting from improper or careless use.

## 4. WARNINGS AND SAFETY NOTES

Failure to observe the following information may result in personal injury or material damage.

### WARNING

Keep packaging material away from children. There is a risk of suffocation.

### Electric shock

### WARNING

As with every electrical device, use this massager carefully and cautiously in order to avoid danger due to electric shock.

Therefore, observe the following instructions for use:

- Only use this device with the mains voltage specified on the device,
- Never use the device if it or its accessories show visible signs of damage,
- Do not use the device during a storm.

In the event of defects or operational faults, switch the device off immediately and disconnect it from the mains socket. Do not pull on the mains cable or on the device to disconnect the plug from the socket. Never hold or carry the device by the mains cable. Keep the cables away from hot surfaces. Do not crush, bend or twist the cables. Do not insert needles or any sharp objects.

Ensure that the massager, the switch and the mains cable do not come into contact with water, steam or other liquids.

Therefore, only use the device

- in dry interior rooms (e.g. never in the bath or sauna),
- with dry hands.



Never pick up a device that has fallen into water. Disconnect the mains plug immediately. Do not use the device if it or its accessories are visibly damaged. Do not drop the device or subject it to any impacts.

## Repairs

### ⚠ WARNING

- Only specialist personnel may perform repairs on electrical devices. Improper repairs may put users in significant danger. For repairs, please contact Customer Services or an authorised retailer.
- The zips on the back and seat sections of the Shiatsu massage seat cover must not be opened. They are only used for technical production reasons.

## Risk of fire

### ⚠ WARNING

There may be a risk of fire if the device is used improperly or these instructions for use are ignored.

The massager must therefore be operated as follows:

- Never use the device underneath a cover, such as a blanket, pillow, etc.
- Never use the device near petrol or other highly flammable substances.

## Handling

### NOTICE

The device must be switched off and disconnected after every use and before cleaning.

- Operate the device only in an upright position, and never place it flat on the ground.
- Do not place your full weight (sitting, lying down or standing) on the moving parts of the device or place any objects on the device.
- Do not expose the device to high temperatures.

## 5. DEVICE DESCRIPTION

The related illustrations are on page 3.

### Shiatsu massage seat cover

- 1 Back section
- 2 Rotating massage heads
- 3 Seating surface
- 4 Fastening straps
- 5 Status LED
- 6 On/Off/intensity button
- 7 Mains plug

## 6. USAGE

### 6.1 Positioning the Shiatsu massage seat cover

- Position the Shiatsu massage seat cover upright on a suitable seat with a seating surface and back rest (chair, sofa or similar). Make sure that the entire surface of the seating surface **3** and the back section **1** are in contact with the seat.
- If necessary, use the flexible fastening straps **4** with hook-and-loop fastener to attach the Shiatsu massage seat cover.

- Ensure that the mains cable does not pose a trip hazard. Insert the mains plug **7** into a suitable socket.

## 6.2 Starting use

### ⚠ CAUTION

Do not force or jam any part of your body, in particular your fingers, between the rotating massage heads **2** or their holders in the device.



At first, just press your back carefully against the Shiatsu massage seat cover. Then check carefully whether the massage position is pleasant for you and then shift your weight gradually towards the Shiatsu massage seat cover. The massage should feel pleasant and relaxing at all times. If the massage is painful or uncomfortable, stop the massage or change your position or the contact pressure.

- Selecting the seat position:** Sit comfortably and upright on the Shiatsu massage seat cover. Take care to ensure you are positioned in the middle and that the massage heads **2** can move to the left and right of your spine.
- Plugging in the device:** Insert the mains plug into a suitable socket. The status LED starts flashing green. The device is now in standby mode.
- Switching on the device:** Press the On/Off/intensity button **6**. The status LED **5** starts to light up steady green. The rotating massage heads **2** slowly move down from the starting position in the upper area of the back and then move up and down in the back section **1**.
- Adjusting the intensity level:** The device has two intensity levels. To switch between the two intensity levels, press the On/Off/intensity button **6** during the massage.  
Status LED **5** green = low intensity  
Status LED **5** blue = high intensity
- Switching off the device:** To switch the device off, press and hold the On/Off/intensity button **6** for 2 seconds. The status LED **5** starts flashing green. **The massage heads slowly return to their starting position. This may take a few seconds depending on the position of the massage heads.** Wait until the massage heads have reached their starting position. Only then pull the mains plug out of the socket. Do not disconnect the Shiatsu massage seat cover from the power supply while it is in operation. Always switch off the device first and wait until the massage heads have reached their starting position.



### Maximum application time/automatic switch-off:

As soon as the Shiatsu massage seat cover is switched on, the automatic switch-off function will be activated automatically and preset to 15 minutes.

### NOTICE

Use the massager for max. 15 minutes and then leave it to cool down. Long massages can lead to over-stimulation of the muscles, creating tension instead of aiding relaxation. You can end the massage at any time by pressing the On/Off/intensity button **6**.



# 7. CLEANING AND MAINTENANCE

## Cleaning

⚠ CAUTION

- Unplug the device each time before cleaning.
- Clean the device using only the methods specified. Liquid must not penetrate the device or the accessories under any circumstances.
- Small marks can be removed using a cloth or damp sponge, and some liquid delicate laundry detergent where necessary. Do not use any solvent-based cleaning products.
- Do not use the device again until it is completely dry.

## Maintenance

If you do not plan to use the device for a long period of time, we recommend that you store it in the original packaging in a dry environment, ensuring it is not weighed down by additional items.

# 8. ACCESSORIES AND/OR REPLACEMENT PARTS

To purchase accessories and/or replacement parts, visit [www.beurer.com](http://www.beurer.com) or contact the corresponding service address (as per the service address list) for your country. Accessories and/or replacement parts are also available from retailers.

# 9. WHAT IF THERE ARE PROBLEMS?

Problem	Possible cause	Solution
Massage heads <b>2</b> rotate too slowly.	The load on the massage heads <b>2</b> is too great.	Reduce the contact pressure from your body.
Massage heads <b>2</b> do not move.	The device is not connected to mains power supply.	Connect the mains plug and switch on the device.
	Device not switched on.	Switch on the device using the On/Off/intensity button <b>6</b> .
	Overheating protection triggered, device is damaged.	Contact your retailer or the service address.

# 10. DISPOSAL

For environmental reasons, do not dispose of the device in household waste at the end of its service life. Dispose of the device at a suitable local collection or recycling point in your country. Observe the local regulations for material disposal. Dispose of the device in accordance with EC Directive Waste Electrical and Electronic Equipment (WEEE). If you have any questions, please contact the local authorities responsible for waste disposal. You can obtain the location of collection points for old devices from the local or municipal authorities, local waste disposal companies or your retailer, for example.



# 11. TECHNICAL SPECIFICATIONS

Power supply:	100-240 V~, 50/60 Hz, 18 W
Dimensions:	Back: 70.0 x 42.5 x 4.0 cm Seating surface: 40.5 x 43.0 x 3.0 cm
Weight:	Approx. 2.6 kg

# 12. GUARANTEE

More information on the guarantee and guarantee conditions can be found in the guarantee leaflet supplied.



