

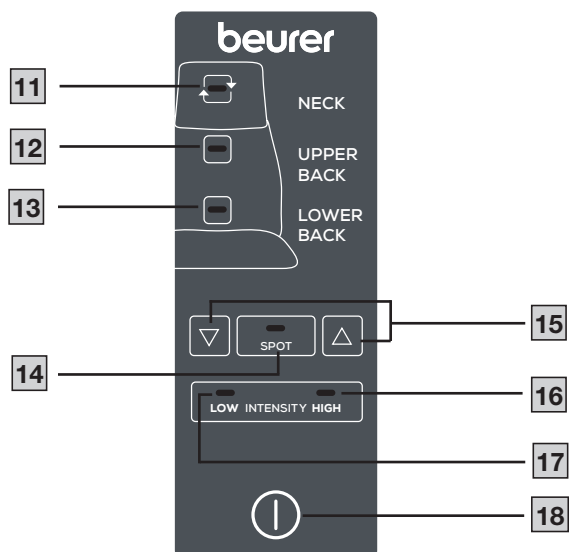
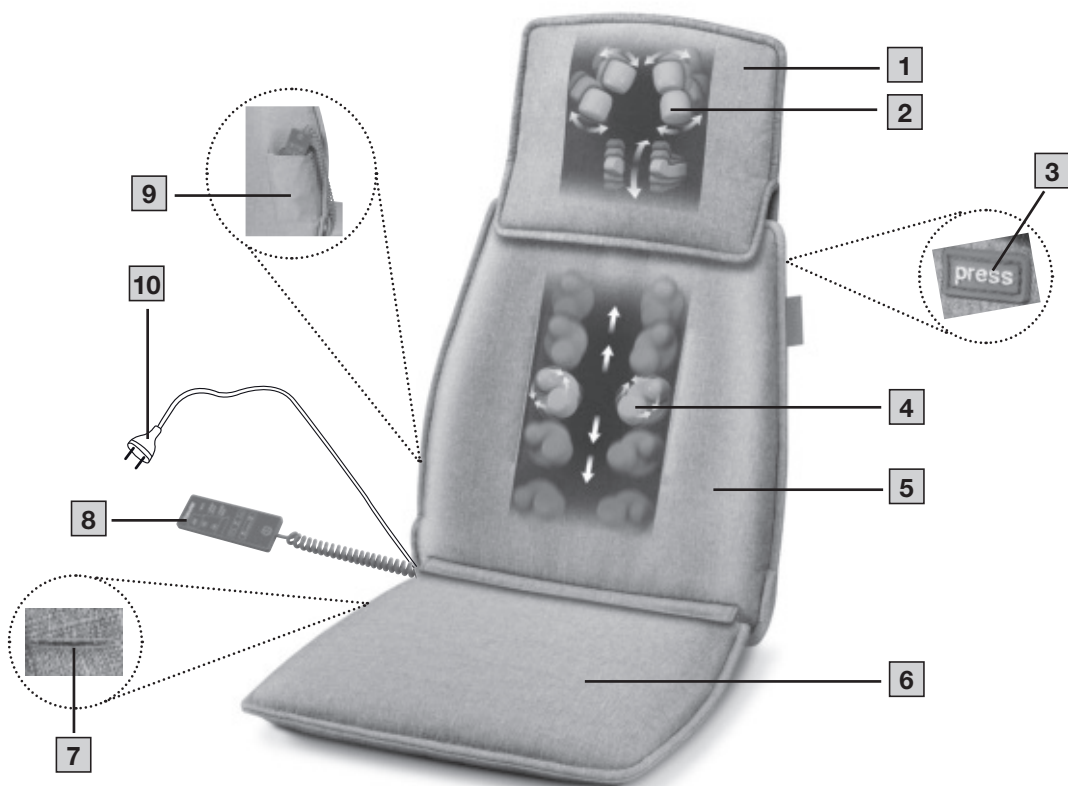
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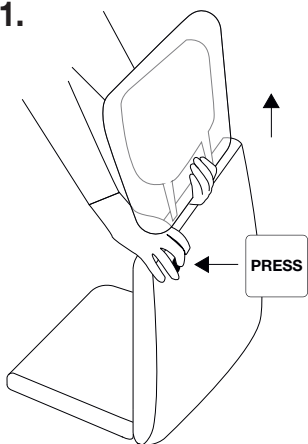
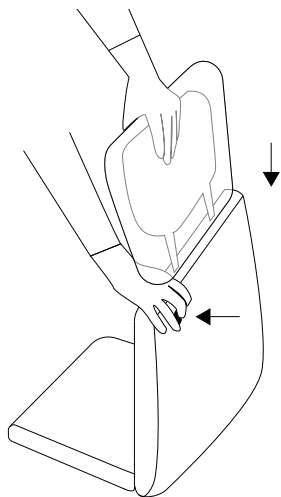
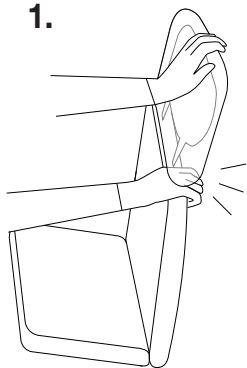
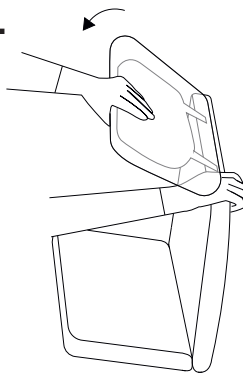
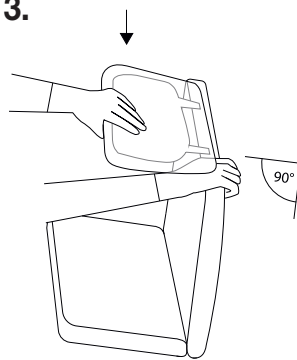
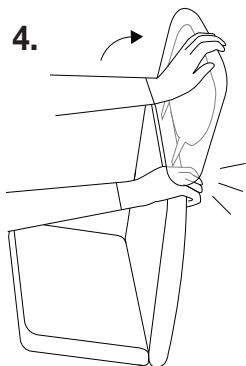
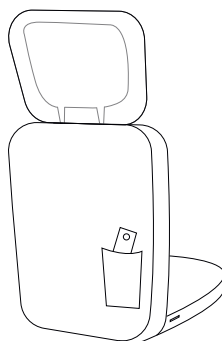
MG 330



EN Shiatsu massage seat cover
Instructions for use

CE



A**1.****2.****B****1.****2.****3.****4.****5.**



Read these instructions for use carefully. Observe the warnings and safety notes. Keep these instructions for use for future reference. Make the instructions for use accessible to other users. If the device is passed on, provide the instructions for use to the next user as well.

⚠ WARNING

- The device is only intended for domestic/private use, not for commercial use.
- This device may be used by children over the age of 8 years and by people with reduced physical, sensory or mental capabilities or a lack of experience or knowledge, provided that they are supervised or have been instructed on how to use the device safely, and are fully aware of the risks of using the device.
- Children must not play with the device.
- Cleaning and user maintenance must not be performed by children unless supervised.
- If the mains connection cable of this device is damaged, it must be disposed of. If it cannot be removed, the device must be disposed of.
- Do not insert any objects in the device apertures or in the rotating parts. Ensure that the moving parts can move freely at all times.
- Under no circumstances should you open or repair the device yourself, otherwise proper functionality can no longer be guaranteed. Failure to comply will invalidate the warranty.

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1. INCLUDED IN DELIVERY








Check that the exterior of the cardboard delivery packaging is intact and make sure that all contents are present. Before use, ensure that there is no visible damage to the device or accessories and that all packaging material has been removed. If you have any doubts, do not use the device and contact your retailer or the customer service address provided.






- 1 Shiatsu seat cover
- 1 These instructions for use

2. SIGNS AND SYMBOLS

The following symbols are used on the device, in these instructions for use, on the packaging and on the type plate for the device:

	WARNING Indicates a potentially impending danger. If it is not avoided, there is a risk of death or serious injury.
	CAUTION Indicates a potentially impending danger. If it is not avoided, slight or minor injuries may result.
	NOTICE Indicates a potentially harmful situation. If it is not avoided, the system or something in its vicinity may be damaged.

	Product information Note on important information
	Disposal in accordance with the Waste Electrical and Electronic Equipment EC Directive (WEEE)
	Manufacturer
	The products demonstrably meet the requirements of the Technical Regulations of the EAEU
	Marking to identify the packaging material. A = material abbreviation, B = material number: 1–7 = plastics, 20–22 = paper and cardboard
	Read the instructions
	CE labelling This product satisfies the requirements of the applicable European and national directives.

	Conformity assessed marking for the United Kingdom
	Separate the product and packaging elements and dispose of them in accordance with local regulations.
	For indoor use only
	Protection class II device The device is double-insulated and, therefore, is in protection class 2
	Importer

3. INTENDED USE

This device is exclusively intended to massage the back and neck of humans. It cannot replace medical treatment. Do not use the massager if one or several of the following warnings applies to you.

WARNING

Do not use the massager

- if you suffer from a medical abnormality or injury to your back or your neck (e.g. slipped disc, open wound),
- during pregnancy,
- while sleeping,
- in a vehicle,
- on animals,
- whilst undertaking any activity where an unexpected reaction could be dangerous,
- after the consumption of substances that lead to impaired cognitive function (e.g. pain medication, alcohol),
- for longer than 15 minutes (risk of overheating). Leave the device to cool down for at least 15 minutes before using it again.
- If you are unsure whether the massager is suitable for you, please consult your doctor.
- You should consult your doctor before using the massager, especially
- if you suffer from a severe illness or have recently had surgery on your upper body,
- if you have a pacemaker, implants or other aids,
- if you suffer from thrombosis,
- if you suffer from diabetes,
- if you are suffering from pain, the cause of which is unknown.

The device is only intended for the purpose described in these instructions for use. The manufacturer is not liable for damage resulting from improper or careless use.

4. WARNINGS AND SAFETY NOTES

Failure to observe the following information may result in personal injury or material damage.

⚠ WARNING

Keep packaging material away from children. There is a risk of suffocation.

Electric shock

⚠ WARNING

As with every electrical device, use this massager carefully and cautiously, in order to avoid hazards due to electric shock.

Therefore, observe the following instructions for use:

- Only use this device with the voltage specified on the device,
- Never use the device if it or its accessories show visible signs of damage,
- Do not use the device during a storm.

In the event of defects or operational faults, switch the device off immediately and disconnect it from the mains socket. Do not pull on the mains cable or on the device to disconnect the plug from the socket. Never hold or carry the device by the mains cable. Keep the cables away from hot surfaces. Do not crush, bend or twist the cables. Do not insert needles or any sharp objects.

Ensure that the massager, the switch and the mains cable do not come into contact with water, steam or other liquids.

Therefore, only use the device

- in dry interior rooms (e.g. never in the bath or sauna),
- with dry hands.

Never pick up a device that has fallen into water. Disconnect the mains plug immediately. Do not use the device if it or its accessories are visibly damaged. Do not drop the device or subject it to any impacts.

Repairs

⚠ WARNING

- Only specialist personnel may perform repairs on electrical devices. Improper repairs may put users in significant danger. For repairs, please contact Customer Services or an authorised retailer.
- The zip fastening on the back of the Shiatsu massager must not be opened. It is only used for technical production reasons.

Risk of fire

⚠ WARNING

There may be a risk of fire if the device is used improperly or these instructions for use are ignored.

The massager must therefore be operated as follows:

- Never operate the massager underneath a cover, such as a blanket, pillow, etc.
- Never use the device near petrol or other highly flammable substances.

Handling

NOTICE

The device must be switched off and disconnected after every use and before cleaning.

- Operate the device only in an upright position, and never place it flat on the ground.
- Do not place your full weight (sitting, lying down, or standing) on the moving parts of the device or place any objects on the device.
- Do not expose the device to high temperatures.

5. DEVICE DESCRIPTION

The associated drawings are shown on page 4.

Shiatsu seat cover

- 1 Neck section with removable cover
- 2 4D massage heads in the neck section
- 3 PRESS button (for releasing the neck section)
- 4 Massage heads for the back area
- 5 Back section
- 6 Seating surface with removable cover
- 7 Buttonhole
- 8 Hand switch
- 9 Storage bag
- 10 Mains plug

Hand switch

- 11 NECK button (massage of the neck area)
- 12 UPPER BACK button (massage of the upper back)
- 13 LOWER BACK button (massage of the lower back)
- 14 SPOT button (targeted massage of a spot on the back)
- 15 Arrow buttons (to set the SPOT massage position higher or lower)
- 16 High massage intensity
- 17 Low massage intensity
- 18 ON/OFF button

6. USAGE

6.1 Positioning the Shiatsu seat cover

1. Position the Shiatsu seat cover upright on a suitable seat with a seating surface and back rest (chair, sofa or similar). Make sure that the entire surface of the seating surface **6** and the back area **5** are in contact with the seat.
2. Ensure that the mains cable does not pose a trip hazard. Insert the mains plug **9** into a suitable socket.

6.2 Adjusting the neck section

Start by adjusting the neck section **1** of the Shiatsu seat cover as required. Both the height and the angle can be adjusted. Always make sure that the 4D massage heads **2** are positioned so that they massage your neck comfortably and are not directed at your head.

1. **Adjusting the height:** (The corresponding drawing **A** is shown on page 5.) Reach with one hand under the centre of the neck section **1**. With the other hand, press the PRESS button **3** at the top of the rear of the back section. This releases the locking mechanism and you can then move the neck section **1** to the

desired height. Then release the PRESS button **[3]** and allow the neck section **[1]** to engage. The neck section **[1]** is now fixed in place and you can remove your hands from the device.

2. **Adjusting the tilt:** (The corresponding drawing **[B]** is shown on page 5.) To adjust the tilt, hold one hand on the neck section **[1]** and the other on the back section **[4]** to stabilise the seat cover. At the start of the adjustment, move the neck section **[1]** backwards until you hear it engage. The neck section **[1]** is now in line with the back section **[5]**. Now you can tilt the neck section **[1]** forwards until it has reached the optimum position for you. The neck section **[1]** is now fixed backwards. To release it, move the neck section **[1]** down once to a 90 degree position. The neck section **[1]** can now be moved freely. To readjust, lift the neck section **[1]** up until it engages.

6.3 Starting use

⚠ CAUTION

Do not force or jam any part of your body, in particular your fingers, between the rotating massage heads **[2]**, **[4]** or their holders in the device.



At first, just press your back carefully against the Shiatsu seat cover. Then check carefully whether the massage position is pleasant for you and then shift your weight gradually towards the Shiatsu seat cover.

The massage should feel pleasant and relaxing at all times. If the massage is painful or uncomfortable, stop the massage or change your position or the contact pressure.

1. **Selecting the seat position:** Sit comfortably and upright on the Shiatsu seat cover. Take care to ensure you are positioned in the middle of the massager and that the massage heads **[4]** can move to the left and right of your spine.
2. **Switching on the device:** Switch on the Shiatsu seat cover with the ON/OFF button **[18]**. The massage heads **[4]** in the back section **[5]** switch on automatically.
3. **Selecting the massage area for the back:** Use the UPPER BACK button (upper back) **[12]** or the LOWER BACK button (lower back) **[13]** to select the area you want to have massaged. The LED lights on the hand switch **[8]** indicate the set massage area. The rotating massage heads **[4]** travel slowly upwards from the starting position in the lowest area of the back and then move up and down in the set massage area (upper or lower back).
4. **“SPOT” massage:** Press the SPOT button **[14]** to start usage in a specific spot in the back area. Use the arrow buttons **[15]** to freely adjust the massage area up and down.
5. **“NECK” massage:** Press the NECK button **[11]** to activate the massage in the neck area. Pressing the NECK button **[11]** again will change the direction of rotation. Press the NECK button **[11]** again in order to switch off the massage in the neck area. The LED light for “NECK” on the hand switch will go out.
6. **Maximum application time/automatic switch-off:** As soon as the Shiatsu seat cover is switched on, the automatic switch-off function will be activated automatically and preset to 15 minutes.

⚠ CAUTION

Use the massager for max. 15 minutes and then leave it to cool down. Long massages can lead to over-stimulation of the muscles, creating tension instead of aiding relaxation. You can end the massage at any time by pressing the ON/OFF button **[18]**. Note that the massage heads **[4]** will return to their start position in the lumbar area when the device is switched off. This is indicated by a flashing LED light. Once this position is reached, the Shiatsu seat cover switches off.

7. **At the end of use:** Do not disconnect the Shiatsu seat cover from the power supply while it is in operation. Always switch it off first and then wait until it has reached its start position.

6.4 Other applications

Seat cover

The seating surface of the massage seat cover is attached to the back area via a zip fastening. You can open this to use the seat cover separately. You can also use it as a back rest.

Combination with heat pad

The massage seat cover can also be used with all beurer heat pads measuring 40 x 30 cm / 44 x 33 cm. To do this, place the heat pad in the cover via the zip fastening on the underside of the seat cover. The heat pad should lie on the inner padding in the direction of the seating surface. The cable for the heat pad can be guided out through the buttonhole on the side of the seat cover. It can be used during the massage as well as also separately for the back or the feet.

To purchase beurer heat pads, visit the webshop www.beurer-shop.de

7. CLEANING AND MAINTENANCE

Cleaning

⚠ CAUTION

- Unplug the device each time before cleaning.
- Clean the device using only the methods specified. Liquid must not penetrate the device or the accessories under any circumstances.
- Small marks can be removed using a cloth or damp sponge, and some liquid delicate laundry detergent where necessary. Do not use any solvent-based cleaning products.
- The removable covers of the seat and neck area are washable at 30°C. Please note the symbols for care and cleaning on the label sewn into the cover.
- Do not use the device again until it is completely dry.
- You can remove the neck cover by releasing the hook-and-loop fastener. The seat section can be removed from the back section using the zip fastening. Before washing, open the zip fastening on the seat cover and remove the padding. Once the covers have dried, you can reattach them.

Care

If you do not plan to use the device for a long period of time, we recommend that you store it in the original packaging in a dry environment, ensuring it is not weighed down by additional items.

8. ACCESSORIES AND/OR REPLACEMENT PARTS

To purchase accessories and/or replacement parts, visit www.beurer.com or contact the corresponding service address (as per the service address list) for your country. Accessories and/or replacement parts are also available from retailers.

9. WHAT IF THERE ARE PROBLEMS?

Problem	Possible cause	Solution
Message heads 2, 4 are rotating too slowly.	The load on the massage heads 2, 4 is too great.	Reduce the contact pressure from your body.
Message heads 2, 4 are rotating in the upper or lower area only.	The massage was only activated for the limited area in question.	Press the UPPER BACK button (upper back) 11 or the LOWER BACK button (lower back) 12 to change/expand the area.
Message heads 2, 4 are not moving.	The device is not connected to mains power supply.	Connect the mains plug and switch on the device.
	Device not switched on.	Switch on the device using the ON/OFF button 18. Select the massage area.
	Overheating protection triggered, device is damaged.	Contact your retailer or the service address.
The neck section 1 cannot be adjusted	The PRESS button 3 has not been pressed.	Press the PRESS button 3 to release the neck section.

10. DISPOSAL

For environmental reasons, do not dispose of the device in household waste at the end of its service life. Dispose of the device at a suitable local collection or recycling point in your country. Observe the local regulations for material disposal. Dispose of the device in accordance with EC Directive Waste Electrical and Electronic Equipment (WEEE). If you have any questions, please contact the local authorities responsible for waste disposal. You can obtain the location of collection points for old devices, for example, from the local or municipal authorities, local waste disposal companies or your retailer.



11. TECHNICAL SPECIFICATIONS

Power supply:	100-240 V~, 50/60 Hz, 36 W
Dimensions:	Back (including neck): 59 x 14 x 95 cm Seating surface 59 x 9 x 50 cm
Weight:	Approx. 6.8 kg

12. WARRANTY

Further information on the warranty and warranty conditions can be found in the warranty leaflet supplied.



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