

# Healing from the Bible



Slovenia

Project: 101085  
Tax and Non-Tax-Deductible

## Overview

Bible Society Australia is supporting the Bible Society of Slovenia in helping suffering, wounded and marginalised people heal through the message of the Bible. This trauma healing project trains facilitators and establishes trauma healing groups, expanding to reach all who are suffering, especially young people.

## The Need

There is a pressing need for trauma healing in Slovenia due to widespread issues such as anxiety, depression, violence, abuse, and post-war wounds. Many individuals experience feelings of loneliness and alienation, limiting their energy for life and spiritual freedom. Although around 70% of Slovenians identify as Christians, only about half regularly attend church, reflecting a strong secularisation that leaves many without spiritual support. This project aims to address the lack of trauma-focused ministries within churches and communities, providing essential healing resources.

The continued impact of COVID-19 on teenagers has increased mental health issues and feelings of hopelessness. There is a need for a specialised Teen Trauma Healing program to support this vulnerable group. Additionally, there is a need for support and assistance for parents and educators, to enhance their resilience in guiding children.

There is a need to partner with organisations like Caritas to reach marginalised individuals who often lack spiritual counselling. Overall, there is a great need to create a supportive environment for healing, fostering genuine discipleship and deeper engagement with God's word.

- **70%+** of Slovenians identify as Christians
- **50% or less** of Slovenians regularly attend church
- **19.8 deaths per 100,000** by suicide in Slovenia (2021), the highest rate in Europe



## Goals

In 2026, the Bible Society of Slovenia will continue to expand its trauma healing ministry by training new facilitators through 3–5 equipping sessions, with advanced sessions offered as needed. The new facilitators will then help build a strong network of trauma healing leaders. At least 20 healing groups will run both in-person and online, including a growing Teen Trauma Healing program with five dedicated groups in partnership with youth organisations.

The project will also host 3–5 weekend retreats, a national Community of Practice meeting, and around 30 smaller COP gatherings to encourage peer supervision, Bible study, prayer, and opportunities to share best practice. New Ecclesia groups will form from healing group participants, creating ongoing communities for Bible reading and fellowship.

In addition, the team will complete and adapt a nine-part trauma healing audio series, distribute audio and print resources to hospitals, retirement homes, and healing groups, and produce a new facilitator guide, participant book, and a special Trauma Healing Bible edition to help participants engage with Scripture-based recovery.

## Impact

By the end of 2026, this project is expected to have reached around 23,900 people since its inception through healing groups, retreats, and Ecclesia communities. Facilitators trained through initial and advanced equipping sessions will deliver trauma healing that is deeply rooted in Scripture and personal encounters with Christ.

The impact will be seen in stronger small group communities, healthier relationships, and growing demand for facilitators and healing groups within churches. The program will also raise awareness about trauma recovery, forgiveness, and

reconciliation, while encouraging ongoing engagement with Scripture through discipleship and Bible study.

Completing the new Trauma Healing Bible edition and adapting audio resources will extend support to hospitals, retirement homes, and wider communities, ensuring trauma-affected individuals have access to Scripture-based care. Ultimately, the project aims to build a resilient network of trained facilitators and thriving healing communities, empowering people to experience spiritual growth, restoration, and hope.

## Impact in Numbers

# 20,970

people have been impacted by this project since the project began (as of September 2025).

### Testimony

"I was very moved by the prayer our facilitators prayed over each participant. The Holy Spirit truly guided them to find exactly the right words for each of us. I now often read "my" verse from Ezekiel (17:8). The final prayer for the whole group felt as if rivers of living water were being poured out over all of us. It was priceless. I deeply hope that these workshops will continue in the future."

— Ana\*, healing group participant

\*Name changed to protect privacy.

## How Your Support Helps

### \$3,050

will help fund Scripture costs for this project in 2026.

### \$12,200

will help fund the creation (content and layout) of the Trauma Healing Bible edition that will be a key resource in this project.

"... I came that they may have life and have it abundantly." — **John 10:10b, ESV**